

## Julie A. Garden-Robinson

**Extension Health, Nutrition, and Exercise Sciences**  
**North Dakota State University**  
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### Education

**Ph.D.**, North Dakota State University, Department of Cereal Science/Food Technology, Minors: Food and Nutrition; Biochemistry, 1994

**M.S.**, North Dakota State University, Department of Food and Nutrition, Food and Nutrition, Minor: Biochemistry, 1989

**B.S.**, with Honors, North Dakota State University, Major: Food and Nutrition/Dietetics, Minor: Music, 1986 (Undergraduate courses also completed at Minnesota State University – Moorhead)

### Other Credentials/Training:

Licensed Registered Dietitian (LRD)

Certified Food Sanitation and HACCP Instructor – FDA

Certified ServSafe (National Restaurant Association) Instructor (15 years)

USDA HACCP certification

Master Gardener Certification Program

Participant in the National Extension Leadership Development (NELD) program (2016)

### Employment

**Professor** (2012 – present); **Associate Professor with Tenure** (2005–2012) Department of Health, Nutrition and Exercise Sciences/North Dakota State University Extension Service (Nutrition, Food Safety and Health); Instructor: Interdisciplinary Food Safety program; NDSU (1999-present).

**Food and Nutrition Specialist** (June 1996-present) and **Assistant Professor** (1999-2005);

**Food Safety and Nutrition Columnist** – The Fargo Forum – 2001- 08; “Prairie Fare” regional weekly column (ND, MN, SD, Canada) – 1997 - present; monthly columnist for [www.connectionsforwomen.com](http://www.connectionsforwomen.com) (2008-2011); monthly columnist for North Dakota Living (2010 - present); weekly blog at [www.prairiefare.areavoices.com](http://www.prairiefare.areavoices.com) (2012 – present)

**Music Coordinator** – **Gethsemane Episcopal Cathedral**, Fargo, (June 1999-present)

**Extension Food and Nutrition Specialist and Lecturer** (June 1994 - May 1996) 40% North Dakota State University Extension Service and 60% Department of Food and Nutrition

**Lecturer** (August 1993 - May 1994) of Department of Food and Nutrition, NDSU

### Professional Honors/Awards (past 10 years)

2017 North Central Region – 2<sup>nd</sup> Place – Nutrition Education, National Extension Association of Family and Consumer Sciences.

2015 North Central Region Excellence in Extension Award presented by Extension Directors.

2015 North Central Region First Place – Health Education, Nourishing Boomers and Beyond, National Extension Association of Family and Consumer Sciences.

2015 Excellence Award – Industry. Northern Pulse Growers Association.

2014 National Communication Award/Central Region Communication Award. National Extension Association of Family and Consumer Sciences, “On the Move to Better Health” educational newsletter.

2013 National Food Safety Education Award/Central Region Food Safety Education Award. National Extension Association of Family and Consumer Sciences.

2013 Program Excellence Award. “Teens Serving Food Safely.” NDSU Extension Service.

2012 Program Excellence Award. “Be Sun Savvy.” NDSU Extension Service.

- 2012 1<sup>st</sup> Place Nutrition Education Award – Central Region. “Spilling the Beans.” National Extension Association of Family and Consumer Sciences.
- 2010 Program of Excellence Award, NDSU Extension Service, “Crunch and Munch Nutrition and Fitness Program for Native American Children.”
- 2010 Distinguished Service Award – National Extension Association of Family and Consumer Sciences, Portland, ME.
- 2009 Extension Program of Excellence Award. “Barbecue Boot Camp.” NDSU Extension Service.
- 2009 National 1st Place Award Winner and Central Region 1st Place Winner – Marketing Award “Eat Smart. Play Hard. Together.” National Extension Association of Family and Consumer Sciences

### **Grants/Awards/Contracts (Recipient of 100+ grants totaling more than \$13M since 1995)**

**Selected Publications/Abstracts/Presentations:** See [www.ag.ndsu.edu/food](http://www.ag.ndsu.edu/food), [www.ndsu.edu/eatsmart](http://www.ndsu.edu/eatsmart) and [www.ndsu.edu/boomers](http://www.ndsu.edu/boomers) for numerous Extension Service publications, including weekly column (since 1997), blog (since 2012), interactive modules, monthly newsletters and research-based extension publications.

- Albrecht, J. A., Garden-Robinson, J., Schwarz, C., & Colgrove, K. (2016). Reaching new audiences using electronic magazines for microwave food safety education. *Journal of Nutrition Education and Behavior*, 48(8): 590-592.
- Garden-Robinson, J. (2015). Carotenoids and Dietetics: Pigments in Green Vegetables and Health Aspects. Springer Publishers: New York. (Book chapter)
- Burdett, K. & Garden-Robinson, J. (2015). Kids’ cooking camps promote food safety and nutrition knowledge in Native American youth. *Journal of the National Extension Association of Family and Consumer Sciences*.
- McKenney, M., Miller, K., Deal, J., Garden-Robinson, J., & Rhee Y. (2015). Plasma and electrolyte changes in exercising humans following ingestion of multiple boluses of pickle juice. *Journal of Athletic Training*, 50:141-146.
- Garden-Robinson, J. & Whigham, L. (2014.) Spillin’ the beans: A gardening approach to nutrition education for families. *Journal of the National Extension Association of Family and Consumer Sciences*, 7:49-60.
- Stastny, S., Keith, J., Hall, C., & Garden-Robinson, J. (2014). Flash frying vs. deep-fat frying: Fat content and sensory evaluation of fish fried using two methods. *Food Studies: An interdisciplinary Journal*, 3(1):19-26.
- Gold, A., Yu, N., Buro, B., & Garden-Robinson, J. (2014). Discussion map and cooking classes: Testing the effectiveness of teaching food safety to immigrants and refugees. *Journal of Nutrition Education and Behavior*, 46: 547-553.
- Stastny, S. & Garden-Robinson, J. (2013). The prize is healthy eyes: Using games to educate about diabetic retinopathy. *Journal of Extension*, 51(5): 5FEA9. Available from <http://www.joe.org/joe/2013october/a9.php>
- Nyquist, H., Rhee, Y., Brunt, A., & Garden-Robinson, J. (2011). Promoting healthy eating and exercise through online messages: A pilot study. *Journal of Extension*, 49(6).
- Garden-Robinson, J. A. & Beauchamp, K. A. (2011, February). Folic acid every day: An educational intervention for women of childbearing age. *Family and Consumer Sciences Research Journal*, 39(3): 246-255.
- Stastny, S. & Garden-Robinson, J. (2011, March). Eating for your eyes. *Journal of Nutrition Education and Behavior*, 43(2):137-139.
- Garden-Robinson, J., Eighmy, M., & Lyonga, A. (2010, December). Use of electronic group method in assessing food safety training needs and delivery methods among international college students in the U.S. *Appetite*, 55(3): 746-749.
- Garden-Robinson, J., Ngale Lyonga, A. & Eighmy, M. (2009). Use of electronic group discussion method to assess food-related educational needs among international college students. *Journal of Nutrition Education and Behavior*, 41(4): S9-S10.