

# Natira Deziraie Mullet, PhD

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## ACADEMIC AND OTHER APPOINTMENTS

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Aug 2022-Present	Assistant Professor, Human Development and Family Science, North Dakota State University
July 2021-Present	Adjunct Instructor, Marriage and Family Therapy Program, Touro University Worldwide
Jan 2021-Jul 2022	Postdoctoral Research Associate, Nebraska Center for Research on Children, Youth, Families, and Schools, University of Nebraska-Lincoln
Sept 2020- Jun 2022	Adjunct Instructor, Marriage and Family Therapy Program, Oregon Institute of Technology
Fall 2020	Adjunct Instructor of Psychology, Department of Psychology and Counseling, Lubbock Christian University

## EDUCATION

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2020	Doctor of Philosophy in Couple, Marriage and Family Therapy Texas Tech University (COAMFTE Accredited)
2017	Masters of Science in Family Studies and Human Services with a Specialization in Marriage and Family Therapy Kansas State University (COAMFTE Accredited)
2017	Graduate Certificate in Gender, Women, and Sexuality Studies Kansas State University
2016	Graduate Certificate in Financial Therapy Kansas State University
2014	Bachelor of Science in Psychology Kansas State University
2011	Associates of science in Mathematics Garden City Community College

## PROGRAM OF RESEARCH

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Examining community-based programming which promotes intergenerational cultural and familial protective factors to reduce interpersonal trauma and resulting substance use and mental health outcomes in racial/ethnic and gender/sexual minority populations via randomized controlled trials, qualitative interviewing, photovoice, psychometric testing, structural equation modeling, and pathway invariance testing utilizing multiple groups analyses.

## RESEARCH GRANTS

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1. Northern Illinois University, Research and Artistry Program Grant
  - Identifying internal and external resources for reporting sexual assault among Latinx individuals, 2021.

Role: Co-Principal Investigator; PI: Dr. Lindsey Hawkins [Northern Illinois University]  
Award Amount: \$15,000.
2. Northern Illinois University, Faculty Development Grant
  - Identifying internal and external resources for reporting sexual assault among sexual and gender minorities, November 2021 – October 2022.

Role: Co-Principal Investigator; PI: Dr. Lindsey Hawkins [Northern Illinois University]  
Award Amount: \$5,000.
3. Northern Illinois University, Faculty Research Seed Grant (funded)
  - Strengths and stigma: Illuminating unique cultural experiences within the Black/African American LGBTQ-IA+ community, July 2021 – June 2022.

Role: Co-Principal Investigator; PI: Dr. Lindsey Hawkins [Northern Illinois University]  
Award Amount: \$2,000.
4. Visionary Grant, The American Psychological Foundation, (not funded)
  - Building connections to address stigma and engagement in mental health, substance use, and domestic violence services for Black/African American and Latinx communities, 2021.

Role: Principal Investigator; Co-PI: Dr. Lindsey Hawkins [Northern Illinois University]  
Award Amount: \$20,000.
5. Department of Justice (funded)
  - Meeting the unique needs of rural and Indigenous women victims of domestic violence: A mixed-methodological analysis, November 2020 – October 2023.

Role: Postdoctoral Associate; PI: Dr. Bridget Diamond Welch [University of South Dakota]
6. Centers of Disease Control and Prevention, R01 (funded)
  - The impact of an adapted version of the Strengthening Families Program on reducing IPV among caregivers and ACEs among their children, September 2020 – August 2023.

Role: Postdoctoral Associate; PI: Dr. Katie Edwards [University of Nebraska-Lincoln]
7. Centers of Disease Control and Prevention, R01 (not funded)
  - The development and evaluation of a telehealth family-based program to prevent ACEs and DSV among SGMY ages 14-17, 2021.

Role: Postdoctoral Associate; PI: Dr. Katie Edwards [University of Nebraska-Lincoln]
8. National Collegiate Athletic Association (funded)
  - The development, implementation, and evaluation of the Team Effort Study in utilizing protective behavioral strategies to reduce risky alcohol consumption and associated behaviors, September 2018 – August 2021.

Role: Graduate Research Assistant; PI: Dr. Antover Tuliao [Texas Tech University]

## PEER-REVIEWED JOURNAL ARTICLES

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\*denotes equal authorship

1. Edwards, K. M., Herrington, M., Edwards, M., Banyard, V., **Mullet, N.**, Hopfauf, S., Simon, B., & Waterman, E. (2022). Using intergeneration photovoice to understand family strengths among Native American children and their caregivers. *Journal of Community Psychology*, 1-15.
2. Tuliao, A. P, **Mullet, N.**, Hawkins, L. G., Holyoak, D., Weerts, M., Inyang, A. (2022). Searching for mental health services: Search strings and information acquisition. *Journal of Technology in Behavioral Science*, 1-13.
3. Edwards, K. M., **Mullet, N.**, & Siller, L. (2021). Perceptions and correlates of trauma informed practices of a sober living home among women with histories of addiction and victimization. *Journal of Social Work Practice in the Addictions*, 1-14.
4. **Mullet, N.**, Hawkins, L. G., Tuliao, A., Snyder, H., Holyoak, D., McGuire, K.C., Klanecky, A. K., & McChargue, D. E. (2021). Early Trauma and Later Sexual Victimization in College Women: A Multiple Mediation Examination of Alexithymia, Impulsivity, and Alcohol Use. *Journal of Interpersonal Violence*, 1-21.
5. **Mullet, N.**, Fuss, C.\*, Lyddon, L.\*, Neal, S.\*, Parson, D.\*, Nelson Goff, B. S.\*, Mondloch, D.\*, & Ruhlmann, L. M. (2021). Finding our new normal: A 10-year follow-up study with U.S. army veterans and their spouses. *Journal of Couple and Relationship Therapy*, 1-25.
6. Edwards, K.M., Scheer, J.R., Littleton, H., & **Mullet, N.** (2021). Preventing adverse childhood experiences among sexual and gender minority youth: A call to action. *Journal of Gay and Lesbian Mental Health*, 25(4), 355-357.
7. **Mullet, N.\***, Hawkins, L. G.\*, Tuliao, A. P., Gudenrath, T., Holyoak, D., Landoy, B. V. N., Klanecky, A. K., & McChargue, D. E. (2020). Alexithymia, prior trauma, alcohol use, and sexual assault perpetration: A cross-cultural comparison of a moderated mediation model. *Sexual Abuse*, 33(4), 455-474.
8. **Mullet, N.\***, Hawkins, L.G.\*, Brown, C. C., Eggleston, D., & Gardenhire, J. (2019). All survivors have the right to heal: A #metoomen content analysis. *Journal of Feminist Family Therapy*, 31(2-3), 78-99. *Special Issue Me Too Movement*
9. **Mullet, N.\***, Gardenhire, J\*, & Fife, S. T. (2019). Living with Parkinson's: The process of finding a new normal. *Qualitative Health Research*, 29(12), 1781-1793.
10. Tuliao, A., **Mullet, N.**, Hawkins, L. G., Holyoak, D., Gudenrath, T., Gonzalez, M., & McChargue, D.E. (2019). Examining the role of brief online alcohol use risk feedback on accessing information about available on-campus treatment resources for alcohol issues. *Psychology of Addictive Behaviors*, 96, 164-170.

