Spring 2019 NDSU

Let's Move in Homeschool



First Session is Feb. 5th

Welcome to the 7th Year of NDSU's Let's Move in Homeschool Program!!!

We hope that you and your families will be able to join us for the upcoming Spring semester! The philosophy of the program is to provide children with enjoyable, age-appropriate physical activity experiences in an emotionally and physically safe environment. Our Spring 2019 program emphasizes personal fitness and individual success.

Program Details

Dates (Tuesdays)

Feb. 5, 12, 19, & 26 March 5, 19, & 26 April 2, 16, & 23

Times

*12:30 p.m. - 1:15 p.m.

*1:15 p.m. - 2:00 p.m.

Cost

Total cost for all 10 sessions: \$10/child; \$20 max/family

Location

NDSU Bentson-Bunker Field House

Program Director Info:

Dr. Jenny Linker

e-mail: Jenny.Linker@ndsu.edu

phone: 701.231.8676

mail: Dept. 2620, PO 6050,

Fargo, ND 58108-6050



Session Times 12:30 p.m. - 1:15 p.m. & 1:15 p.m. - 2:00 p.m.

Children's lesson times were determined after all enrollment requests are received. Please check the "Homeschool Groups Spring 2019" e-mail attachment for each child's group and time of lesson (which will go out the week of Jan 28th).

1st Day Instructions

- 1) Please arrive 15 minutes prior to your child's first class.
- 2) Enter Bentson Bunker Field House from the south entrance.
 - a. All parents must check-in and sign the HIPAA receipt list. You will receive a copy of the HIPAA form.
 - b. Submit waiver forms (if they haven't been e-mailed or mailed yet).
 - c. Have child find his/her name tag (organized by group).
 - d. Bring child to his/her gym space at specified start time (Bears and Monkeys are on the south side of the gym; Lions and Dolphins are on the north side of the gym)

3) At the end of the class:

- a. Teachers will separate their students into two groups those who have parents in the gym and those that will be picked up outside
- b. Parents in the gym
 - i. Go over to your child's teacher at the end of the class and "pick-up" your child be sure their name tag has been returned.
- c. Parents picking up outside
 - i. Park along the west side of the building (facing north) and your child's teacher will walk them out to you.

Drop-off/Pick-up Procedures

Parents are responsible for children until they have checked in and received their name tags each day. We are short-staffed this semester and cannot greet children at the outdoor drop-off point. If you are planning to drop-off your child(ren), please follow these procedures: Cars will enter from Centennial Blvd. and travel north on College St. Cars should pull over on the west side of Bentson-Bunker Fieldhouse (BBFH) to drop-off children. It is important that drop-off does not occur from vehicles headed south on College St. as we do not want children crossing the road. Cars are not allowed to park along the side of BBFH and drivers must remain with their vehicles. Pick-up procedures will be the same. By following this protocol, you will help prevent traffic congestion and keep our children safe. If you plan to have someone else pick-up your child(ren), please provide a signed note during drop-off.

At the end of each class, teachers will divide their group into two (those whose parent are in the gym and those that need to be walked outside to the pick-up location). Parents in the gym need to walk over and check-out their child. Staff will walk outside with the remaining children and stay with them until parents have picked them up at the pick-up/drop-off location.

Parking



During the program, families may park in pay lots (cash, debit, or credit) on campus. On the attached campus map, these are marked as "WE," "SU," and "Visitor's Lot E." BBFH is building "10" on the map.

Meet the Staff!



Instruction is provided by junior-level physical education majors who are appointed to each group of students. Dr. Joe Deutsch will oversee daily operations.

What Should My Child Bring?

Children should be dressed for comfortable and safe movement. All children MUST wear sneakers in order to participate in the lessons. Footwear such as sport sandals, Crocs, and flip-flops are NOT allowed. Children are encouraged to bring their own sealable water bottle (no glass please). We highly encourage parents to bring their child(ren) to the restroom prior to instruction. If your child needs to use the restroom during instruction, parents may be asked to escort their child to the restroom if present.





Allergy Alert

Due to food allergies, please refrain from bringing peanut-containing products to the gymnasium.

Can I: Stay and watch? Take pictures? Take video?

Parents and siblings are welcome to stay and watch during the program.

Designated seating in bleaches is provided. For liability reasons, all observers must stay in the designated seating area and are not allowed in the instruction area. In addition, parents are responsible for supervising children not in class—running and horseplay is not appropriate in this area. Parents and observers are not allowed to take videos during the program. Pictures may be taken, but only of your child (staff and other children should not be included unless permission has been gained). There will be an opportunity to take group photos on the last day of the program.

