North Dakota State University

Department of Health, Nutrition, and Exercise Sciences

Health Education & Physical Education Majors Handbook



Program Coordinator Contact Information

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Contact Information

LOCATION: Bentson-Bunker Fieldhouse 1 (Lower-Level; Southwest Corner)

MAILING ADDRESS:

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HNES WEBSITE: http://hnes.ndsu.edu/

BLACKBOARD: Blackboard > My Organizations > Health/Physical Education Majors

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Purpose of the Handbook

To help ensure student success, this handbook was developed to help clearly communicate the policies and expectations developed by the Health Education/ Physical Education (HE/PE) Committee.

The handbook is an organic document and is subject to change at any time. If there are changes, the faculty will be sure to communicate the changes, but ultimately, it is the student's responsibility to read, understand, and agree to follow (demonstrated by a signature) the expectations outlined by the document.

Department Description

Health, Nutrition, & Exercise Sciences (HNES)

HNES is one of five units that comprise the College of Human Development & Education. The department offers all students an opportunity to develop skills and knowledge that are vital in developing a personal, lifetime wellness concept and to serve as teachers, leaders, and administrators of health education, physical education, sport, athletic training, exercise science, and dietetics. The department offers majors in dietetics, exercise science, health education, physical education, and sport and recreation leadership. Certification is offered in coaching, food sanitation, and Physical Best. In addition, numerous sport activity courses are offered as enrichment courses.

HNES Mission Statement "Actively Encourage Healthy Lifestyles through Excellence in Teaching, Research and Service"

As a department, we are:

- 1. Committed to Excellent Teaching and Positive Student Learning We seek to provide a student friendly, humanistic, technologically enriched learning environment that fosters the intellectual development of all students. HNES is committed to excellence in teaching, student learning, and ethical decision making.
- 2. Committed to Scholarship and Research HNES is committed to enhancing scholarship and creativity in faculty and students. HNES seeks to provide an intellectually rich environment where research, critical thinking and scholarship are the cornerstones of our everyday activity in HNES.
- 3. Committed to Service HNES is committed to providing a quality and continuing service to our surrounding community and to our key stakeholders.

General Policies and Procedures

Philosophy: Learning by Doing

Mission

The mission of the Health Education and Physical Education Programs at North Dakota State University

is to develop pre-service health and physical educators who are critical thinkers, creative planners, and

effective practitioners.

Program Goal

The goal of the Health Education and Physical Education Programs is to develop skilled practitioners who

are prepared with the essential knowledge, skills, and dispositions in their fields of specialization. These

programs are designed to reflect the current knowledge base and effective practices.

Professionalism Policy

The student's appearance and hygiene should exemplify their intent to become a future professional.

Most importantly, if the pre-professional is completing their course requirements off campus, s/he should

know and follow the rules/guidelines of the setting (e.g. field experience). For more specific details,

please see your major's section.

Non-Discriminatory Policy (North Dakota State University Policy Manual, Section 100)

North Dakota State University does not discriminate on the basis of age, color, disability, gender

expression/identity, genetic information, marital status, national origin, public assistance status, race,

religion, sex, sexual orientation, or status as a U.S. veteran. Direct inquiries to the Vice President for

Equity, Diversity and Global Outreach, 205 Old Main, (701) 231-7708.

Program Fee Policy

Full-time students enrolled in HNES 200-level courses (except for HNES 255) and above will be

assessed program fees of \$285.00 per semester for a minimum of five semesters. Fees will be pro-rated

according to the number of HNES credits that one is enrolled in for students who are not enrolled full

time. No HNES Program fees will be assessed to students who are student teaching. Program fees will

be automatically added to the student's University billing statement. Additional information regarding

program fees can be found on-line in the current NDSU Bulletin.

"Cohorts within both HE/PE will nominate one student at the beginning of the academic year to represent

student interest regarding program fee expenditures. These students will attend HE/PE Committee

meetings as needed."

Core Courses

Physical Education:	School Health Education:
HDFS 230** or Psych 250**	HDFS 135**
HNES 110*	PSYC 210**
HNES 154*	PSYC 212**
HNES 217*	HNES 110*
HNES 254*	HNES 217*
HNES 255*	HNES 200* of HNES 250*
HNES 256*	HNES 341*
HNES 301*	HNES 345*
HNES 336*	HNES 445*
HNES 350*	EDUC 481 HE**
HNES 367*	
HNES 461*	
EDUC 451 PE*	
EDUC 481 PE **	

^{*} must earn a grade of "B" or higher.