11. Zielinski, M., Bradshaw, S. D., **Mullet, N.**, Hawkins, L., Shumway, S. T., & Chavez M. S. (2019). Codependency and prefrontal cortex functioning: Preliminary examination of substance use disorder impacted family members. *The American Journal on Addictions*, 28(5), 367-375. [**top 10% most downloaded paper**]
12. Tuliao, A. P., Landoy, B.V.N., **Mullet, N. D.**, Canoy, N., Klanecky, A. K., & McChargue, D.E. (2019). A cross-cultural comparison of the role of sexual objectification in the relationship between alcohol use and sexual assault perpetration. *Journal of Interpersonal Violence*, 36(15-16), NP8224-NP8246.
13. **Mullet, N.\***, Zielinski, M.\*, Smock, S. S., & Brown, C. C. (2018). Solution focused brief therapy for families: When a loved one struggles with substance abuse. *Journal of Systemic Therapies*, 37(3), 15-28.
14. Hayes, N. D, Bradshaw, S. D., **Mullet, N.**, Smith, J. A., & Shumway, S. S. (2018). Exploring family member influence on change in addiction treatment, a dyadic analysis. *Alcoholism Treatment Quarterly*, 37(3), 377-395.
15. Nelson Goff, B. S., Monk, J. K., Malone, J., **Staats, N.**, & Tanner, A., & Springer, N. (2016). Comparing parents of children with down syndrome at different lifespan stages. *Journal of Marriage and Family*, 78(4), 1131-1148.
16. **Staats, N.**, Nelson Goff, B. S., Springer, N., & Monk, J. K. (2015). Parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups. *Journal on Developmental Disabilities*, 21, 83-94.

#### **MANUSCRIPTS UNDER REVIEW**

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1. **Mullet, N.**, Edwards, K. M., Mauer, V. A., Hunt, K., Spitz, C., & Ullman, S. E. (2022, *initial submission*). The influence of social reactions on psychosocial and behavioral health outcomes among women with histories of addiction and victimization in a sober living home: A longitudinal analysis. *Violence Against Women*.
2. Tadros, E., Durtschi, J. D., & **Mullet, N.** (2022, *second submission*). Trajectories of incarcerated coparenting and romantic relationship quality: Examining differences across racial and ethnic groups. *Journal of Marital and Family Therapy*.
3. Trevino, Z. R., Hawkins, L. G.\*, **Mullet, N.\***, Guzman, A., & Garcia, M. S. (2022, *initial submission*). A thematic analysis on modern challenges of individuals in interracial relationships. *Journal of Feminist Family Therapy*.
4. Lauricella, D., **Mullet, N.**, Hawkins, L. G., Tuliao, A. P., Smith, D., Chrobak, K. M., Earl, A. K., & McChargue, D. E. (2022, *initial submission*). Intimate partner violence perpetration: Assessing the role of childhood trauma, alexithymia, and alcohol use in college aged men and women. *Journal of Interpersonal Violence*.

5. **Mullet, N.**, Waterman, E.A., Edwards, K.M., Banyard, V., & Valente, T.W. (2022, *initial submission*). Social networks and violence victimization and perpetration among youth: A longitudinal analysis. *American Journal of Community Psychology*.
6. Edwards, K.M., Kumar, M., Waterman, E.A., **Mullet, N.**, Madeghe, B., Musindo, O. (2022, *revise & resubmit*). Preventing childhood victimization in Sub-Saharan Africa: A call to action. *Trauma, Violence, & Abuse*.
7. **Mullet, N.**, Waterman, E., Edwards, K.M, Simon, B., Hopfauf, S., & Herrington, M. (2021, *second submission*). Understanding family strengths to prevent adverse childhood experiences: A focus group study. *Family Relations*.

#### **BOOK AND ENCYCLOPEDIA CHAPTERS**

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1. Waterman, E.A., **Mullet, N.**, Zulfiqar, H., & McLain, M. (*in press*). Adolescence. In Friedman, H., & Markey, C. (Eds.). *The encyclopedia of mental health, 3<sup>rd</sup> edition*. Elsevier.
2. Nelson Goff, B. S., High, J., Cless, A., Koblitz, K., **Staats, N.**, & Springer, N. (2016). Special needs in families. In C. A. Price & K. Bush (Eds.), *Families and change: Coping with stressful events and transitions* (5<sup>th</sup> Ed.) (pp.79-94). California: Sage.

#### **OTHER PUBLICATIONS**

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\*denotes equal authorship

1. **Mullet, N.\***, & Hawkins, L. G.\* (2019). Exception therapists have integrity, competence, and support. *The AAMFT Blog*.
2. **Mullet, N.\***, & Hawkins, L. G.\* (2019). Six questions to ask before committing to a Ph.D. program. *Family Therapy Magazine*.