Program Video for Educational Purposes

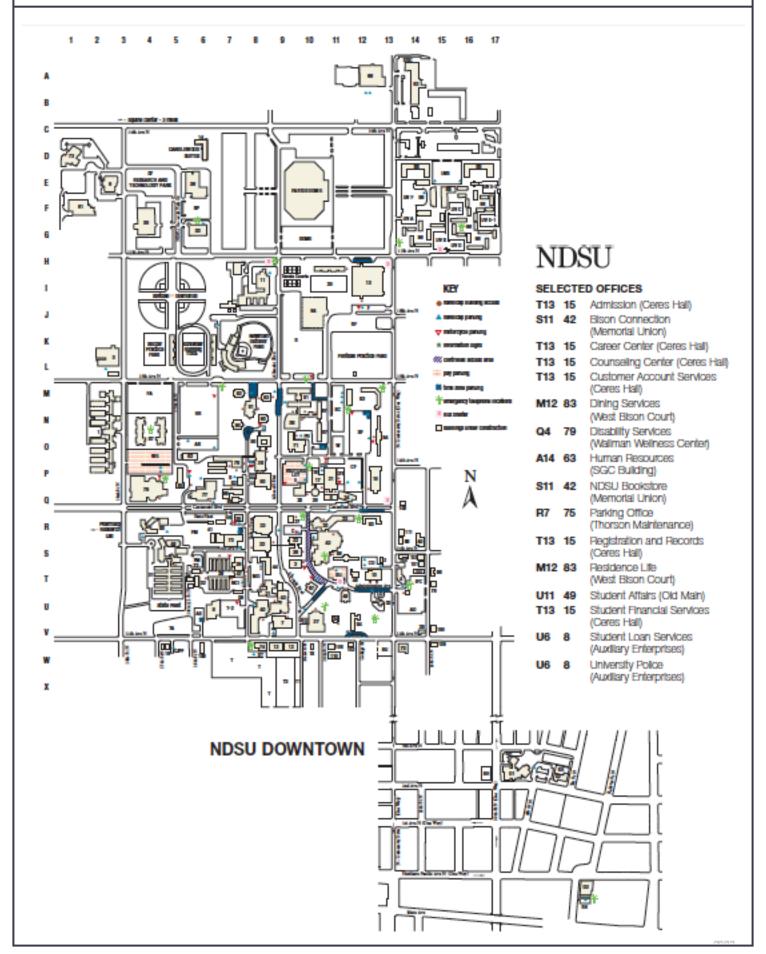
The NDSU Let's Move in Homeschool Program reserves the right to videorecord all lessons. Lesson videos are an essential component of the teacher candidate reflection cycle. These recordings are for educational purposes only and are not used in any other manner, shared, or published.

Program Photos for Promotional Purposes

The NDSU Let's Move in Homeschool Program will take photos for program promotion. Children will not be named in any photos used for promotional purposes without receiving prior approval from parent/guardian. If you prefer we not include your child in promotional photos, please complete and return the "Promotional Photo Non-Permission Form" on the last page and return it on the first day of attendance.

