## Build Your Own Salad

Choose any 4 toppings:
- Black Olives
- Broccoli
- Cucumbers
- Craisins
- Green Peppers
- Hard Boiled Eggs
- Jalapenos
- Red Onion
- Shredded Carrots
- Shredded Cheddar Cheese
- Tomatoes
- Sunflower Seeds

**Additional Toppings** $0.35

Add Protein:
- Bacon (2 slices) $0.99
- Grilled Chicken $1.99
- Deli Sliced Ham $1.99
- Deli Sliced Turkey Breast $1.99
- Shredded Parmesan Cheese $0.75

**Total Price:** $6.75

## Featured Salads

- **Caesar Salad**: Romaine lettuce, black olives, red onions, tomatoes and parmesan cheese $6.75
- **Garden Salad**: Romaine lettuce, cucumbers, green peppers, tomatoes and cheddar cheese $6.75
- **Chef Salad**: Romaine lettuce, ham, turkey, hard boiled egg, tomato and cheddar cheese $7.75
- **Chicken Caesar Salad**: Romaine lettuce, grilled chicken, black olives, red onions, tomato and parmesan $7.75
- **Cranberry & Chicken Salad**: Romaine lettuce, grilled chicken, cranberries, red onions, carrots, sunflower seed $7.75
- **Grilled Chicken Salad**: Romaine lettuce, grilled chicken, cucumbers, green peppers, tomatoes and cheddar cheese $7.75
- **Tuna Garden Salad**: Romaine lettuce, tuna, cucumbers, tomatoes, green peppers and cheddar cheese $7.75

## Sides
- Focaccia Bread Rounds $1.50
- Chips $0.99
- Soup - Tomato basil soup available daily $2.35
- Bars $1.99
- Caesar or Garden Side Salad $2.50

## Beverages
- Regular Soda $1.69
- Large Soda $1.99
- Bottled Water $1.75
- Bottled Milk $1.99
- Bottled Juice $1.50
- Bottled Gatorade $1.99
- Red Bull $2.19
- Naked Juice $3.50

## Hours of Operation

Monday - Friday 9 a.m. - 9 p.m.
# Sandwiches

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>8&quot; Sub</th>
<th>Wrap</th>
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</thead>
<tbody>
<tr>
<td>BLT</td>
<td>$5.25</td>
<td>$6.25</td>
</tr>
<tr>
<td>Chicken Cordon Bleu</td>
<td>$5.75</td>
<td>$6.75</td>
</tr>
<tr>
<td>Grilled Chicken Breast</td>
<td>$5.25</td>
<td>$6.25</td>
</tr>
<tr>
<td>Deli Sliced Ham</td>
<td>$4.75</td>
<td>$5.75</td>
</tr>
<tr>
<td>Deli Sliced Turkey Breast</td>
<td>$5.00</td>
<td>$6.00</td>
</tr>
<tr>
<td>Grilled Chicken</td>
<td>$5.25</td>
<td>$6.25</td>
</tr>
<tr>
<td>Philly Steak</td>
<td>$6.50</td>
<td>$7.50</td>
</tr>
<tr>
<td>Roasted Red Pepper Hummus</td>
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<td>$5.50</td>
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<tr>
<td>Thunder Melt</td>
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<td>$7.00</td>
</tr>
<tr>
<td>Tuna Salad</td>
<td>$4.75</td>
<td>$5.75</td>
</tr>
<tr>
<td>Turkey &amp; Avocado</td>
<td>$6.00</td>
<td>$7.00</td>
</tr>
<tr>
<td>Veggie</td>
<td>$4.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Zesty Italian</td>
<td>$5.00</td>
<td>$6.00</td>
</tr>
</tbody>
</table>

# Sub Bun Options

- Italian
- Wheat
- White

# Cheese Options

- Pepper Jack
- Provolone

# Sandwich Toppings

- Black Olives
- Green Peppers
- Pickles
- Shredded Lettuce
- Cucumbers
- Jalapenos
- Red Onion
- Tomatoes

# Combo Meals

With purchase of entree salad, sub, or wrap:
- Reg Drink & Soup: $3.29
- Large Drink & Soup: $3.59
- Reg Drink & Chips: $2.25
- Large Drink & Chips: $2.55

# Extras & Add-Ons

- Meat: $1.99
- Cheese: $0.75
- Bacon (2 slices): $0.99
- Hummus: $0.99
- Avocado Spread: $0.99
- Veggie Toppings: $0.35
- Extra Salad Dressing: $0.50

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Make any sandwich a Gluten Free Lettuce Wrap!

**Block Plans Accepted Here**

Use your block plan to get one entree and two sides.