

OPTION 1: Plan of Study

Exercise Science/**Master of Athletic Training**

The following combination of courses are suggested semester schedules that allow for completion of the degree in a five-year span. Course arrangement is based on the semester course is offered, classification, and pre-co requisite requirements. This is only an outline and should be used with the curriculum guide. Circumstances may change this plan.

Fall Semester I	Spring Semester I	Summer Session
ENGL 110/120 ^(ENGL 110 includes ENGL 100 lab for 1 credit or placement) 3 cr	COMM 110 3 cr	
HNES 170 2 cr	CSCI 114/116 3-4 cr	
Psyc 111 3 cr	Humanities/Global 3 cr	
Electives 6 cr	PSYCH 211 3cr	
Psyc 111 6 cr	Electives 6 cr	
Total 14 cr	Total 15-16 cr	
Fall Semester II*	Spring Semester II	Summer Session
BIOL 220 3 cr	BIOL 221 3 cr	
BIOL 220L 1 cr	BIOL 221L 1 cr	
CHEM 121 ^(pre or coreq Math 103) 3 cr	CHEM 122 3 cr	
CHEM 121 L 1 cr	CHEM 122L 1 cr	
PHYS 211 (prereq Math 105) 3 cr	HNES 365 3 cr	
PHYS 211 L 1 cr	STAT 330 3 cr	
HNES 250 3 cr	Electives 3 cr	
Total 15 cr	Total 17 cr	
Fall Semester III **	Spring Semester III	Summer Session
BIO 150 3 cr	HNES 368 3 cr	HNES 780 3 cr
HNES 374 3 cr	HNES 370 3 cr	
HNES 375 3 cr	HNES 371 3 cr	
HNES 496 1 cr	HNES 491 1 cr	
HNES 465 3 cr	Humanities/Diversity 3 cr	
HNES 466 1 cr	Electives 3 cr	
Upper Division Writing 3 cr		
Total 17 cr	Total 16 cr	Total 3 cr
Fall Semester IV	Spring Semester IV***	Summer Session
HNES 472 3 cr	HNES 775 3 cr	HNES 475 12 cr
HNES 476 2 cr	HNES 782 5 cr	
HNES 770 2 cr	HNES 794 2 cr	
HNES 781 4 cr		
HNES 794 2 cr		
Total 13 cr	Total 10 cr	Total 13 cr
Fall Semester V	Spring Semester V	
HNES 774 3 cr	HNES 778 3 cr	
HNES 776 3 cr	HNES 773 2 cr	
HNES 720 3 cr	HNES 772 2 cr	
HNES 794 3 cr	HNES 794 3 cr	
Total 12 cr	Total 10 cr	

*Apply to the Exercise Science Program **Apply to MATrg Program

*** This semester may require additional UG coursework to meet Financial Aid requirements

Recommended Elective Options fo

PHYS 212- College Physics & Lab
 BIOL 150- General Biology
 BIOL 151- General Biology Lab
 PSYC 270- Abnormal Psychology
 PSYC 280- Intro to Health Psych

PHARM 170- Common Med and Disease
 HNES 217- Pers/Comm Health
 HNES 388- Prevention and Care of Athletic Injuries
 HNES 455- Sports Nutrition
 PHARM 170- Common Med and Disease

* A Medical Terminology course is required for MATrg program

***HNES 260 Medical Terminology OR**

***VETS 115 Medical Terminology for the Paraprofessional**