#### **MANUSCRIPTS IN PREPERATION**

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\*denotes equal authorship

1. **Mullet, N.** Family cohesion, cultural identification, sexual assault, and associated internalizing behaviors in a sample of American Indian and White female adolescents.
2. **Mullet, N.** The moderating role of family cohesion and cultural identification in the relationship between sexual assault and substance use: A multiple groups analysis.
3. **Mullet, N.** & Baptist, J. A longitudinal analysis of alcohol use in Latin American adolescents.
4. **Mullet, N.**, Morris, E., Moore, K., Flores, K., & Daniels, M. Treatment seeking behaviors across race: A chi-square analysis utilizing the national survey on drug use and health.
5. **Mullet, N.**, Zielinski, M., & Soloski, K.L. The moderating effects of family cohesion: A longitudinal analysis of adolescent dating violence victimization and intimate partner victimization during adulthood.

6. **Mullet, N.**, Edwards, K.M., & Sillier, L. An examination of ego-centric networks in a sample of women recovering from addiction and victimization.
7. Hawkins, L. G., **Mullet, N.**, Soloski, K. L., & Brown, C. C. Childhood abuse, depression, and genetic risk factors predicting adverse health outcomes: A longitudinal analysis.
8. Edwards, K. M., Waterman, E. A., **Mullet, N.**, Herrington, R., Hopfauf, S., Trujillo, P., Wheeler, L., & Crawford, D. Protective Factors for Negative Outcomes of Adverse Childhood Experiences: A Cross-Sectional Study of Native American Adults.
9. Edwards, K. M., Waterman, E. A., **Mullet, N.**, Herrington, R., Cornelius, S., Hopfauf, S., Trujillo, P., & Wheeler, L. Connection to Culture and Social Support Buffers Against Intergenerational Transmission of ACEs among Native American Caregivers and Their Children.
10. Edwards, K. M., Waterman, E. A., **Mullet, N.**, Herrington, R., Hopfauf, S., Trujillo, P., Even-Aberle, N., Wheeler, L., & Cornelius, S. Rates and Correlations of Intimate Partner Violence Among Native American Women Caregivers.
11. Waterman, E.A., Edwards, K. M., **Mullet, N.**, Herrington, R., Hopfauf, S., Trujillo, P., Even-Aberle, N., & Wheeler, L. Adverse Childhood Experiences in the Past Six Months among Indigenous/Native American Children.
12. Zielinski, M., Bradshaw, S. D., **Mullet, N.**, & Shumway, S. S. Examining interhemispheric PFC connectivity and codependency: A dyadic data analysis.
13. Waterman, E. A., Wheeler, L., Edwards, K. M., **Mullet, N.**, Herrington, R., Hopfauf, S., & Trujillo, P. Measuring strengths in adolescents and their caregivers.
14. Fife, S.T.\*, Smedley, L.S.\*, Peterson, C.M., **Mullet, N.**, Snyder, H., & Noel, C. Childhood Sexual Abuse Survivors: What Helps and Hinders Healing in Couple Relationships.
15. Soloski, K.L., Krupitzer, K., Zielinski, M., **Mullet, N.**, & Creger, L. Can Family Cohesion Buffer Genetic Risk for Alcohol Use Trajectories?
16. Theobald, A., Marroquin, C.\*, Rivero, A.\*, Garza, R., Edwards, L., Bassett, H., & **Mullet, N.** Latinx couples and treating sexual trauma: A systematized review of the literature.
17. Edwards, K. M., Camp, E. E., Luethke, T., Herrington, R., Roach, L., Bertsche, M., Trujillio, P., Carter-Bolick, I. R., **Mullet, N.**, Than, D. Takini Wichaho (survivor voices): Using photovoice to amplify strengths among Native American women with histories of incarceration.

## **ORAL PRESENTATIONS**

1. Edwards, K.M., Kosloski, A., Diamond-Welch, B., **Mullet, N.**, Heath, L., & Hayes, L. (2022, July). *Sex trafficking of Native Americans: A systematic review*. Workshop at the 2<sup>nd</sup> National Conference on American Indian and Alaska Native Injury and Violence Prevention. United States (virtual).

2. Edwards, K.M., Waterman, E.A., **Mullet, N.**, Herrington, R., Hopfauf, S., Trujilo, P. (2022, November). *Protective factors for negative outcomes of adverse childhood experiences: A cross-sectional study of Native American adults*. Paper presentation at the American Public Health Association (APHA) Conference. Boston, Massachusetts.
3. Waterman, E. A., **Mullet, N.**, Edwards, K. M., Herrington, R., Hopfauf, S. L., & Trujillo, P. (2022, November). *Protective factors for adverse childhood experiences: A cross-sectional study of children who are Indigenous or living in poverty*. Paper presentation at the APHA Conference. Boston, Massachusetts.
4. Cornelius, S., Diamond-Welch, B., Edwards, K. M., Hayes, L., Hoffman, C., Hunt, K., **Mullet, N. (discussant)**, Rendon, N., Pierskall, C., & Swallow, A. (2022, November). *Healing among rural and Indigenous women victims of domestic violence: The Takini Survivor Project*. Complete Thematic Panel at the American Society of Criminology. Atlanta, Georgia. \*Authors listed in alphabetical order.
5. Edwards, K. M., **Mullet, N.**, Waterman, E. A., Banyard, V. L., & Valente, T. (2022, July). *Social networks and violence victimization and perpetration among youth: A longitudinal analysis*. Panel presentation at the XLII Social Networks Conference of the International Network for Social Network Analysis. Cairns, Australia
6. Hopfauf, S. L., Simon, B., Herrington, R., **Mullet, N.**, Waterman, E. A., & Edwards, K. M. (2022, January). *Children and caregivers' perspectives on using family strengths to prevent adverse childhood experiences: A focus group study*. Symposia at the National Multicultural Conference & Summit. United States (virtual).
7. Herrington, R., Edwards, M., Edwards, K. M., Banyard, V. A., Hopfauf, S. L., Simon, B., **Mullet, N.**, & Waterman, E.A. (2022, January). *Using intergenerational photovoice to understand family strengths to prevent adverse childhood experiences among Native American children*. Symposia at the National Multicultural Conference & Summit. United States (virtual).
8. **Mullet, N.**, Zielinski, M., & Soloski, K. L. (2019, November). *The moderating effects of family cohesion: A longitudinal analysis of adolescent dating violence victimization and intimate partner violence victimization*. Paper at the American Association for Marriage and Family Therapy Annual Conference. Fort Worth, TX.
9. Hawkins, L. G., **Mullet, N.**, Tuliao, A. P., Klanecky, A. K., & McChargue, D. E. (2019, November). *Early childhood trauma, alexithymia, alcohol use, and sexual perpetration: A moderated-mediation analysis*. Paper at the American Association for Marriage and Family Therapy Annual Conference. Fort Worth, TX.
10. **Mullet, N.**, & Hawkins, L. G. (2019, August). *Emotional dysregulation, alcohol use, and revictimization*. Research Discussion at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.

