November Newsletter

WE ARE PROUD

We are so proud of Neamda. Nat has shown great growth in his time management skills and socialization. Having breaks during the day and knowing when to arrive to class is a hard adjustment for anyone who is new to this type of schedule. Nat has done a great job with showing up and arriving to classes independently and now on time! Nat also has also joined the boxing club and is doing a fantastic job of being involved at NDSU.

Welcome to the Herd, we are so glad you are here!



Transition and Access Program @ NDSU



What's Happening?

November has been a fast and fun month. We are nearing the end of the first semester, and everyone feels it has flown by. This month has been a great month of getting involved at NDSU. We have started bowling on Wednesday evenings. The Memorial Union is a great place to hang out, and it's been fun for all of us to learn about different ways we can join groups.

A few students have participated in the Elementary Education club meetings, which we are so thankful for the collaboration. We shared information about the Transition and Access Program and then made key chains.

We had our October birthday celebrations, the last week in October. We celebrated by having cupcakes, and giving tours to potential students who were interested in coming to NDSU next year.

Fall Fest was also a great place to meet new people. During Fall fest, we met both students and faculty in the psychology, education, and counseling departments. Played a few games and won a few prizes.

We continue to be amazed at the support on the NDSU campus and feel very blessed to have all these opportunities which support the mission of our ND land grant. Inclusion and belonging when performed correctly is shown through actions and NDSU is definitely not disappointing us! We are grateful for every opportunity.

Looking Ahead

- Holiday Party at Labby's on Dec 3rd.
- All students have started their registration process for spring.
- Last Day of class on Dec 8th.
- Dorms close on Dec 15th.

Staff Shoutout!

Leah is our staff of the month for November. We have needed help the last few weeks due to staff changes and Leah has been so willing.

Leah,

Your calm presence, friendly smile, and happy personality is always so refreshing to be around. Thank you for always showing up. We are grateful to have you apart of our team.



Contact Us

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Seminar Class

The transition and access seminar class has moved into discussion and learning about whole body wellness. Ensuring we are having a balanced life is very important. Our whole-body health includes both our physical body and our mind. Students have looked at personal characteristics, self-awareness questionnaires, physical health, and nutrition.

Each student has presented in the class worked on using clear communication skills along with ensuring there is a beginning, middle, and closing part when information was presented to the group. Another opportunity arose, when our students set up a booth in the Memorial Union to share information about the Transition and Access Program. We were very excited to share our program with many people, included President Cook. We are grateful for the time he and the many students and staff spent visiting and getting to know our mission and goals.









"When everyone is included, everyone wins" – Jesse Jackson