Main Aspects of Pedagogy Core Courses

K-12 School Observations/Community Shadowing/Field Experience

Observations/shadowing will be a major component of the upper-level pedagogy courses and students are required to wear program fee purchased wind suits and polo shirts or more professional attire as appropriate. Please remember: You are representing not only yourself but also the HNES Department, the Health Education and/or Physical Education Programs, and the University and are required to display professional attire hygiene, behavior, etc.

Education Majors, please be advised that you are to follow the rules of the class/school/district (It would be a good idea to ask for those the first day you are in the schools). When you are at the K-12 school, you are to actively PARTICIPATE-- act as the teacher's assistant. Take the initiative and ask if there is anything you can do, help, etc. During activities, walk around and help facilitate the activity. Talk to the students and attempt to develop a positive rapport with them. DO NOT SIT AND WATCH!!! Students who are pursuing a teaching degree should refer to the School of Education privacy pledge found in the Blackboard organization.

^{**} considered core course for progression only; students must earn a grade of a "C" or higher.

Confidentiality Statement

As guests in local schools, it is imperative that we respect the privacy of both the teachers and students. Any information shared with you by a teacher regarding a student (academic record/performance, behavior, home life, etc.) is confidential and is not to be shared outside of the classroom. Likewise, teachers' are to be afforded the same confidentiality regarding their teaching practices. Experiences in the classroom may be shared only within the university course in which the field experience is associated, providing all names have been changed to protect the identity of those involved.

In-Class Assignments/Teaching

When planning lessons, you may find activities on the Internet, in textbooks, from class, or in the field. It is great to use these activities (no need to re-invent the wheel); however, please give credit where credit is due. Also, throughout your course work, you will see many activities demonstrated. In order for everyone in the class to get the most out of their education, please do not duplicate any activities that you have already seen demonstrated in class unless there are MAJOR modifications. If you are questioning a possible duplication of an activity, please see your professor before you continue!

Application Procedures for HE/PE

Typically, the application into the program in conducted in HNES 110 during a student's freshman year. However, transfer student's application is due upon entering the program. The application procedure is a two-step process:

Step 1: Prospective student should complete the application form and supporting documents.

Step 2: The student will be notified of the committee's decision via e-mail.

Note: No single admission requirement has an independent deciding factor on the applicant's acceptance into the program. Exceptions to the requirements can be made on recommendation of the HE/PE Committee. Acceptance is NOT guaranteed simply upon completion of the requirements.

To see a copy of the program application, please see the final page in appendix.

Application to School of Education

Information regarding the application process to the School of Education is found at: http://www.ndsu.edu/education/teacher education/

Transfer Policy

All students transferring to NDSU must meet institutional requirements. Students transferring into a HE/PE program must meet admission requirements. **Be sure to visit your specific major requirements.** Transfer students include:

- Transfer from another institution
- Transfer within this institution
- Addition of a second major

It is required that transfer students meet with an HE/PE academic advisor to discuss appropriate sequencing of courses. Without proper sequencing, additional time may be needed to complete the major. No 300-level or above core courses may be transferred in and must be taken after entering the program.

Transfer students should plan on a minimum of a three (or three and a half) year commitment to the program (depending when s/he transfers). To make the program as effective as possible transfer students will work closely with their advisor to establish an appropriate plan of courses.

If you have not completed the prereq for a particular course you may write a letter to the HEPE committee requesting admission into said course.

The **letter** should include the following components:

- Introduction/ Explanation of situation -- background information/transfer from/major/GPA/year/etc.
- Statement of request
- Plan to complete the program/course requirements successfully
- Conclusion (include contact information)

Denied Admission to Program

If acceptance into the program is denied, the decision may be appealed (using the process listed below) to the HE/PE Program Coordinator within 10 days of notification.

Appeal Process for Denied Admission to Program

Submit appeal letter, along with any additional documentation that may support the appeal, to HE/PE Program Coordinator via e-mail within 10 days of notification. The letter should include the following components:

- Introduction--background information/major/year/etc.
- Explanation of circumstances that lead to denial (this is the student's opportunity to explain why the original decision to deny the application should be overturned)

- · Statement of request
- Student's plan to assure committee that s/he will be successful in the program
- Conclusion
- Name and contact information

The program coordinator will call a meeting of the HE/PE Committee to consider the appeal. The decision of the HE/PE committee will be based on a majority rule. Notification of the Committee's decision will be sent via e-mail within one week of the decision.

Note: If initial application is denied, the student may reapply the following year (i.e. The following February). Reapplication may occur one time only.

Academic Standards

A-students must meet the minimum grade requirements in all identified core course(s) and maintain a minimum cumulative GPA of 2.75.

