



**Have you been experiencing low back pain and are between the ages of 18 and 50?**

**We are looking for individual who meet the above criteria**

This study will involve the use of the Biodex balance system to obtain data. The Biodex balance system is a device used to measure an individual's stability and balance. A Kinesio® Tape application will also be used to assess Kinesio® Tapes effectiveness on reducing pain and functional disability. You will be asked to complete two separate sessions in which a test will be performed on the Biodex balance system before and after a Kinesio® Tape application, as well as completing a pain and a disability form.

You may **NOT** participate if you:

- Have history of disc or spine disease or condition
- Have history of any neurological disease or condition
- Have a balance disorder or condition
- Have had any previous back surgery
- Have any allergies to adhesives
- Have any active malignancy site – cancer diagnosis
- Have cellulitis, any skin infection, or any open wounds on your lower back
- Have skin that is easily cut or torn (fragile)

This study has been accepted by the NDSU Institutional Review Board (IRB) #0004181. If you are interested in being a participant in this study, or if you have any questions regarding this study or would like additional information please contact me at [mickaella.langer@ndsu.edu](mailto:mickaella.langer@ndsu.edu) or (701)840-0949.