11. Hawkins, L. G., **Mullet, N.**, Soloski, K. L., & Brown, C. C. (2019, August). *Childhood abuse, depression, and genetic risk factors predicting adverse health outcomes: A longitudinal analysis*. Research Discussion at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.
12. Brown, C. C., **Mullet, N.**, & Hawkins, L. G. (2019, March). *Trauma focused CBT: A systemic and integrated approach*. Workshop at the Texas Association of Marriage and Family Therapy Annual Conference. Austin, TX.
13. Zielinski, M., Bradshaw, S., **Mullet, N.**, Hawkins, L., & Story, M. (2018, November). *Examining codependency through neuroimaging of PFC activity*. Lightning Paper at the National Council on Family Relations Annual Conference. San Diego, California.
14. Soloski, K. L., Creger, L., Krupitzer, K., Zielinski, M., & **Mullet, N.** (2018, November). *Can family cohesion buffer genetic risk for alcohol use trajectories?* Research Discussion at the American Association for Marriage and Family Therapy Annual Conference. Louisville, KY.
15. Hawkins, L. G., **Mullet, N.**, Eggleston, D., & Gardenhire, J. (2018, November). *#metoomen: A content analysis addressing society's views on male's experiences of sexual assault*. Research Discussion at the American Association for Marriage and Family Therapy Annual Conference. Louisville, KY.
16. Baptist, J., Lasley, C., Williams, Z., Grant, D., Mallory, A., Su, Y., & **Staats, N.** *Treating attachment injury underlying clinical depression: Changes in QEEG Biomarker* (2016, November). Paper at the National Council for Family Relations Annual Conference. Minneapolis, MN.

## **POSTER PRESENTATIONS**

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1. Carter-Bolick, I. R., Edwards, K. M., Herrington, R., Camp, E. E., **Mullet, N.**, Trujillo, P., Roach, L., Luethke, T., & Bertsche, M. (2022, August 5). *The Personal Impact of Photovoice for Formerly Incarcerated Lakota Women* [Poster presentation]. National Science Foundation Research Experiences for Undergraduates Symposium. Lincoln, NE.
2. Tuliao, A. P., **Mullet, N.**, Martin, M., Soloski, K. L., & Bradshaw, S. (2022, June). *Protective behavioral strategy text-messaging intervention did not work: What we learned from a mixed methods randomized control trial study*. Poster at the Research Society on Alcoholism Scientific Meeting. Orlando, FL.
3. Lewis, L., Awua, J., Botor, N. J., Tuliao, A. P., **Mullet, N.**, Martin, M., Soloski, K. L., & Bradshaw, S. (2022, June). *Examining the role of alcohol use, gender, drinking motives and outcome expectancies on alcohol-involved risky sexual behavior*. Submitted poster at the Research Society on Alcoholism Scientific Meeting. Orlando, FL.
4. Botor, N. J., Lewis, L., Awua, J., Tuliao, A. P., **Mullet, N.**, Martin, M., Soloski, K., & Bradshaw, S. (2022, June). *The role of protective behavioral strategies in the relationship among pregaming, alcohol use, and alcohol-related consequences*. Submitted poster at the Research Society on Alcoholism Scientific Meeting. Orlando, FL.



5. **Mullet, N.**, Edwards, K. M., Scheer, J. R., & Littleton, H. (2021, May). *Preventing adverse childhood experiences among sexual and gender minority youth: A call to action*. Poster presentation at the National LGBTQ Health Conference. United States (Virtual).
6. Inyang, A., Hawkins, L. H., Holyoak, D., Tuliao, A. P., & **Mullet, N.** (2020, April). *Does Google matter?: An examination of search strings used for alcohol use services*. Poster presentation at the Collaborative Perspectives on Addiction Annual Conference. San Diego, CA.
7. Weerts, M., Holyoak, D., Hawkins, L. G., **Mullet, N.**, & Tuliao, A. P. (2020, April). *Decision making processes and help-seeking attitudes in individuals selecting an addiction counselor*. Poster presentation at the Collaborative Perspectives on Addiction Annual Conference. San Diego, CA.
8. Hawkins, L. G., **Mullet, N.**, & Brown, C. C. (2019, November). *The best a man can be: A Gillette ad content analysis*. Poster at the American Association for Marriage and Family Therapy Annual Conference. Fort Worth, TX.
9. Tuliao, A. P., Hawkins, L. G., Holyoak, D., & **Mullet, N.** (2019, June). *Perceived stigma of substance use scale: Psychometric properties and associations with help-seeking and alcohol use variables in a sample of college students*. Poster at the Research Society on Alcoholism Annual Scientific Meeting. Minneapolis, MN.
10. Flores, K., Daniels, M., Moore, K., Morris, E., & **Mullet, N.** (2019, March). *Treatment seeking behaviors across race*. Poster at the Texas Association of Marriage and Family Therapy Annual Conference. Austin, TX.
11. Beckman, P., Ply, K., Behrens, S., & **Mullet, N.** (2019, March). *Teens, trauma, and resilience*. Poster at the Texas Association of Marriage and Family Therapy Annual Conference. Austin, TX.
12. **Mullet, N.**, Hawkins, L. G., Gardenhire, J., & Eggleston, D. (2018, November). *Embarrassed, afraid, and alone: A #metoomen phenomenological analysis*. Poster at the National Council on Family Relations Annual Conference. San Diego, California.
13. **Mullet, N.** & Baptist, J. (2018, November). *A longitudinal analysis of alcohol use in Latin American adolescents*. Poster at the National Council on Family Relations Annual Conference. San Diego, California.
14. Brown, C.C., Lopez, D.A., Gardenhire, J., **Mullet, N.**, Story, M. (2018, November). *Hypertension, physical health, relational experiences, and ER visits*. Poster at National Council on Family Relations Annual Conference. San Diego, California.
15. Hawkins, L. G., Eggleston, D., **Mullet, N.**, & Gardenhire, J. (2018, November). *Grasping for hope: A grounded theory over TBI survivors and their families*. Poster at the National Council on Family Relations Annual Conference. San Diego, California.