Note: At all times students are expected to adhere to the NDSU Code of Conduct and the HDE Honor System.

a. If a student enters the program with a GPA lower than 2.75:

- S/he will automatically be placed on probation.
- The student must earn the minimum required grade or better in all identified core classes and improve GPA above 2.75 before being removed from probationary status
- While on probation, if the student does not earn the minimum required grade or better in all identified core courses, s/he will be dismissed from the program.
- If dismissed, s/he will be allowed to reapply to the program during the following semester for possible reinstatement.
- If reinstated, the student must continue to earn the minimum required grade or better in all identified core courses or s/he will be removed from the program permanently.
- If the student's cumulative GPA improves above 2.75, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

b. If a student's cumulative GPA falls below a 2.75 at any time:

- S/he will be placed on probation.
- The student must earn the minimum required grade or better in all identified core courses taken and improve GPA above 2.75 before being removed from probationary status
- While on probation, if the student does not earn the minimum required grade or better in all identified core courses, s/he will be suspended or dismissed from the program.

- If dismissed, s/he will be allowed to reapply to the program during the following semester for possible reinstatement.
- If reinstated, the student must continue to earn the minimum required grade or better in all identified core courses or s/he will be removed from the program permanently.
- If the student's cumulative GPA improves above 2.75, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

c. Academic Standards for Transfer Students

- If a transfer student enters the program with a GPA lower than 2.75, s/he will automatically be placed on probation. The student must earn the minimum required grade or better in all identified core courses taken and increase GPA above 2.75 before being removed from the probationary status.
- While on probation, if the student does not earn the minimum required grade or better in a identified core courses, s/he will be suspended from the program.
- If suspended, s/he will be allowed to reapply to the program during the following semester for possible reinstatement.
- If reinstated, the student must continue to earn the minimum required grade or better in all identified core courses or s/he will be removed from the program permanently.
- If the student's cumulative GPA improves above 2.75, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

Grade Requirements (passing):

- Upon completion of the minimum required grade or better in the identified core courses, students will be accepted in their curriculum guide identified capstone class Health: HNES 445 and EDUC 481-HE) (Physical Education: HNES 461 and EDUC 481-PE).
- Courses with unsatisfactory grade must be retaken.
- The student may not continue to progress in the program until the minimum required grade or better for the identified core course is earned.
- When retaking the class, if the student does not earn the minimum required grade or better for the identified core course s/he will be dismissed from the program *permanently*.
- If the student successfully retakes the course, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

Grade Requirements of B or better:

If a student earns a C in <u>one</u> identified HNES core course that requires a minimum grade of B in a semester:

Course with unsatisfactory grade must be retaken.

- The student may not progress to HNES 300 level courses until all HNES 100 and 200 level courses
 have been successfully completed (earning a B grade or better).
- HNES 300 level courses: The student may not continue to progress in the program until a B or higher is earned.
- If the student is already on probation, the student will be suspended from the program.
- When retaking the class, if the student does not earn the required grade s/he will be dismissed from the program permanently.
- If the student successfully retakes the course, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

If a student earns a C in more than one identified core course in a semester:

- This student forfeits the right to probation and will be suspended from the program.
- The next possible semester, s/he will be considered on probation and allowed to retake the courses in which s/he did not earn a B.
- If the student doesn't earn a B grade the second attempt, the student will be removed from the program *permanently*.
- If the student successfully retakes the courses, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

If a student earns a D or F in one or more Identified core courses in a semester:

- This student forfeits the right to probation and will be suspended from the program.
- S/he will be allowed to reapply to the program during the following semester for possible reinstatement.
- If reinstated, the student will be automatically placed on probation and will be eligible to retake the courses in which required grades were not achieved.
- If the student does not earn the required grade when retaking the class, s/he will be dismissed from the program *permanently*.
- If the student successfully retakes the courses, s/he will be dismissed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

Grade Requirements of C or better:

If a student earns a D in <u>one</u> identified core course that requires a minimum grade of C in a semester:

- Course with unsatisfactory grade must be retaken.
- The student *may not progress to HNES 300 level* courses until all HNES 100 and 200 level courses have been successfully completed (earning a B grade or better).

- HNES 300 level courses: The student may not continue to progress in the program until a C or higher is earned.
- If the student is already on probation, the student will be suspended from the program.
- When retaking the class, if the student does not earn the required grade s/he will be dismissed from the program permanently.
- If the student successfully retakes the course, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

If a student earns a D in more than one identified core course in a semester:

- This student forfeits the right to probation and will be suspended from the program.
- The next possible semester, s/he will be considered on probation and allowed to retake the courses in which s/he did not earn a C.
- If the student doesn't earn a C grade the second attempt, the student will be removed from the program *permanently*.
- If the student successfully retakes the courses, s/he will be removed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

If a student earns a F in one or more Identified core courses in a semester:

- This student forfeits the right to probation and will be suspended from the program.
- S/he will be allowed to reapply to the program during the following semester for possible reinstatement.
- If reinstated, the student will be automatically placed on probation and will be eligible to retake the courses in which required grades were not achieved.
- If the student does not earn the required grade when retaking the class, s/he will be dismissed from the program *permanently*.
- If the student successfully retakes the courses, s/he will be dismissed from probationary status and considered to be a student in full standing (assuming that no other infractions have occurred).

