Elizabeth Hilliard

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EDUCATION

North Dakota State University, Fargo, ND  **2013 - Present**

**Candidate for PhD in Exercise Science and Nutrition**

Estimated completion date – Spring 2018

East Carolina University, Greeneville, NC

M.S. in Nutrition 2009

Research Project: “School District Wellness Policies and Nutrition Education in High School”

Augusta Area Dietetic Internship, Augusta, GA

Completion of supervised practice hours for RD eligibility 1998

Indiana University, Bloomington, IN

B.S. in Applied Health Science 1993

Areas of Concentration: Dietetics

Minor: Psychology

Honors: Graduated “With Distinction”, Founder’s Day Honor Roll, member of Golden Key and Kappa Omicron Nu Honor Societies

AWARDS

College of Human Develop and Education Outstanding Teacher Award 2016

Member of The Honor Society of Phi Kappa Phi 2015 - Present

Nutrition and Dietetic Educators and Preceptors Outstanding Dietetic Educator for CPD Area 2 2015

North Dakota Academy of Nutrition and Dietetics Outstanding Dietetic Educator for CPD 2015

East Carolina University College of Human Ecology Outstanding Student Award 2009

Nancy Greene Scholarship from the North Carolina Association of Local Nutrition Directors 2006 – 2007

Ruth Mary Griswold Scholarship at Indiana University 1996 – 1997

TEACHING EXPERIENCE

North Dakota State University, Fargo, ND

Instructor – HNES 250: Nutrition Science 2011 to present

Taught and updated course materials and syllabus, developed in class projects, administered grades, incorporated Tegrity lecture capture system and clickers.

Instructor – HNES 251: Nutrition, Growth and Development 2011 - Present

Taught, developed new curriculum and lectures, wrote new exams and quizzes, revised course projects, administered grades, incorporated Tegrity lecture capture system and clickers.

Instructor – HNES 291: Seminar in Dietetics 2011 - present

Taught, and updated course materials and syllabus, developed in class projects, administered grades

**Instructor – HNES 400: Interprofessional Healthcare Education 2017**

Will be team teaching with 3 other instructors from other healthcare disciplines, updated course materials and syllabus, developed in class projects, administered grades

Instructor – HNES 442/642: Community Health and Nutrition Education 2011 - present

Taught, and updated course materials and syllabus, developed in class projects, incorporated Tegrity lecture capture system and clickers, administered grades, wrote 4 new lectures for counseling units, developed online blog project, and counseling role play project

**Instructor – HNES 460: Foodservice Systems Management II** **2016**

Updated course materials and syllabus, developed in class projects, administered grades

RELATED EXPERIENCE

North Dakota State University, Fargo, ND

Assistant Professor of Practice August 2011 – Present

Program Coordinator for the Dietitian Education Program (DEP), managing budget for the DEP, instructor for 4 courses, coordinator for 4 labs, academic advisor for undergraduates, member of Faculty Senate, member of faculty search committees, member of Technology in Education and Research committee, member of the Human Development and Education Leadership Group, Coordinator of the Dietetics Advisory Board and Dietetics Workgroup, faculty advisor for Student Association of Nutrition and Dietetics.

Holy Trinity Lutheran Church, Hickory, NC

Nursery Coordinator (part-time position) November 2009 – June 2011

Scheduled paid nursery staff and volunteers, hired and terminated staff, developed and maintained policies and procedures, managed nursery budget, worked in the nursery.

Children’s Developmental Services Agency, Hickory, NC

Nutritionist III February 2008 – June 2011

Nutrition assessment and follow-up of nutritionally at risk children birth to age 3, coordinated quarterly statewide nutritionist meetings, maintained Infant-Toddler Certification, developed continuing education presentations for local CDSA staff, precepted dietetic interns.

Catawba County Health Department - Women, Infants, and Children Program, Hickory, NC

Nutritionist II/Vendor Coordinator August 2001 – February 2008

Provided nutrition assessment, education and follow-up to high risk pregnant and post-partum women, infants, and children; monitored 35 WIC approved stores; participated in the Eat Smart, Move More Committee; precepted dietetic interns

Frye Regional Medical Center, Hickory, NC

Neonatal Intensive Care Unit Dietitian (part – time) February 2002 – February 2003

Nutrition assessment and follow-up of premature infants.

McLeod Regional Medical Center, Florence, SC

Nutrition Support Dietitian January 2001 – June 2001

In conjunction with hospital pharmacists, assessed and adjusted parenteral feedings, assessed and adjusted enteral feedings, member of Clinical Effectiveness Committee, revised hospital enteral nutrition formulary.

Medical College of Georgia, Augusta, GA

Clinical Dietitian February 1999 – December 2000

Nutrition assessment, follow-up and education of pediatric patients including those with renal disease, cancer, developmental disabilities and failure to thrive; adjustment of enteral and parenteral nutrition for children in the Pediatric Intensive Care Unit; computations of diets adjusted for calorie, protein and vitamin/mineral content; dietetic intern preceptor; provided nutrition education for nurses, medical students, residents, and physicians

St. Joseph Medical Center, Augusta, GA

Clinical Dietitian August 1998 – January 1999

Nutrition assessment, follow-up and education hospital patients with varying medical conditions, adjusted enteral feedings, nutrition assessment and education for outpatient clinic.

