Have you been experiencing low back pain and are between the ages of 18 and 50?

We are looking for individual who meet the above criteria

This study will involve the use of the Biodex balance system to obtain data. The Biodex balance system is a device used to measure an individual’s stability and balance. A Kinesio® Tape application will also be used to assess Kinesio® Tapes effectiveness on reducing pain and functional disability. You will be asked to complete two separate sessions in which a test will be performed on the Biodex balance system before and after a Kinesio® Tape application, as well as completing a pain and a disability form.

You may NOT participate if you:

- Have history of disc or spine disease or condition
- Have history of any neurological disease or condition
- Have a balance disorder or condition
- Have had any previous back surgery
- Have any allergies to adhesives
- Have any active malignancy site – cancer diagnosis
- Have cellulitis, any skin infection, or any open wounds on your lower back
- Have skin that is easily cut or torn (fragile)

This study has been accepted by the NDSU Institutional Review Board (IRB) #0004181. If you are interested in being a participant in this study, or if you have any questions regarding this study or would like additional information please contact me at mickaella.langer@ndsu.edu or (701)840-0949.