Standings in the Programs

Full Standing A student will earn full-standing status in the HE/PE program if s/he has earned a B or higher in all identified core courses and has earned a cumulative GPA of 2.75 or higher.

Probation A trial period in which a student is given time to try to redeem an unmet grade requirement or unprofessional conduct. If a student does not meet the grade requirements of B or better in all identified core course(s) or if cumulative GPA is lower than a 2.75, the student is placed on probation until standards for full-standing have, once again, been met. If a student is already on probation, and another

infraction occurs the student will be suspended or possibly even removed from the program. In addition, if a student is on probation for not meeting the GPA requirement, s/he must earn a minimum of a 2.5 GPA each semester. If the student does not earn a 2.5 GPA, the student will be suspended or possibly removed from the program permanently.

Suspension from the Program A minimum of one semester in which a student may no longer continue taking core courses in the program (i.e. reinstatement would occur for the semester in which infraction(s) occurred). This time off is given to the student to evaluate his or her dedication to the program. Please see the Standard Procedure for Suspension and Reapplication to the Program listed below.

Removal from the Program A permanent removal in which a student may no longer continue taking core courses in the program. A student may not reapply to the program if they have been permanently removed.

Standard Procedures

Regular Evaluation of Status in the Program

A student's standing in the program will be reviewed at the end of every semester.

Standard Procedure for Suspension from the Program

- If dismissed from the program, a student may no longer continue taking HNES core courses for a
 minimum of one semester (i.e. reinstatement would occur for the semester the following academic
 year coinciding in which infraction(s) occurred).
- Notification will occur via e-mail from the program coordinator.
- Notification will also be sent to the student's academic advisor(s).
- Students would be eligible to reapply to the program the following semester for possible reinstatement. For example: If a student's infraction(s) occurred during the fall semester, reinstatement would occur for fall the *following* academic year.
- · See Standard Procedure for Reapplication and/or Appeal process listed below

Standard Procedure for Removal from the Program

- If removed from the program, a student may no longer continue taking HNES core courses.
- Notification will occur via e-mail from the program coordinator.
- Notification will also be sent to the student's academic advisor(s).
- Students would not be eligible to reapply to the program.
- See Standard Procedure for Appeal Process

Standard Procedure for Reapplication to the Program

- Students will have the opportunity to reapply to the program the following semester for possible reinstatement.
- Reapplication must be initiated a minimum of one month prior to desired return to the program.
- To reapply to the program, a student must complete the reapplication process (including a letter of application and personal "action plan") and submit the documents to the program coordinator.
- After receiving the reapplication, the program coordinator will organize a meeting with the student and the HE/PE committee.
- The meeting will include an interview in which the student will be given an opportunity to address the committee.
- The student is then excused and the committee will meet to consider the student's ability to benefit
 from the program.
- The student will then be notified via e-mail from the program coordinator within seven working days of the meeting.
- If the student is to be reinstated, the student will be held to the standard articulated by the action plan and will be placed permanently on probation.
- Failure to follow any part of the action plan may constitute removal from the program.
- If another violation occurs, the student will be dismissed from the program permanently.
- Students will have the opportunity to reapply to the program <u>ONE</u> time.

Standard Procedure for an Appeal

- If a student believes the referral is inaccurate, s/he is able to submit an appeal (written letter with opposing perspective- including a copy of the referral) to the program coordinator.
- A student may only submit an appeal <u>ONE</u> time throughout his or her entire time in the program (unless the appeal is granted).
- The appeal must be submitted within two weeks of the original referral notification.
- Once the appeal is submitted, the HE/PE committee will schedule a time to meet with the student to hear the opposing perspective/appeal.
- The student is then excused and the committee will meet to consider the student's ability to benefit from the program.
- The student will then be notified via e-mail from the program coordinator within seven working days of the meeting.
- If the appeal is overturned, the student will be held to the standard articulated prior to the referral.
- If the appeal stands, the student's status will be based on the individual situation.

Non-Academic: Professional Behaviors and/or Dispositions

Professional Behavior and/or Disposition

To maximize one's effectiveness as a professional, it is important to understand and exemplify professional behaviors, integrity, learning, knowledge, diversity, and collaboration. HNES faculty will be working with you to build and strengthen these behaviors throughout your time in the health and physical education programs at NDSU.

