



Jenna Treloar

Where was your undergraduate AT degree from?

University of Nebraska-Lincoln

What is your current GA position?

Concordia College: football and wrestling

What is your thesis topic and why does it interest you?

The effects of the Graston technique on patellar tendinopathy measured by diagnostic ultrasound. I've always enjoyed using IASTM techniques in my clinical experiences and would like to objectively measure the effects.

What is your favorite aspect about being an Athletic Trainer?

I love being challenged every day. No two days are the same for athletic trainers, so there is always opportunity to learn and grow.

If you were stranded on a deserted island, what band or musician would help keep your sanity?

I would need a good mix of artists. I'd say Luke Combs, Khalid, and Rise Against.

When you are not at your GA position or working on your coursework and thesis; what do you like to do in your free time?

I like to explore, workout, and eat good food.

What is your favorite thing about the Fargo-Moorhead area?

Although it's smaller than any other place I've lived, everything you need is close by. I also appreciate the Moorhead Dairy Queen.