



Talk to someone who understands.....  
someone just like you.

Nami connection is a recovery support group for adults with mental illness regardless of their diagnosis. Family members, significant others & friends of people with mental health conditions are also encouraged to join.

Every group is offered free of charge and meets weekly for 90 minutes. All are led by trained individuals who are also in recovery or who have someone close to them with a mental health condition-people who understand the challenges we face.

NAMI connection groups offer a flexible and casual environment without an educational format, and no registration or enrollment obligation required.

Join us Monday nights at 7:00pm-8:30pm

St Genevieve's Place (across the street from Prairie St. John's)

390 6<sup>th</sup> Ave South Fargo ND 58103