Rubric

To help build, strengthen, and communicate these professional characteristics, the following rubrics have been developed to describe the levels of expectation in each of the areas.

Rubric modified from Wayda, V. & Lund, J. (2005) Assessing dispositions. JOPERD. 76, 34-41.

Rubric modified from wayda, v. & Lund, J. (2005) Assessing dispositions. JOPERD. 76, 34-41.			
Values Learning and Knowledge			
In-Class Participation			
Unsatisfactory	Partially Proficient	Proficient	Advanced
Inattentive in class.	Is attentive to what is	Actively engaged and	Shows initiative in class
May fall asleep, read	happening in class.	interested in class	activities. Applies
newspaper, or attend to	Attention is focused on	activities. Volunteers to	knowledge to other
other materials not	class-related materials	respond to questions.	situations and makes
related to class. Rarely	and activities.	Participates in	connections with
participates in class	Responds appropriately	discussions. Stays	previous learning.
discussions. May	when called on. Does	focused. Has done	Asks questions
distract others in the	not distract others in the	necessary preparation	showing intellectual
class with behaviors or	classroom.	for class.	interest. Seeks to
talking.			extend understanding
			through higher-level
			thinking.
Class Preparation			
Unsatisfactory	Partially Proficient	Proficient	Advanced
Work completed with	Assignments completed	Work is completed with	Work is of exceptional
little attention to quality.	correctly with accuracy.	attention to detail, is	quality. Shows a
May be sloppy and/or	Work shows basic	sequential, and is	desire to pursue the
contain errors.	grasp of the	logical. Shows	intended learning at a
Emphasis is on getting	assignment's intent.	evidence of thoughtful	deep level. Work
work done rather than	Meets assignment	analysis of the	shows evidence of
learning. Assignments	deadlines adequately.	assignment. Work	personal reflection and

are sometimes late or	Makes use of resources	shows that adequate	revision. Uses an array
missing. Uses current	provided to complete	time and planning were	of quality resources to
knowledge rather than	work.	allocated. Seeks new	add to the scope and
additional resources to		resources and	depth of project.
complete work.		additional information to	
Procrastinates.		complete work.	

Values Diversity

Re	lation	nshin	with	Others
110	iatioi	JULIP	AAICII	Others

Unsatisfactory	Partially Proficient	Proficient	Advanced
Usually works only with	Accepts others despite	Willingly works with	Actively seeks
those of similar ability,	differences in ability,	others from different	opportunity to work with
race, gender, or	race, gender, or	ability, race, gender, or	those of different
ethnicity. Rarely	ethnicity. Interacts with	ethnic groups.	ability, race, gender, or
interacts with others,	others in a polite,	Welcomes feedback	ethnicity. Actively
especially those different	courteous, and	and interaction with	seeks interaction and
than self. Main concern	professional manner.	others. Shows genuine	feedback from variety
appears to be for self,	Shows awareness of	concern for others and	of other people. Has
with little concern for	others' needs. Listens	their needs. Listens	compassion for others,
others. Does not listen	to others and	carefully to others and	putting their needs
well.	understands them.	respects their views.	ahead of his/her own.
Makes derogatory			Listens actively and
comments towards			values the opinions of
others.			others.

Values Collaboration

Group Work

Cicap item			
Unsatisfactory	Partially Proficient	Proficient	Advanced
Puts forth minimal effort	Does a fair share of the	Contributes ideas and	Promotes group goals
and fails to do a fair	work. Accepts	efforts to the group.	by contributing above
share of the work.	responsibility. Attends	Comes to meetings	and beyond
Attendance at group	group meetings.	prepared and on time.	expectations. Comes
meetings is uneven or	Accepts ideas of	Incorporates ideas of	early to help facilitate
absent. Shows little	others. Relates	others into the group's	group meetings and is
regard for other people	adequately with others	activities. Relates well	well prepared.
or their ideas. May	and performs basic	to others and promotes	Encourages the use of
actually be a roadblock	group responsibilities.	group success.	ideas from all. Does