16. Soloski, K. L., Creger, L., Krupitzer, K., Zielinski, M., & **Mullet, N.** (2018, February). *Can family cohesion buffer genetic risk for alcohol use trajectories?* Poster at the Texas Association of Marriage and Family Therapists Annual Conference. Irving, TX.
17. Hawkins, L. G., **Mullet, N.**, Gardenhire, J., & Eggleston, D. (2018, February). *#metoomen: A phenomenological approach to addressing sexual assault.* Poster at the Texas Association of Marriage and Family Therapists Annual Conference. Irving, TX.
18. Soloski, K. L., Creger, L., Krupitzer, K., Zielinski, M., & **Mullet, N.** (2018, January). *Can family cohesion buffer genetic risk for alcohol use trajectories?* Poster at the NIDA Genetics Consortium. Rockville, MD.
19. **Staats, N.**, Ruhlmann, L. M., Fuss, C., Mondloch, D., Neal, S., Parson, D., & Nelson Goff, B. S. (2017, November). *Long-term effects of trauma exposure on couples: A 10-year follow-up.* Poster at the National Council for Family Relations Annual Conference. Orlando, FL.
20. Ruhlmann, L. M., Durtschi, J. A., Beck, A. R., Nelson Goff, B. S., & **Staats, N.** (2017, November). *Adverse effects of sexual assault on behavioral health intensified by couple hostility.* Poster at the National Council for Family Relations Annual Conference. Orlando, FL.
21. **Staats, N.**, Lafleur, C., Torgerson, C., & Su, Y. *Enhancing home-based clinician's self-care with an online monitoring tool* (2016, November). Poster at the National Council for Family Relations Annual Conference. Minneapolis, MN.
22. Baptist, J., Lasley, C., Grant, D., Williams, Z., Su, Y., Mallory, A., & **Staats, N.** *Treating attachment injury underlying clinical depression: Changes in QEEG biomarker* (2016, August). Poster at the EMDR International Association Annual Conference. Minneapolis, MN.
23. Springer, N., Nelson Goff, B. S., **Staats, N.**, Monk, J. K., Malone, J., & Tanner, A., (2015, September). *Coping in parents of children with Down syndrome.* Poster at the American Association for Marriage and Family Therapy, Austin, TX.
24. **Staats, N.**, Malone, J., & Hein, A. (2014, April). *Phases of coping for parents of a child with a developmental disability: Exploring a new lifespan model.* Poster at the Developing Scholars Program Symposium. Manhattan, KS.
25. **Staats, N.**, Nelson Goff, B. S., & Springer, N. (2014, March). *Hope, coping, life satisfaction, and relationship satisfaction in parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups.* Poster presented at the K-State Research Forum. Manhattan, KS.
26. Malone, J., **Staats, N.**, Hein, A., Nelson Goff, B. S., Springer, N., Monk, J. K., & Bowers, J. (2014, March). *Phases of coping for parents of a child with a developmental disability: Exploring a new lifespan model.* Poster presented at the K-State Research Forum. Manhattan, KS.

27. **Staats, N.** & Nelson Goff, B. S. (2013, April). *Hope, coping, life satisfaction, and relationship satisfaction in parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups*. Poster at the Developing Scholars Symposium. Manhattan, KS.
28. **Staats, N.** & Nelson Goff, B. S. (2012, April). *Parenting a Child with Down Syndrome: Medical Issues and Associated Complications*. Poster at the Developing Scholars Symposium. Manhattan, KS.

### **INVITED PRESENTATIONS**

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1. **Mullet, N.,** & Hawkins, L. G. (2022, May). *Utilizing advisory boards: Representation in research with marginalized and underserved communities*. AAMFT Minority Fellowship Doctoral Training Institute, United States (virtual).
2. Edwards, M., Edwards, K. M., Herrington, M., Leader Charge, L., **Mullet, N.,** & Tyon, G. (2021, August). *Assessment and treatment of trauma and substance use: Understanding the importance of historical trauma for Lakota families*. AAMFT Minority Fellowship Masters Training Institute, United States (virtual). \*Authors listed in alphabetical order by last name
3. **Mullet, N.** (2021, May). *Trauma and the family*. Community outreach presentation given as part of a series on Mental Health and the Family to the Lubbock Texas North Stake of The Church of Jesus Christ of Latter-Day Saints, Lubbock, TX (virtual).
4. **Mullet, N.,** & Hawkins, L. G. (2019, June). *Responding to trauma with empathy, compassion, and validation*. Part 2 of a community outreach presentation series given to staff at the Broadway Church of Christ. Lubbock, TX.
5. Hawkins, L. G., & **Mullet, N.** (2019, April). *Recognizing trauma*. Part 1 of a community outreach presentation series given to staff at the Broadway Church of Christ. Lubbock, TX.
6. Hawkins, L. G., & **Mullet, N.** (2019, March). *Creating treatment plans and goals*. Presented to the Student Association of Marriage and Family Therapy. Lubbock, TX.

