



## **Rebekah Zerbe**

**Where was your undergraduate AT degree from?**

University of Wisconsin-Madison

**What is your current GA position?**

My GA position is with Essentia Health at Liberty Middle School.

**What is your thesis topic and why does it interest you?**

Forward head posture can lead to chronic neck and shoulder pain. I am interested in investigating the effect of KinesioTape on cervical range of motion, forward head posture, and pain as a potential treatment for chronic neck and shoulder pain.

**What is your favorite aspect about being an Athletic Trainer?**

I enjoy seeing my patients progress every day in clinic.

**If you were stranded on a deserted island, what band or musician would help keep your sanity?**

Justin Timberlake

**When you are not at your GA position or working on your coursework and thesis; what do you like to do in your free time?**

I enjoy playing with my two cats, Sheegwa and Tolosa.

**What is your favorite thing about the Fargo-Moorhead area?**

I enjoy doing yoga at Mojo Fit Studio.