		<u></u>	
for getting a project			everything possible to
completed. Does not			ensure success for the
relate well with others.			group.
	Values Profe	essionalism	
Professional Developme	nt and Involvement		
Unsatisfactory	Partially Proficient	Proficient	Advanced
Unaware of professional	Aware of professional	References or makes	Actively involved with
organizations and/or	organizations and/or	use of professional	professional
professional	professional	organizations or	organizations. Seeks
publications. Shows little	publications.	publications. Willingly	opportunities to be
or no interest in	Occasionally	participates in	involved in professional
professional activities or	participates in	professional activities	activities. Takes
events. Attends only	professional activities.	or events. Belongs to	leadership role in
when mandatory. Little	Sees the importance of	professional	professional
interest in growing	professional growth.	organization(s). Values	organization(s). Makes
professionally.		professional growth.	professional growth a
			high priority.
Respect for School Rule	s, Policies, and Norms		
Respect for School Rule Unsatisfactory	s, Policies, and Norms Partially Proficient	Proficient	Advanced
		Proficient Knows school rules	Advanced Follows school rules
Unsatisfactory	Partially Proficient		
Unsatisfactory Unaware of school rules	Partially Proficient Aware of school rules	Knows school rules	Follows school rules
Unsatisfactory Unaware of school rules and policies. Sometimes	Partially Proficient Aware of school rules and policies. Usually	Knows school rules and policies. Follows	Follows school rules and policies and
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known	Partially Proficient Aware of school rules and policies. Usually follows them without	Knows school rules and policies. Follows them consistently.	Follows school rules and policies and encourages others to
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions.	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by	Knows school rules and policies. Follows them consistently. Understands the	Follows school rules and policies and encourages others to respect them. Shows
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself,	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around established rules of	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and does not attempt to	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts responsibility for	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies dealing with dress,
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around established rules of behavior, dress, hygiene,	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and does not attempt to circumvent them in	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts responsibility for personally following	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies dealing with dress, behavior, or other
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around established rules of behavior, dress, hygiene,	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and does not attempt to circumvent them in his/her patterns of	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts responsibility for personally following them in his/her patterns	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies dealing with dress, behavior, or other aspects of school
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around established rules of behavior, dress, hygiene,	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and does not attempt to circumvent them in his/her patterns of	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts responsibility for personally following them in his/her patterns	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies dealing with dress, behavior, or other aspects of school
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around established rules of behavior, dress, hygiene, etc.	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and does not attempt to circumvent them in his/her patterns of	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts responsibility for personally following them in his/her patterns	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies dealing with dress, behavior, or other aspects of school
Unsatisfactory Unaware of school rules and policies. Sometimes disregards known policies or restrictions. Wants exceptions to be made for himself/herself, or tries to get around established rules of behavior, dress, hygiene, etc. Communication	Partially Proficient Aware of school rules and policies. Usually follows them without being reminded by others. Accepts reminders for breaches of rules or policies, and does not attempt to circumvent them in his/her patterns of behavior, dress, etc.	Knows school rules and policies. Follows them consistently. Understands the purpose of regulations and respects their intent. Accepts responsibility for personally following them in his/her patterns of dress, behavior, etc.	Follows school rules and policies and encourages others to respect them. Shows exemplary patterns of behavior with respect to rules and policies dealing with dress, behavior, or other aspects of school operation.

communications. May	written communication.	communication.	grammatical
use slang, profanity,	Generally uses	Communication is free	correctness. Language
inappropriate	language that is	of offensive or	usage is conventional
vocabulary, or offensive	appropriate and not	inappropriate language.	and respectful. Is
language. Does not	offensive. Can convey	Uses language to	articulate and/or
express ideas clearly.	idea accurately.	express ideas very	persuasive when
May display distracting		effectively regardless of	expressing ideas.
language habits. (e.g.,		the age of the listener.	
repetition of words or			
phrases, such as "okay"			
or "like").			

Values Personal Integrity

Emotional Control/Responsibility

Uncaticfactory	Partially Proficient	Proficient	Advanced
Unsatisfactory	Partially Proficient	Proficient	Advanced
Emotions not under	Maintains basic control	Displays steady	Always maintains
control. May lose	of emotions. May show	emotional	composure regardless
temper and show	emotional reaction, but	temperament, even in	of circumstances.
outbursts of anger. Is	does not lose temper or	potentially volatile	Respects the
disrespectful of peers	control. Is able to listen	situations. Is receptive	viewpoints of others
and others. Does not	to the perspectives of	to viewpoints of others	and treats them with
take personal	others. Is responsible	and to their	dignity even when not
responsibility for his/her	for his/her emotions	suggestions. Holds	in agreement with
emotions and behaviors.	and behaviors.	self accountable for	them. Can be
Blames others or outside		his/her emotions and	accountable and
circumstances for loss of		behaviors. Displays a	responsible for his/her
emotional control.		sense of humor and/or	actions.
		willingness to get along	
		with others.	

Standard Procedure for Non-Academic Reasons

If there are concerns about a student's disposition and/or professionalism, as listed above for specific *areas of concern*, the standard procedure will entail a **three-fold process**:

- Verbal warning (see appendix for example of form--includes signatures);
- Written referral form (see appendix for example of form) and action plan- developed by the committee (including student signature);
- If the action plan is not followed or another infraction occurs, the student will be dismissed from the program.

