The Master of Athletic Training (MATrg) program at North Dakota State University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the MATrg program establish the essential qualities considered necessary for students to maintain their status in this program to achieve the knowledge, skills, and competencies of an athletic trainer, as well as meet the expectation of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). Students will need to fulfill the technical standards with or without accommodations.

**Postural and Neuromuscular Control**

1. The student must demonstrate motor coordination to perform appropriate patient assessments using standard evaluation techniques;

2. The student must demonstrate motor coordination to safely, accurately, and efficiently use equipment and materials required during the assessment and treatment of patients;

3. The student must demonstrate motor coordination to maneuver within and between classroom, laboratory and clinical settings;

4. The student must demonstrate motor coordination and endurance to withstand extended periods of sitting or standing;

5. The student must demonstrate motor coordination and physical strength to carry appropriate medical or hydration equipment and perform patient transfers, which might require the lifting of a patient;

**Sensory Capacity**

6. The student must demonstrate visual ability to observe events occurring in the classroom, laboratory, and clinical settings;

7. The student must demonstrate hearing and physical ability to perform appropriate patient assessments;

**Cognitive Capacity**

8. The student must demonstrate the mental ability to acquire and retain knowledge;

9. The student must demonstrate the ability to analyze concepts and theoretical principles and integrate them into clinical practice;

10. The student must demonstrate the ability to develop problem-solving and decision-making skills to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm;
NDSU | Professional Athletic Training Program

Social/Affective Capacity

11. The student must demonstrate the capacity to maintain composure and ability to function effectively during periods of high stress;

12. The student must exhibit the perseverance, diligence, and commitment to complete the athletic training program as outlined and sequenced;

13. The student must demonstrate the ability to adjust to changing situations and respond appropriately to uncertainty in clinical situations.

14. The student must demonstrate and apply the affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care;

Communication Capacity

15. The student must demonstrate the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds;

16. The student must demonstrate the ability to establish rapport with patients, peers, and clinical instructors in order to communicate judgments and treatment information effectively;

17. The student must demonstrate the ability to understand and speak the English language at a level consistent with competent professional practice;

18. The student must demonstrate the ability to record the physical assessment results and treatment plans clearly and accurately.

A student will be required to verify they understand and meet these technical standards or that they believe that, with appropriate accommodations, they can meet the standards.

If a reasonable request is made for accommodations, the NDSU Disabilities Services Office will verify the student is eligible for the accommodation. A student who should require an accommodation can contact Office of Disabilities Services (170 Wallman Wellness Center) at 701-231-8463.

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted to the program or I will be dismissed from program.

Signature of Student  

Print Name __________________________________________ Date __________

*Compliance with the program's technical standards does not guarantee eligibility for the Board of Certification (BOC) exam.