



Essentia Health

NDSU NORTH DAKOTA STATE UNIVERSITY

Advanced Nursing Education-Nurse Practitioner Residency Fellowship Program



Background

- North Dakota State University (NDSU) was awarded a HRSA Nurse Practitioner Residency/Fellowship grant in 2019 and again in 2023.
- This is a collaborative project between NDSU and Essentia Health.
- The program is in addition to Essentia’s Transition to Practice program and provides newly graduated NPs additional intensive training and learning opportunities.
- The first residents/fellows began the program in October 2019.
- The purpose of the grant is to better prepare new NP graduates for rural practice and enhance job satisfaction and retention.

Qualifications

- Candidates: Graduates of ANY* Nurse Practitioner Program who have obtained a certification and license to practice no longer than 18 months before the start of the fellowship program, with a commitment to practice in a rural area. *Graduates do not have to be NDSU graduates.
- Newly graduated NPs hired by Essentia in rural, underserved areas will be eligible for the fellowship program each year.
- Unlike most fellowship programs that have an application process, fellows are selected by primary care leaders and the Transition to Practice team to participate yearly based on clinic need.

Structure

- 12 months, full-time salaried position.
- Specialty clinical rotations based on fellow needs and interests.
- In person and virtual educational opportunities related to focus areas and other complex clinical challenges for rural NPs.

Focus areas

- Rural clinical readiness
- Maternal health care
- Behavioral health
- Provider wellness and resiliency

For more information contact debra.steen@essentiahealth.org