Verbal Warning:

- If subtle attempts at communication attempting to check and/or improve inappropriate behavior
 are unsuccessful, the professor may request a one-on-one meeting with the student. At the
 completion of this meeting, a faculty AND student signature will be obtained to verify that the
 verbal warning has occurred.
- If the student is unwilling to meet with the professor, or if the behavior continues after the meeting, the student will be prohibited from attending class until s/he meets with the HE/PE/RS Committee or Department Head to determine specific changes of disposition that are required.
- If the student does not want to continue attending class or if s/he does not agree to the terms set by the HE/PE/RS Committee/Department Head, the student has the option to drop the course, earn a non-passing grade, or possibly be dismissed from the program.

Referral Form:

- The intent of a referral form is to formally bring awareness to the student and his/her advisor of an area(s) of concern with the hope that the behavior in question will be reduced or eliminated immediately.
- If a student's academic or non-academic behavior becomes a concern, a referral form may be completed.
- If this occurs, the form will be completed by the professor and signed by the student. The signature does not indicate that the student agrees to the statements in the referral form, it only verifies that s/he has been made aware of the situation.
- The student will then be permanently placed on probation.
- If the student does not agree with the statements written in the referral form, s/he has maximum of two weeks to file an appeal to the program coordinator (see page 8 for the appeal process).
- The referral form will then go into the student's permanent file.
- An action plan will be developed by the professor and signed by the student. This signature
 DOES state the student understands and agrees to follow the plan.
- If the action plan is not followed or another infraction occurs (academic or non-academic) the student will be dismissed from the program.
- If the student was on probation when the referral form was submitted, the student will be dismissed from the program.
- If a student is to be dismissed from the program, written notification will occur via e-mail from the program coordinator.
- Students are eligible to reapply to the program the following semester for possible reinstatement.
- See Standard Procedure for Reapplication/Appeal process listed on page 7-8

 Notification of the referral (along with a copy of the form) will also be sent to the student's academic advisor(s).

Note: If the student refuses to sign the referral form, s/he will be immediately dismissed from the program.

Discretion of the infraction severity is left to the professor and/or HE/PE committee.

If the professor believes the infraction was severe enough to skip the verbal warning, a referral form/action plan would be the first step.

Suspended or Removed from the Program: Please see page11 for Standard Procedures

Note: If students have multiple issues/concerns the cumulative record will be considered.

Note: Any disposition or behavioral referrals in the School of Education are subject to HE/PE policies.

Technology, Communication, and Grades

Technologies

It is <u>suggested</u> that you, as a future educator, use technology and social media appropriately – including e-mail address, Facebook, cell phone ring tone/music, and voicemail messaging. Potential employers have been known to eliminate candidates from an interview or hire due to inappropriate findings related to the above forms of communication.

Before class starts, please remove headphones and turn all phones off or to "silent" (not vibrate) and keep in coat, bag, etc. However, if there is an **emergency**, please communicate with your professor beforehand and an accommodation will be made.

Communication

NDSU email is the official means of communication. You are expected to read emails (listserves) from faculty, advisors, program coordinator, etc. and to respond in kind.

If you e-mail your professor, please treat the e-mail as a professional form of communication. (i.e. please be specific with the subject line, use appropriate greetings and salutations, and write in complete sentences using appropriate punctuation, spelling, etc.). Also, it is University policy that grades or grading cannot/will not be discussed over e-mail.

You are encouraged to visit with your professor during posted office hours if you have any questions, problems, or concerns. If the posted office hours do not fit into your schedule, please set up an appointment with your professor ahead of time.

Blackboard

Announcements, schedule changes, assignments will be posted on BlackBoard. Students should check this site regularly to stay current with assignments, quizzes, grades, and other relevant material. Be advised that the syllabus and schedule (though possibly combined into one) are two different documents.

Final Grade

It is the student's responsibility to monitor his/her grade throughout the semester; therefore, the time to express concerns about evaluations (grades) is during the course of the semester, not after final grades are officially posted on-line.

University-Affiliated Activities

- If you are participating in a university-affiliated activity, all missed classes, assignments or exams must be cleared or completed BEFORE the date that class, assignments, or exams take place. If you are absent from class, it is your responsibility to obtain the missed material from a classmate.
- If you believe that you have the potential to miss enough classes (due to university-affiliated activities) to adversely affect your grade, you must set up an appointment at the beginning of the semester, with the professor, to develop a contract and establish a plan for make-up.

