



## Shaina Weigel

**Where was your undergraduate AT degree from?**

University of Mary, Bismarck North Dakota

**What is your current GA position?**

Concordia College in Moorhead; working with volleyball, women's basketball, and golf

**What is your thesis topic and why does it interest you?**

My thesis topic is the quality of ventilation during CPR testing different medical professional/first responders by using a bag valve mask (adult and child) and pocket mask. It interests me because I want to know if medical professionals provide accurate breaths and which mask is the most accurate to use for providing ventilations.

**What is your favorite aspect about being an Athletic Trainer?**

Getting to serve the athletes and helping them in any way that I can whether it be prevention or after the injury has occurred as well as just being there for them to hear about their days and offer advice if needed. I like getting to help my athletes and see their smiles when they come into the athletic training room happy that they are feeling better or their injury isn't bothering them anymore after working with me.

**If you were stranded on a deserted island, what band or musician would help keep your sanity?**

Hillsong

**When you are not at your GA position or working on your coursework and thesis; what do you like to do in your free time?**

I enjoy hanging out with friends or family, watching movies, spending time outside, playing or watching sports, and reading.

**What is your favorite thing about the Fargo-Moorhead area?**

The variety of restaurants or places to eat here compared to Bismarck.