PUBLICATIONS, PAPERS, Presentations

Refereed Journal Articles

Hilliard, E., Brunt, A., Stangl, C., Borr, M. (2016). Are Grocery Store Tours Capturing the Right Audience? Characteristics of Students Who Volunteer to Receive a Grocery Store Tour. *Journal or Education and Training Studies (JETS),* 4(9), 192 – 199*.* doi:10.1114/jets.v4i9.1720.

Hilliard, E. (2017). A Review of Worksite Lactation Accommodations: Occupational Health Professionals Can Assure Success. *Workplace Health & Safety,* 65(1), 33- 44. Doi: 10.1177/2165079916666547.

Poster Presentations

Fuhrmann, S., Hilliard, E., Brunt, A. (2015). Fat soluble vitamin intake among college students by gender and frequency of meal consumption at college dining halls. [Poster Presentation]. Academy of Nutrition and Dietetics, Nashville, TN.

Hilliard, E., David, S., Hill, B. (2015). Comparison of exam completion order to grade in college students enrolled in a nutrition science class. [Poster Presentation]. Society for Nutrition Education and Behavior, Pittsburg, PA.

Hilliard, E. (2015). Blogs: Education through entertainment. [Poster Presentation]. Society for Nutrition Education and Behavior, Pittsburg, PA.

Hilliard, E. (2015). Blogs: Education through entertainment. [Poster Presentation]. Academy of Nutrition and Dietetics, Nashville, TN.

Hilliard, E. (2015). Are workplace breastfeeding support promoting increased breastfeeding duration. [Poster Presentation]. Academy of Nutrition and Dietetics, Nashville, TN.

Abstracts

Fuhrmann, S., Hilliard, E., Brunt, A. (2015). Fat soluble vitamin intake among college students by gender and frequency of meal consumption at college dining halls. [Abstract]. Academy of Nutrition and Dietetics, Nashville, TN.

Hilliard, E., David, S., Hill, B. (2015). Comparison of exam completion order to grade in college students enrolled in a nutrition science class. [Abstract]. Society for Nutrition Education and Behavior, Pittsburg, PA.

Hilliard, E. (2015). Blogs: Education through entertainment. [Abstract]. Society for Nutrition Education and Behavior, Pittsburg, PA.

Hilliard, E. (2015). Blogs: Education through entertainment. [Abstract]. Academy of Nutrition and Dietetics, Nashville, TN.

Hilliard, E. (2015). Are workplace breastfeeding support promoting increased breastfeeding duration. [Abstract]. Academy of Nutrition and Dietetics, Nashville, TN.

Interviews/ Columns

“Spring clean your health: renew the mind and body with a review of habits.” 2015

Interview for the Fargo Forum

“Revamped food labels make choices easier.” 2014

Interview for the Fargo Forum

“A gulp of nutrients in every glass.” 2014

Interview for the Fargo Forum

“What can I do to help my overweight child?” 2014

Eat Smart, Play Hard 2014 – 2015

“Picky eaters: Parents set rules to instill healthy eating habits.” 2014

Interview for the Grand Forks Herald and Fargo Forum

“Local Dietitians Breakdown Eight Nutrition Myths” 2012

Interview for the Fargo Forum

Ask and Expert 2012

Eat Smart, Play Hard 2012 - 2013

School District Wellness Policies and Nutrition Education in High Schools 2009

Poster Presentation at the North Carolina Public Health Association Meeting annual meeting

Guest on WHKY Radio with Hal Rowe, Hickory, NC

Participated in two 1 hour interviews on nutrition and health 2005 - 2006

Television spots for WHKY TV

Recorded multiple 3 minute TV spots on health and nutrition 2005-2006

Nutrition and Tooth Decay

Speaker for Foothills District Dental Hygienists Association meeting 2003

Nutrition and Children

Speaker for Foothills District Dietetic Association meeting 2002

Grants

Produce for Better Health Hilliard (PI) submitted 4/30/15

Grocery Store Tour Training Program Funded for $2,760

The purpose of this grant was to provide funding to train nutrition and dietetics students in giving produce - based grocery store tours. The funding was used to hire two instructors with extensive experience in giving grocery store tours. The instructors provided 6 hours of training to NDSU Dietetics students and then supervised the students while each gave 2 grocery store tours to other NDSU students. The funding was also used to purchase produce trays for taste testing at the grocery stores and to purchase a tablet that could be used to demonstrate produce and grocery shopping apps.

HRSA-14-070 Heuer (PI) submitted 2/3/14

Nurse Education, Practice, Quality, and Retention – Interprofessional Collaborative Practice Not funded

The goal of this program is for students in a variety of health professions including nursing, pharmacy, physical therapy, and dietetics to practice collaborating on patient care through participating in home visits with actual patients in the Fargo/Cass County community. Students will learn the role of other health care professionals and how cooperation with other health care professionals maximizes patient care.

Role: Collaborator, provided input on goals and objectives, structure of the program, and level of participation of dietetics students; contact person for the Dietitian Education Program.

LANGUAGES

English – native language

Spanish – speak, read, and write with basic competence

MEMBERSHIPS

North Dakota Breastfeeding Coalition – Secretary for 2 years 2014 – 2016), chair of worksite support sub-committee (2016 – on)

Academy of Nutrition and Dietetics

North Dakota Academy of Nutrition and Dietetics – Delegate to the Academy of Nutrition and Dietetics (2016 – 2019)

Fargo Moorhead Dietetic Association

Past member of North Carolina Dietetic Association (board member for 1 year) and Foothills District Dietetic Association (served as President, President-Elect, Secretary/Treasurer, Souper Bowl Chair)