



Courtney Anderson

Where was your undergraduate AT degree from?

South Dakota State University

What is your current GA position?

Concordia College with men's soccer, swimming, and softball

What is your thesis topic and why does it interest you?

My thesis will involve something with cryotherapy because many different types of cold treatments exist and are a widely used intervention in athletic training; therefore, I would like to study its effectiveness within an athletic population.

What is your favorite aspect about being an Athletic Trainer?

My favorite aspect of being an athletic trainer is rehabilitating athletes from their initial injury all the way through to return to play.

If you were stranded on a deserted island, what band or musician would help keep your sanity?

I am a country music fan overall, but I would have to say George Strait would be my top choice.

When you are not at your GA position or working on your coursework and thesis; what do you like to do in your free time?

I try to golf as often as I am able, as well as get together with friends and family.

What is your favorite thing about the Fargo-Moorhead area?

My favorite thing about the Fargo-Moorhead area would be the number of golf courses around, as well as being granted the privilege in becoming part of the Concordia Cobbers Athletic Training staff.