### **RESEARCH TRAININGS/WORKSHOPS**

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2022

- Alternative Assessments
- Universal Design for Learning: Diversity, Equity, Inclusion, and Accessibility
- Write Winning Grant Proposals

2021

- Research Administration Essentials: Budget Preparation and Development
- Research Administration Essentials: Research Responsibility
- Research Administration Essentials: Award Administration
- Introduction to Trauma and Trauma-Informed Services in Mental Health, Western Dakota Tech
- Introduction to Trauma and Trauma-Informed Services in the Justice System, Western Dakota Tech
- Vital Signs: Prevalence of Multiple Forms of Violence and Increased Health Risk
- Behaviors and Conditions Among Youths, CDC
- Where to Begin with Grants: Good Ideas Can Become Funded Projects, APA

- Research Administration Essentials – Preparing and Submitting Proposals, UNL
- Modern Psychometric Approaches for Diagnostic Assessment, UNL
- Research Administration Essentials – Budget Preparation and Development, UNL
- Two-Spirit and Native LGBTQIA+ Round-Table, Dakota Child and Family Clinic
- Using Network Analysis to Measure Social Cohesion: Complete Versus Sampled Network Data, UNL
- Youth Voices in Prevention: Leading the Way for Safer Communities Webinar, UNL
- Decolonizing Psychology Training Conference, Columbia University
- Dating and Sexual Violence Prevention Workshop, UNL
- Listening to Transgender Children, Transforming Ourselves, Brazelton Touchpoints Center
- Advanced Methods Institute, The Ohio State University

## **GRADUATE RESEARCH EXPERIENCE**

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|-----------|--|
| 2018-2020 | <p>Graduate Research Assistant, Texas Tech University<br/>Department of Community, Family &amp; Addiction Sciences</p> <ul style="list-style-type: none"> <li>• Lab team manager</li> <li>• Oversaw NCAA Choices Grant</li> <li>• Supervise and train undergraduate and graduate research assistants</li> <li>• Direct supervisor: Dr. Antover Tuliao</li> </ul>   |
| 2018      | <p>Graduate Research Assistant, Texas Tech University<br/>Department of Community, Family &amp; Addiction Sciences</p> <ul style="list-style-type: none"> <li>• Assist in pushing manuscripts towards publication</li> <li>• Direct supervisors: Dr. Sterling Shumway and Dr. Spencer Bradshaw</li> </ul>  |
| 2017      | <p>Lead Facilitator, Kansas State University<br/>#RelationshipGoals Federal Grant</p> <ul style="list-style-type: none"> <li>• Supervised undergraduate students implementing curriculum</li> <li>• Direct supervisors: Dr. Amber Vennum and Dr. Michelle Toews</li> </ul>   |
| 2016-2017 | <p>Graduate Research Assistant, Kansas State University<br/>Trauma Research, Education, and Consultation at K-State (TRECK)</p> <ul style="list-style-type: none"> <li>• Lead undergraduate students in consensus coding</li> <li>• Facilitated team meetings</li> <li>• Created guide for conducting qualitative research</li> <li>• Contacted research participants for follow-up studies</li> <li>• Direct Supervisor: Dr. Briana Nelson Goff</li> </ul>  |
| 2015-2017 | <p>EMDR Clinical Trial, Kansas State University</p> <ul style="list-style-type: none"> <li>• Presented paper at national conference</li> <li>• Conducted cognitive behavioral therapy and EMDR therapy</li> <li>• Received training on EEG and eye tracker software</li> <li>• Maintained and monitored equipment</li> <li>• Attended team meetings and trainings for manualized therapy protocol and eye tracker use and programming</li> <li>• Direct supervisor: Joyce Baptist, Ph.D., LCMFT</li> </ul> |

- 2015-2017 Relationship Board Member, Kansas State University
- Pilot tested surveys and compiled error reports
  - Wrote syntax, coded and cleaned data
  - Complied with FERPA regulations to administer student credit
  - Participated in board meetings
- 2014-2016 Graduate Research Assistant, Kansas State University  
Home Based Family Therapy Partnership
- Prepared and presented research for national conferences
  - Planned and coordinated trainings and training materials
  - Developed and implemented surveys
  - Supervised data analysis
  - Managed payments and expenses
  - Website management
    - Direct supervisors: Dr. Camille Lafleur and Nancy O'Conner
- 2014-2017 Research Team Member, Kansas State University
- Conducted literature searches and coded qualitative data
  - Wrote, revised, and published research articles and book chapters
  - Generated and presented posters and designed tables and figures
  - Direct supervisor: Dr. Briana Nelson Goff

## **UNDERGRADUATE RESEARCH EXPERIENCE**

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- 2011-2014 Developing Scholars Program, Kansas State University  
Research Assistant
- Conducted literature searches
  - Wrote research articles and proposals
  - Created surveys and coded data
  - Generated and presented posters
  - Direct supervisor: Briana Nelson Goff
- 2009-2011 Kansas Bridges to the Future, Garden City Community College  
Research Assistant
- Observed, collected, and organized data
  - Direct supervisor: Thomas Shane

## **TEACHING EXPERIENCE**

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- 2022-Present Assistant Professor, North Dakota State University
- HDFS275: Diversity and Multiculturalism in Individual and Family Life
    - 81 students (undergraduate)
- 2021-Present Adjunct Instructor, Touro University Worldwide  
Marriage and Family Therapy Program
- MFT626: Substance Abuse and Recovery (Masters)
    - S2 2021- 37 students (remote asynchronous delivery)
    - F1 2021- 14 students (remote asynchronous delivery)
    - F2 2021- 24 students (remote asynchronous delivery)
    - SP1 2022- 34 students (remote asynchronous delivery)

- SP2 2022- 17 students (remote asynchronous delivery)
- S1 2022- 17 students (remote asynchronous delivery)
- S2 2022- 39 students (remote asynchronous delivery)
- F1 2022- 30 students (remote asynchronous delivery)
- MFT620: Human Sexuality (Masters)
  - SP2 2022- 39 students (remote asynchronous delivery)
  - S1 2022- 39 students (remote asynchronous delivery)
  - S2 2022- 40 students (remote asynchronous delivery)