Course Sequencing

- Generally speaking, all coursework must be completed in a sequential nature-- as all HNES 100level courses must be completed before HNES 200-level courses (with the exception of HNES 255), all 200-level courses before 300-level courses, and all 300-level courses before 400-level courses.
- Transfer students should plan on a minimum of a three (or three and a half) year commitment to the program (depending when s/he transfers). To make the program as effective as possible, only HNES 100/200-level courses may be taken concurrently and must be completed prior to enrolling in HNES 300 and 400-level courses, which must be taken progressively. Students transferring in for fall semester can take both 200 and 300 level courses. Students transferring in for spring semester can take both 100 and 200 level courses.

A class syllabus supersedes the requirements in this handbook if they are different.

Verbal Warning Meeting Verification Form

Student Name:		Date:
Course:	_ Semester:	
Area(s) of Concern:		
***Comments:		
Instructor's Signature:		
Date:		
Student's Signature:		
Date:		

Student's signature indicates that the issues/concerns have been discussed and the student is aware that a "Verbal Warning" has occurred. This does not necessarily indicate that the student agrees with the statements.

Academic: HE/PE Referral Form

Student Name:	Date:
Course: Semester:	
Area(s) of Concern (mark all that apply): ***Please comment below on areas of concern	
GPA:	
Grade(s) in Core Course:	
***Comments:	
Instructor's Signature:	
Date:	
Student's Signature:	
Student's signature indicates that the issues/connecessarily that the student agrees with the star	
To be filled out by HE/PE Committee	
Current Status in HE/PE Program	Full-Standing Probationary
Has the student ever been removed from the pr	rogram (circle one) Yes or No
Referral form #	
Committee decision on status in the program:	
See Attachment for Action Plan (if applicable)	

Non-Academic: HE/PE Referral Form

Student Name:		Date:	
Course:	Semester:		
Area(s) of Concern	(check all that apply):		
***Please comment	below on areas of concer	n	
Attendance			
In-Class Perform	ance	Acceptance of Construct	ive Feedback
Class Preparation	ns	Verbal Skills	
Relationships		Ethical Behavior/Role Mo	odel
Self Concept		Sensitivity to Diversity	
Group Work		Commitment to Teaching	I
Professional Dres	ss/Hygiene	Professional Developmen	nt & Invo <mark>lv</mark> ement
Emotional Control/Responsibility		Communication	
Respect for Scho	ool, Rules, Policies, & Norms		
Other:			
***Comments:			
Student's Signature			
Date:			
necessarily that the To be filled out by H Current Status in HE	E/PE Program r been removed from the	tatements. Full-Standing	Probationary
Committee decision Circle One:	on status in the program: Full Standing	Probation	Removal
See Attachment for	Action Plan (if applicable)		

Action Plan Template

Student Name:	Date:
Course: Se	emester:
Statement of Concern (please	e attach copy of the signed referral form):
Statement of Objective(s) – fu	uture improved behavior:
Intervention Strategies and Ad	ctivities with Timeline:
Evaluation of Improvement (e	vidence identified) with Timeline:
understood that failure of the	iewed this document and discussed the contents. It is student to achieve the stated objectives through the n plan may result in suspension from the program.
Student Signature and Date X:	Date:
A	Date.
Advisor Signature and Date	
X:	Date:
HE/PE Signatures and Date:	
X:	Date:
X:	
X:	
X:	Date:

HE/PE Action Plan Assessment and Recommendation

Student Name:		Date:	
Course:	Semester:		
Statement of Objective	(s) (future improved behav	ior as stated on the action plan)	
Evidence Collected/Des	scription:		
Recommendation:			
Acknowledgement: I ha	ive reviewed this documer	at and discussed the contents. My	/ signature
means that I have been	n advised of the contents of	f this form and does not necessar	rily imply that
I agree with them or the	e action taken as a result.		
Student Signature an	d Date		
X:		Date:	
Advisor Signature and		Data	
X:	·	Date:	
HE/PE Signatures an	d Date:		
X:		Date:	
X:		Date:	
X:			
X:		Date:	

Health Education & Physical Education Program Application

Directions: Please complete and submit this application	on form and the items listed below to your HNES	
110 instructor. OR submit to:		
NDSU Dept 2620, P.O. Box 6050		
Attn. Dr. Brad Strand		
Bentson-Bunker Fieldhouse 1		
Fargo, ND 58108-6050		
olicant's Name NDSU ID#		
Phone Number _(
E-mail Address@	<u> </u>	
Home (Permanent) Address		
School Address		
Are you a transfer student? Yes No, If y	es, have you been accepted to NDSU? Yes No	
Health Education —— Physical Edu Signature signifying – read and agree to follow	w HEPE handbook	
For Departme	•	
Semester/year of Application	Starting Status:	
Fall Spring 20	Full Standing	
24 Undergraduate credits	Probationary	
HNES 110 B or better	Denied	
HNES 255 (PE only students) B or better		
GPA		
Comments:		
Signature:	Date:	
Program Coordinator		