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[Faculty Immigration Services](#)    Old Main #201, Dept 2000    (701) 231-8052 (office)    (701) 231-1013 (fax)

### Exchange Visitor Status

The purpose of the J-1 exchange visitor status is to increase mutual understanding between the people of the United States and the people of other countries by means of educational and cultural exchanges.

You have been invited by a representative of NDSU to participate in a student internship. The J-1 "student intern" category is used to bring "student interns" to the United States to be **"primarily in the United States to engage in a student internship program rather than to engage in employment or provide services to an employer."** [22 C.F.R. § 62.23(i)]. It must fulfill the educational objectives for your current degree program at your home institution. The details of your internship will be indicated on the Training/Internship Placement Plan (T/IPP or Form DS-7002) which you must sign and return.

**\*Note: Changes in activities and/or categories are not allowed after the visitor arrives in the US (ex: changing from Research Scholar to J-1 Student)**

### Eligibility

- Must be an undergraduate currently enrolled and pursuing a degree at an accredited institution outside the US
- Student must have "verifiable English language skills". (NDSU's Exchange Visitor Program requires Student. **(NDSU's program requires minimum English language test scores of TOEFL, 65 OR IELTS, 5.0**
- Student must be "in good academic standing" at his or her home institution outside the United States
- Student must return to his/her academic program outside the US to fulfill and obtain a degree from such academic institution after completion of the student internship program
- Student must provide evidence of "sufficient finances to support himself or herself + dependents for their entire stay in the U.S. Finances must be sufficient to cover housing, health insurance and living expenses"
- Student interns may participate in a student internship program for up to 12 months for each degree/major

### Form DS-2019 (Immigration document)

Before you can obtain a J-1 visa, you must present a DS-2019 at your visa interview, which is provided by our office. In order to help expedite the issuance of Form DS 2019, it is essential that you include complete correct information and documentation as requested on the following form(s). If the information requested is not complete or is inadequate, issuance of the DS 2019 may be delayed. After your immigration record has been created, (1) you will receive a confirmation e-mail with your assigned SEVIS number and (2) **your NDSU host member will ship the documents to you.**

### Medical Insurance

Our office is charged with the responsibility of ensuring that NDSU complies with all federal regulations set by the United States Department of State (DoS) Exchange Visitor Program. To ensure the safety and welfare of international scholars during their stay in the United States, it is **required by the DoS** that all institutions hosting an international scholar on a J-1 visa make certain that the **scholar and all family members have specific coverage by an approved health insurance policy.**

If you are a **non-benefitted exchange visitor** and medical insurance is not provided by your host department at NDSU, **we will assist you with the purchase of medical insurance upon arrival.** Non-benefitted medical insurance is offered through [United HealthCare \(UHC\)](#). **Other medical insurance policies will NOT be accepted.** (view rates at the UHC hyperlink)

**List name according to the passport**

Family Name (Last/Surname)

Given Name (First)

Middle Name

Birthdate (list as a word)

Month

Date

Year

Gender

Male

Female

City of Birth

Country of Birth

Country of  
Citizenship

Country of Legal  
Permanent Residence

Primary e-mail address for correspondence

Highest Degree Completed

Field of Study

Name of Home University

Location (Province and Country)

Have you ever been to the US on another J1 or J2 visa? (If Yes, send copies of previous DS-2019s)

Yes

No

Have you ever been to the US in another non-immigrant status (B-visa, VWP, TN, etc.)?

Yes

No

**Funding/ Financial Support**

Visitor will be financially supported by his/her home institution or home government

International Exchange Fellowship (ex: Fulbright, USDA, Borlaug, etc.)

\$ \_\_\_\_\_ x \_\_\_\_\_ months

**NDSU Funding**

Visitor will be an employee of NDSU (salary)

Visitor will receive a stipend from NDSU (self-funded + NDSU stipend)

\$ \_\_\_\_\_ x \_\_\_\_\_ months

**Medical Insurance (you must select each box indicating you will abide by each statement)**

- I understand that I am required to carry U.S. health insurance for myself and my dependents as specified by the Exchange Visitor Programs of the U.S. State Department and available to me through North Dakota State University.
  - I understand that North Dakota State University will help me obtain health insurance AFTER I arrive and no other health insurance plans will be accepted.
  - I understand that the entire insurance premium is required at the time of my enrollment.
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**English Proficiency**

The US State Department requires sponsors to use an "objective measurement of English language to determine a visitor's English proficiency" and file documentation.

- I will interview with my NDSU host (Skype, Telephone, Video-conference, In-person)
  - I will submit test results from a US-recognized English language test (TOEFL, TOEIC, IELTS, Pearson's)
  - I will provide evidence of recent coursework in English (taken within past 2 years)
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**Signature**

\_\_\_\_\_  
Signature or Digital Signature

\_\_\_\_\_  
Date

Required documents to return to Faculty Immigration Services:

- Student Intern Information form
- Signed copy of Training Plan (DS-7002)
- Copy of passport photo/bio page
- Resume
- Financial award notice from government or home institution (not required if employed by NDSU)
- Proof of English proficiency (test results from TOEFL, IELTS, Pearson's OR transcript showing recent English coursework within the past 2 years OR statement from NDSU host)
- Letter of good academic standing

If family members will accompany you **during your initial arrival**, please provide the following information and send copies of their passport photo/bio page. **If family members will visit at a later time, do not complete this page at this time.**

List all names exactly as they appear in the passport.

**Dependent #1**

**Family Name**

**Given Name**

**Birth Date (list as a word)**

Month

Day

Year

**Gender**

Male

Female

**Relationship to J1 Exchange Visitor**

Spouse

Son

Daughter

**City of Birth**

**Country of Birth**

**Country of Citizenship**

**Country of Legal Permanent Residence**

**Email Address (If none, list that of J-1 applicant)**

Has dependent visited US on another J1/J2 visa before?

 YES

 NO

**Dependent #2**

**Family Name**

**Given Name**

**Birth Date (list as a word)**

Month

Day

Year

**Gender**

Male

Female

**Relationship to J1 Exchange Visitor**

Spouse

Son

Daughter

**City of Birth**

**Country of Birth**

**Country of Citizenship**

**Country of Legal Permanent Residence**

**Email Address (If none, list that of J1 applicant)**

Has dependent visited US on another J1/J2 visa before?

 YES

 NO