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| **The 800 Café**, NDSU Dietetics Restaurant OPEN to the public  sy01001aEvery Thursday and Friday, February 28 – May 2, 2019  Price: $10.00 includes beverage  Reservations: please contact April.Helgaas@ndsu.edu  Diners are welcome to arrive between 11:00 a.m. and 12:15 p.m.  Walk-ins are welcome if space is available! | | |
| Available at each meal: coffee (regular and decaffeinated), hot tea, unsweetened iced tea, lemonade, Coke, Diet Coke, Sprite and skim milk. | | |
| **Feb 28 & March 1**  Meal 1 | Th Manager: Natalie  Th Manager: Jessica  F Manager: Lindsey | ~ Mandarin Orange Spinach Salad with Citrus Vinaigrette  ~ "Spring" Chicken Kabobs with a Zesty Quinoa Salad  ~ Dark Chocolate Avocado Mousse Parfait |
| **March 7 & 8**  Meal 2 | Manager: Melissa  Manager: Taylor | ~ Grilled Pineapple with Honey Cinnamon Yogurt Dip  ~ Chicken Apple Feta Salad with Poppyseed Dressing  ~ Sweet Potato Fries with Avocado Dip  ~ Coconut Berry Tiramisu Parfait |
| **March 21 & 22**  Meal 3 | Manager: Katherine  Manager: Leah | ~ Fresh Garden Salad with Homemade Ranch Dressing, Served  with a Texas Wheat Roll  ~ Chicken Breast Parmesan with Marinara Sauce Garnish  Served with Bulgar Pilaf with Roasted Tomatoes and  Chickpeas  ~ Lemonade Sorbet with Lemon Wedge and Raspberry Garnish |
| **March 28 & 29**  Meal 4 | Manager: Linh  Manager: Walker | ~ Mandarin Romaine & Spinach Salad w/ Honey Dijon  Mustard Dressing  ~ Maple Glazed Salmon with Roasted Asparagus and Crab  Mashed Potatoes w/ Citronnette  ~ Watermelon Fruit Pizza |
| **April 4 & 5**  Meal 5 | Manager: Stephanie  Manager: Johanna | ~ Roasted Red Pepper Hummus with Bell Peppers, Carrots and  Celery  ~ Chicken Apple Spring Mix Salad with Avocado, Feta Cheese,  and Honey Dijon Dressing  ~ Strawberry Rhubarb Oat Pecan Streusel with Vanilla Greek  Yogurt |
| **April 11 & 12**  Meal 6 | Manager: Bailey  Manager: Alexandra | ~ Fresh Fruit (Strawberries, Grapes, Pineapple and  Blueberries)  ~ Smoked Salmon and Veggie Frittata with Roasted Sweet  Potatoes  ~ Greek Yogurt with Nuts and Chocolate Avocado Mousse |
| **May 2**  Meal 7 | Manager: Torehn  Manager: Kaylee | ~ Fresh Garden Salad with Baby Spinach, Romaine Lettuce,  Cucumbers, Radishes, Red Bell Pepper, and Mandarin  Oranges, with a Poppyseed Dressing  ~ Rigatoni and Spinach in a Tomato Sauce with Mushrooms  and Garnished with Grated Parmesan Cheese and Fresh Basil  ~ Lemonade Sorbet with Raspberries and a Slice of Lemon |