2020-2022

Adjunct Instructor, Oregon Institute of Technology  
Department of Humanities and Social Sciences

- MFT521: Child and Adolescent Therapy (Masters)
  - 4 students (remote synchronous delivery)
  - 3 students (remote synchronous delivery)
- MFT560: Developing Cultural Competencies (Masters)
  - 4 students (remote synchronous delivery)
- MFT561: Sexuality and Therapy (Masters)
  - 3 students (remote synchronous delivery)

2020

Adjunct Instructor, Lubbock Christian University  
Department of Psychology and Counseling

- PSY3310: Psychology Statistics (undergraduate)
  - 17 students (hybrid remote and in-person delivery)
  - 14 students (remote asynchronous delivery)

2019-2020

Co-Instructor, Texas Tech University  
Couple, Marriage, and Family Therapy

- CMFT5350: Introductory Family Systems Statistics (masters/doctoral)
  - 15 total students (in-person delivery)
- CMFT6370: Diversity in Couple Marriage and Family Therapy
  - 17 total students (hybrid in-person and remote delivery)

2018-2020

Guest Lecturer, Texas Tech University  
Department of Community, Family & Addiction Sciences

- ADRS 3325: Family Dynamics of Addiction and Recovery
  - Codependency (undergraduate)
- CARS 4431: Introduction to Marriage and Family Therapy
  - Symbolic Experiential Family Therapy (undergraduate)
- CMFT 5302: Family Therapy II
  - Overview of Cognitive Behavioral Therapy (masters)
- CMFT 6342: Advanced Family Therapy Topics: Experiential and CBT (masters/doctoral)
  - Symbolic Experiential Family Therapy (masters/doctoral)
  - Intro to Cognitive Behavioral Therapy (masters/doctoral)
  - Using Cognitive Behavioral Therapy to Treat Trauma (masters/doctoral)
- CMFT6395: Practicum in Couple, Marriage and Family Therapy
  - Overview of Play Therapy (masters)

- 2018 Peer Teaching Reviewer, Texas Tech University  
Personal Finance Program
- Provided Evaluations for Personal Finance Graduate Students
  - Invited by Dr. Dottie Durband and Dr. Sandra Huston
- 2018-2019 Teaching Assistant, Texas Tech University  
Couple, Marriage, and Family Therapy
- CMFT 6311: Contemporary Theories in MFT (doctoral)
    - 8 students (in-person delivery)
  - CMFT6395: Practicum in Marriage and Family Therapy (masters)
    - 7 students (in-person delivery)
- 2017-2018 Instructor, Texas Tech University  
Department of Community, Family & Addiction Sciences
- CARS2300: Communication, Civility, and Ethics (undergraduate)
  - Taught 6 sections (25 students per section)

### **TEACHING TRAININGS/WORKSHOPS**

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- 2022 University of Nebraska-Lincoln
- Collaborative Assignments Workshop
- 2019-2020 TEACH Fellowship Program  
Teaching Effectiveness And Career enHancement Program.
- One-on-one consultation
  - Recorded classroom instruction
  - Comprehensive feedback
  - Peer observations
  - Workshop attendance
  - Development of
    - Professional teaching portfolio
    - Detailed course design project
- 2020 Teaching Learning and Professional Development Center at TTU
- Lesson Planning: Setting Yourself Up for Success
  - Building Rapport with Students
- 2019
- Using Failure as a Learning Strategy
  - Active Learning in the Classroom
  - IGNITE: Intersectionality Series part 1 of 2
  - Connecting Students with Academic Support
  - Transparent Assignment Design: Clearer Assignments, Better Results
  - Preventing and Managing Academic Dishonesty
  - Research Discussion: How Learning Works
  - Creating an Effective Syllabus
  - Creating Learning Outcomes

2018

- Effective Questioning Strategies
- Allies Program: Faculty Panel on Experiences with LGBTQIA Individuals

2018

#### Groundwork Program

- 2 ½ day program
- Hands-on micro-teaching activities
- Workshops, discussions, and readings on
  - Structuring a syllabus
  - Student learning outcome creation
  - Classroom management
  - Active learning

### **CLINICAL EXPERIENCE**

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2018-2019

#### Doctoral Supervisor, Texas Tech University Family Therapy Clinic

- Supervisors of supervision:
  - Dr. Carissa D'Aniello
  - Dr. Sterling Shumway
  - Dr. Douglas Smith
  - Dr. Stephen Fife

2017-2020

#### Intern Therapist, Texas Tech University Family Therapy Clinic

- Clinical supervisors:
  - Dr. Kristy Soloski
  - Dr. Spencer Bradshaw
  - Dr. Cameron Brown
  - Dr. Doug Smith

2017

#### Intern Therapist, Wamego High School

- Provided individual therapy for low-income population
- Collaborated with other mental health providers, school staff, and parents to provide highest level of systemic care

2016-2017

#### Intern Therapist, Wamego Community Health Ministries

- Provided individual, couple, and family therapy for low-income, high need populations
- Assisted with grant writing and strategies to improve interdepartmental collaboration

2014-2017

#### Intern Therapist, Kansas State University Family Center

- Provided individual, couple, and family therapy for diverse populations
- 500 hours of therapy

### **ADDITIONAL THERAPY TRAININGS**

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2018

- SBIRT: Treating Substance Misuse from a Strengths-Based Perspective

2017

- Attachment-Focused EMDR for Panic and Anxiety, Laurel Parnell



- Attachment-Focused EMDR to Heal a Relationship Trauma, Laurel Parnell
- Attachment-Focused EMDR for the Repair of Early Childhood Separation and Loss, Laurel Parnell

2016

- Treating Substance Abuse and Compulsive Behaviors with EMDR Therapy, Hope Payson and Kate Becker (EMDRIA Approved)
- Trauma-Focused Cognitive Behavioral Therapy, Therapist Certification Program
- EMDR Therapy Basic Training, EMDR Consulting (EMDRIA Approved)

