## 4-YEAR PLAN OF STUDY
### HUMAN DEVELOPMENT AND FAMILY SCIENCE MAJOR
#### ADULT DEVELOPMENT AND AGING

The following combinations of courses are suggested semester schedules that allow the student to complete his/her major/option degree program in a four-year span. The arrangement of courses is based on which semesters the course is offered, the classification and the prerequisites or co-requisites required for successful completion of the course. The 4-Year Plan should be used with the curriculum guide. Remember, this is only a guide and circumstances may change the plan.

### Freshman
<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
<th>Summer Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 110/100</td>
<td>COMM 110</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>HD&amp;E 189</td>
<td>ENGL 120</td>
<td></td>
</tr>
<tr>
<td>1 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>HDFS 135</td>
<td>STAT 330</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>PSYC 111</td>
<td>+Wellness Course</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>2-3 cr</td>
<td></td>
</tr>
<tr>
<td>Elective (Math 103)</td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>HDFS 110</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 cr</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>14 cr</strong></td>
<td><strong>Total 14-15 cr</strong></td>
</tr>
</tbody>
</table>

### Sophomore
<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
<th>Summer Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science w/Lab</td>
<td>HDFS 250</td>
<td></td>
</tr>
<tr>
<td>4 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>CSCI 114 or CSCI 116</td>
<td>Humanities/Fine Arts</td>
<td></td>
</tr>
<tr>
<td>3-4 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>HDFS 230</td>
<td>Science/Tech</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>SOC 110</td>
<td>HDFS Elective</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>Elective</td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>16-17 cr</strong></td>
<td><strong>Total 15 cr</strong></td>
</tr>
</tbody>
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### Junior
<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
<th>Summer Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 360</td>
<td>HDFS 320</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>1 cr</td>
<td></td>
</tr>
<tr>
<td>HDFS Elective</td>
<td>English 325 or 358 or 459</td>
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</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>HDFS 475</td>
<td>HDFS 353</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>Electives</td>
<td>HDFS 481 (odd spring)</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>15 cr</strong></td>
<td><strong>Total 16 cr</strong></td>
</tr>
</tbody>
</table>

### Senior
<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
<th>Summer Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>*HDFS 496</td>
<td>HDFS 482 (even spring)</td>
<td></td>
</tr>
<tr>
<td>5 cr</td>
<td>3 cr</td>
<td></td>
</tr>
<tr>
<td>HDFS elective</td>
<td>Electives</td>
<td></td>
</tr>
<tr>
<td>3 cr</td>
<td>12 cr</td>
<td></td>
</tr>
<tr>
<td>Elective</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 cr</td>
<td><strong>Total 15 cr</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>16 cr</strong></td>
<td></td>
</tr>
</tbody>
</table>

*HDFS 496 must total 5 credits
*One course must also be approved as a Global Perspectives course under General Education
+HDFS 182 or HDFS 242 are approved gen ed for Wellness

"Programs that focus on people"