

Ph.D. Internship Requirements
North Dakota State University
Ph.D. in Counselor Education and Supervision

Mission and Objectives

The purpose of the Ph.D. internship is to integrate knowledge, skills, and dispositions into professional practices. The objectives for internship experiences align with the program objectives. Interns are expected to:

1. Develop further their identity as a professional in the field of counseling and supervision;
2. Meet criteria for appropriate credentials and licensure needed for professional career goals;
3. Apply understanding and application of advanced supervision theory and practice;
4. Understand the major roles of a counselor educator in the areas of teaching, research, and service;
5. Demonstrate knowledge and skills necessary to facilitate the learning of students seeking careers as professional counselors;
6. Understand research methodology and process as applied to the field of counseling;
7. Conduct and analyze research;
8. Demonstrate research and writing skills at a level necessary for publishing in peer-reviewed journals and other professional sources; and
9. Enhance practices related to the issues of diversity, equity, and advocacy

Requirements

Counselor Education doctoral students complete 600 clock hours of internship for a total of 4 credits (150 hours per credit hour). Students must demonstrate experiences in the categories of clinical counseling/clinical supervision and in teaching. Additionally, students may participate in a variety of activities related to advocacy, leadership, and scholarship. All internships must meet the following standards:

- Students must document the time spent on internship experiences using the appropriate internship logs, which will be kept in a student's permanent file;
- Students must receive one hour per week of individual supervision and regular group supervision by a supervisor who holds a doctorate in counselor education or closely related field;
- Site supervisors or faculty supervisors must complete a written evaluation at the conclusion of any internship experience and must be shared with the student;
- Students must submit a written evaluation of the internship experience to her/his faculty internship supervisor, and then it will be kept in the student's permanent file.

The specific arrangements for each student's internship plan are worked out between student and major adviser and must be documented on the Internship Plan Form. This form must be shared and approved with the faculty supervisor as well as any other on-site supervisors. If you are enrolled in a credit of internship you must have a plan for how you will complete 150 hours.

The following are potential internship activities and time equivalents for each category of internship.

Clinical Counseling/Clinical Supervision

Within the category of clinical counseling/clinical supervision students must log direct service to clients at the NDSU community counseling center or other community services, and to master's level students in the school or clinical mental health tracks at NDSU.

Clinical Counseling

- 1 hour per client session
- 1 hour per individual supervision session
- 1.5 hours per group supervision

Clinical Supervision

- 1 hour per supervision session with each master's level student
- 2 hours prep/follow-up per supervision session with each student
- 1 hour per individual supervision session (with faculty)
- 1.5 hours per group supervision

Teaching

Within the category of teaching, students are given the opportunity to experience the duties required of a counselor educator.

Instructor –

- Teaching a graduate level course in counseling as the instructor of record with full responsibility for planning, teaching, evaluation, and grading (intern must be supervised in this teaching by a counselor educator).
- 150 hours per class

Teaching Assistant –

- Assists a counselor educator with teaching a graduate course in counseling. Duties might include: Attending class, contributing regularly in class activities, and participating in planning and grading of assignments.
- 50 hours per class

Co-Instructor-

- Co-teaches a graduate level course in counseling with full responsibility for planning, evaluating, and grading. One-half responsibility for teaching.
- 100 hours per class

Advocacy/Scholarship/Leadership

In addition to the experiences of clinical work and teaching, students are encouraged to expand their internship experiences into areas of professional development such as advocacy, scholarship, and leadership. Some recommended activities include:

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| Submission of manuscript to a peer-reviewed, professional journal | 50 hours |
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Presentation at a professional conference	15 hours
Published book review or article in newsletter or magazine	20 hours
Submission of grant proposal	50 hours
Participation on research project (other than dissertation)	20 hours
Member of counseling related, or community service committee	20 hours
Officer on a counseling or community service committee	40 hours
Facilitator of professional development workshops	20 hours