CAMPUS MAP NORTH DAKOTA STATE UNIVERSITY

	1	AES Green House	R4	34	Johansen Hall (Seed Research, State Seed Dept.)	09	71	Sudro Hall (Nursing, Pharmacy, Alled Sciences)
S9	2	Agricultural and Biosystems Engineering	R11	35	Katherine Kilbourne Burgum Family	T6	72	Sugar Beet Research
S13	3	Alba Bales House (Equity and Diversity Center)		D2	Life, 4-H Center (Education) Kial Hall (711 2nd Ave N)	D1	73	Technology Incubator
T13	4	Alumni, Development Center		-	(Architecture, Landscape Architecture)	V8	74	Thordarson Hall (Center for Distance Education)
K2		Animal Nutrition and Physiology	S 9	36	Ladid Hall (Chemistry)	R7	75	Thorson Maintenance Center
	_	Center/Salety Office	V10		Library			(Campus Parking, Facilities
Q11	6	Architecture and Landscape Architecture	P8	38	Loftsgard Hall (Blochemistry, Plant Sciences)	T15	76	Management) United Campus Ministry
V9	7	Askanase Hall (Little Country Theatre)	T7	39	Lord and Burnham Greenhouses		77	Van Es (Microbiological Sciences,
		(Reineke Fine Arts Center)	R14	40	Lutheran Student Center			Vet Science)
U6	8	Auxiliary Enterprises (University Police)	R6	41	Maintenance Buildings	P7	78	Waldron Laboratory (Agriculture, Soil Testing Lab, Statistics)
	D1	Barry, Richard H., Hall (811 2nd Ave N) (Business, Agribusiness	S11	42	Memorial Union (Bison Connection, Food Court, International Programs,	Q4	79	Wallman Weliness Center
		and Applied Economics, Center for Global Initiatives, ND Trade Office,			Multicultural Programs, NDSU Bookstore)			(Campus Recreation/Intramural, Disability Services, YMCA of NDSU)
		NDSU Bookstore ²)	U9	43		08	80	Walster Hall (Agriculture)
E3	9	Balcheller Technology Center			Social Sciences)	M8	81	West Dining Center (Orientation
P12	10	Bentson/Bunker Fieldhouse (Athletics, HNES, ROTC)	S 8	44	Mortil Hall (Ag Communication,	D7	00	and Student Success)
18	11	Biosciences Research Laboratory			Agricultural Administration, Print and Copy Services)	P7	82	Wildakas Lab (Com Seed House, Plant Sciences)
V9	12	Bison Blocks (I and II)	U8	45	Music Education Building			
112	13	Bison Sports Arena			(Festival Concert Hall, Reineke Fine Arts Center)	HOU	ISING	UNITS
D6	14	(Athletic Media Relations, Athletics) Candlewood Sulfes	T12	46	•	M12		Bison Court
T13		Ceres Hall (Admission, Career Center,	17	47	Northern Crops Institute	V12		Burgum Hall
113		Cooperative Education, Counseling,	S 5	48	Northern Crops Science Lab	R12 S11		Churchii Hali Dinan Hali
		Customer Account Services,			(sugar beets, sunflowers)	N4	87	Living Learning Centers
		Registration and Records, Student Financial Services, TRIO Programs)	U11	49	Old Main (Administration, Student Affairs, University Relations)	D15		Niskanen Expansion
P10	16	CMI and Industrial Engineering	G4	50	Phoenix International	E14	89	Niskanen Hall
P10	17	Construction Management	T 5	51	Plant Sciences Greenhouse	N7	90	Pavek Hall
W10		Credit Union (Northland Educators)	U6	52	Potato Research-Pesticide Storage	M10		Reed-Johnson Halls
	19	Criminal Justice and Public Policy	U13		President's House		92	Selm Hall
111 P11	20 21	Dacotah Fleid Dolve Hall (Mechanical Engineering)	U11		Putnam Hall	M8 N13	93	Sevrinson Hall Stockbridge Hall
R9	22	Dunbar Laboratories (Chemistry)		D3	(Architecture and Landscape	N8		Thompson Hall
R11	23	E. Morrow Lebedeff Hall (Human			Architecture, Tri-College, Visual Arts)	F15	96	University Village
		Development and Education)	G6	55	Research I	N10	97	Welble Halls (North and South)
Q11	24	Ehly Hall (Architecture and Landscape Architecture)	E6	56	Research II			
Q10	25	Electrical and Computer Engineering	E6 N9	57 58	Research and Technology Park Residence Dining Center			IITY AND SORORITY HOUSES
		Engineering Center	T7	59		T15	99	Alpha Gamma Delta Alpha Gamma Rho
		Equine Center (3 miles west	P5	60	Robinson Hall (Veterinary Technology)			Alpha Tau Ornega
DO.	07	of campus on 19th Ave N)	F1	61	Sanford			Deta Upsion
R9 V14		Geosciences Graduate Center	05	62	Service Center, Plot Plant	V12	102	FarmHouse
87	29	Harris Hall (Cereal Science)	A14	63	SGC Building (Distance and Continuing Education, Human Resources, Payrol,			Kappa Alpha Theta
R7	30	Hastings Hall (Herbarium)			Family Studies institute)			Kappa Delta
T8	31	Heating Plant	J10	64	Shelly Ellig Indoor Track and Field			Kappa Psi Pharmaceutical Fraternity Storma Alinha English
S8	32	Huftz Hall (Animal Science,	De	or.	Facility Sharmond Amon			Sigma Alpha Epsilon Sigma Chi
R8	33	Entomology, Range Science) Industrial Agriculture and	P8 A12	65 66	Shepperd Arena Skills and Technology Training Center			Sigma Phi Delta
	-	Communications Center (Computer	T10		South Engineering (Physics)			Sigma Nu
		Network, Computer Science,	Q7	68	Stevens Auditorium	W11	110	Tau Kappa Epsilon
		Industrial Agriculture, Information Technology Services, Upper Great	Q7	69	Stevens Hall (Natural Sciences)	R13	111	Theta Chi
		Plains Transportation Institute)	W14	70	St. Paul's Chapel (Newman Center)			



NDSU NORTH DAKOTA STATE UNIVERSITY

Photography and Video Release

for information related to

Family Educational Rights and Privacy Act (FERPA) protected educational records

I authorize North Dakota State University and its agents to record my appearance and participation in an interview and/or on videotape, audiotape, film, photograph or any other medium and to use, reproduce, modify, distribute, and publicly exhibit such recordings, in whole or in part, without restrictions or limitation for any purpose that the University deems appropriate. The use of my appearance via photo and/or video may be shared in a variety of forms of media, including social media. I further consent to the use of my name, likeness, voice and biographical material in connection with such recordings.

I forever release the University, its successors and assigns, its agents, and all persons for whom it is acting from any liability by virtue of any blurring, distortion, alteration, optical illusion or use in composite form, whether intentional or otherwise, that may occur or be produced in the recording process, or any unintentional misspellings or inaccuracies, and expressing waive any right that I may have to inspect or approve the finished recordings or photographs. I will make no monetary or other claim against North Dakota State University for the use of the interview and/or the photograph(s)/video.

Additional FERPA information can be found at https://www.ndsu.edu/registrar/records/ferpa/.

Full name	
Address	
City, State, Zip Code	
Telephone	
Signature	
Date	

Form to be distributed and retained by the office/department engaging in photographing/videoing educational record information.