Advanced Nursing Education-Nurse Practitioner Residency Program

Background

- NDSU was awarded a four-year HRSA “Transforming the Workforce” grant.
- This is a collaborative project between North Dakota State University (NDSU) and Essentia Health.
- The program is in addition to Essentia’s Transition to Practice program and provides four NPs each year with additional intensive training and learning opportunities.
- The first residents began the program in October 2019.
- The purpose of the grant is to better prepare new NP graduates for rural practice and enhance job satisfaction and retention.

Qualifications

- Candidates: Graduates of ANY* nurse Practitioner Program within the last 18 months with a commitment to practice in a rural area. *Graduates do not have to be NDSU graduates.
- Four newly graduated NPs hired by Essentia in rural, underserved areas will be eligible for the residency program each year.
- Unlike most residency programs that have an application process, residents are selected by primary care leaders and the Transition to Practice team to participate yearly based on clinic need.

Structure

- 12 months, full-time salaried position.
- Specialty clinical rotations based on resident needs and interests.
- In person and virtual educational opportunities related to focus areas and other complex clinical challenges for rural NPs.

Focus areas

- Mental health emergencies and the opioid crisis
- Rural clinical readiness
- Telehealth
- Childhood obesity

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