## **PROFESSIONAL MEMBERSHIPS**

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2018-2019	Texas Association of Marriage and Family Therapy, Student Member
2016-Present	National Council for Family Relations, New Professional Member
2016-2018	EMDR International Association, Student Member
2016-2018	Financial Therapy Association, Student Member
2014-Present	American Association for Marriage and Family Therapy, Professional Member
2014-2017	Kansas Association of Marriage and Family Therapy, Student Member

## **SERVICE**

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### **Ad Hoc Reviewer**

2021	Family Relations Sexual Abuse Qualitative Health Research Journal of School Violence Marriage and Family Review
2020	Journal of Marital and Family Therapy Journal of Gender Studies
2018	Substance Abuse: Research and Treatment Philippine Journal of Psychology Journal of Feminist Family Therapy

### **Service to National Organizations**

2020-2022	National Council on Family Relations, Conference Proposal Reviewer
2019	Anselm Strauss Award for Qualitative Family Research - National Council on Family Relations, Selection Committee Member
2017-2018	NCFR Annual Conference, Student Volunteer
2017	AAMFT Annual Conference Student Volunteer

### **Service to University**

2018-2019	Lauro Cavazos & Ophelia Powell-Malone Mentoring Program (Mentor Tech), Texas Tech University, Graduate Mentor
2016-2017	Human Ecology Graduate Student Council, School of Family Studies and Human, Kansas State University, Services Ambassador
2015-2017	K-State Relationship Survey, Kansas State University, Board Member

### **Service to Department**

2022	Diversity, Equity, Including and Belonging (DEIB) Board, University of Nebraska-Lincoln, Center for Research on Children, Youth, Families and Schools
2019	Student Association for Marriage and Family Therapy, Texas Tech University, Guest Presenter

2016-2017	Critical Conversations Committee, Kansas State University, Board Member and Student Associate Organization Liaison
2016-2017	Couple and Family Therapy Program Faculty Meetings, Kansas State University, Cohort Representative
2016-2017	MFT Program Newsletter, Kansas State University, Creator, writer, and editor
2016	Lunch and Learn: Addressing Privilege and the US Election, Kansas State University, Organizer and Presenter
2016	Military Resource Fair, Kansas State University, Family Center Representative
2015-2017	Student Associate Organization, Kansas State University, Elected President and New Student Representative
2015	Family Center Education and Outreach, Kansas State University, Presenter

### **Service to Field**

2021-2022	Master's Thesis Committee, Committee member
2012	United Way of Riley County, Allocations Committee

### **AWARDS AND HONORS**

2020	President's Excellence in Diversity & Equality Award, Texas Tech University <ul style="list-style-type: none"> <li>• 1 or 3 students selected by President Schovanec to be recognized for contributions to promoting equality on the TTU campus.</li> </ul>
2019	Horn Professors Graduate Achievement Award Nominee, Texas Tech University, Finalist <ul style="list-style-type: none"> <li>• Recognizes and rewards outstanding research or creative activity performed by graduate students while at Texas Tech University</li> </ul>
2019	AAMFT Student Ethics Competition, 3 <sup>rd</sup> place in the doctoral category <ul style="list-style-type: none"> <li>• Designed to encourage MFT students to foster an interest in ethics issues and enhance their ability to analyze and respond to the various ethics issues they will encounter throughout their careers</li> </ul>
2019	Phenomenal Women of Texas Tech, Nominee <ul style="list-style-type: none"> <li>• Recognizes women who have had a positive impact or are instrumental to the Texas Tech University community</li> </ul>
2019	Raiders Who Rock, Texas Tech University, Above & Beyond Award Recipient <ul style="list-style-type: none"> <li>• Recognizes individuals who go above and beyond the normal duties of their organization or department to make remarkable contributions.</li> <li>• Nominees for this award display a commitment to going the extra mile to help others achieve their goals.</li> </ul>
2018	AAMFT Student Ethics Competition, 1 <sup>st</sup> place in the doctoral category-\$1,179
2018	Phi Kappa Phi Multidisciplinary Collegiate Honor Society <ul style="list-style-type: none"> <li>• Recognizes and encourages superior scholarship and promotes the unity and democracy of education</li> </ul>
2017	Triota Honor Society, Kansas State University
2014	Distinguished Scholar Award, Kansas State University
2013	Multicultural Student Honor Society, Kansas State University
2011	Academic Excellence Award, Garden City Community College
2011	High Honors Graduate, Garden City Community College
2010-2011	Dean's Honor Roll, Garden City Community College
2009-2011	Phi Theta Kappa National Honor Society, Office held: Secretary
2009-2010	Presidential Honor Roll, Garden City Community College

## **FELLOWSHIPS AND SCHOLARSHIPS**

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2019-2020	AAMFT Minority Fellowship Program, Dissertation Completion Fellow (\$10,000+) <ul style="list-style-type: none"><li>• Focuses on expanding the delivery of culturally competent mental health and substance abuse services to underserved minority populations, and increasing the number of culturally competent marriage and family therapists</li></ul>
2019-2020	TEACH Fellowship Program, Texas Tech University (\$1,000) <ul style="list-style-type: none"><li>• 1 of 15 students selected from the Texas Tech campus to improve pedagogical development and help achieve teaching excellence</li></ul>
2017-2020	J.T. and Margaret Talkington Graduate Fellowship (\$16,000), Texas Tech University
2016-2017	Beggs Memorial Scholarship, Kansas State University
2016-2017	Memorial Scholarship, Kansas State University
2011-2014	Developing Scholars Program, Kansas State University <ul style="list-style-type: none"><li>• Funded by the National Institutes of Health</li><li>• Aims to increase the number of intellectually curious first-generation college students of any background that have been historically underrepresented in higher education</li></ul>
2009-2011	Kansas Bridges to the Future Program scholarship, Garden City Community College <ul style="list-style-type: none"><li>• Funded by the National Institutes of Health</li><li>• Aims to increase the number of historically underrepresented students with baccalaureate degrees in the biomedical and behavioral sciences</li></ul>