College of Health & Human Sciences
Undergraduate Majors:

• Nursing:
  – BSN
  – RN to BSN
  – LPN to BSN
  – Accelerated BSN

• Health, Nutrition, Exercise Science:
  – Exercise Science
  – Nutrition Science
  – Sport Management

• Allied Sciences:
  – Medical Laboratory Science
  – Radiological Sciences
  – Respiratory Care

• Human Development & Family Science:
  – Adult Development and Aging
  – Child and Adolescent Development
  – Elementary Education/Child Development
  – Family Science
  – Social Work/Family Science
  – Social Work/Adult Development and Aging

• Health Services
• Pharmacy
• Introduce College & Programs
• Share Engagement Opportunities
• Review Advising Process
• Student Success
• Family Support
• Code of Conduct
Who are people in the college students should get to know?

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HHS Engagement Opportunities

• Living Learning Community
• Dual degree options in high demand fields
• Major-related lab spaces
• Internship opportunities
• Student organizations

• Undergraduate research opportunities
• Cooperation with local health care agencies
  – Sanford
  – Essentia
  – VA
  – Many more!
Getting started... first semester and beyond

- Students will work with advisors today to register for their first semester.
- Students work closely with advisors to plan for their future semesters.
- Expect adjustment to new homework load, more students in classes, and more independence required.
- Faculty are here to help and appreciate students reaching out when they are struggling.
Academic Advising & Registration

- Academic Advisor is very important person to get to know. Advising is not just about class selection—they take a holistic approach to student success.
- 14-16 credits recommended each semester to graduate in 4 years
- Advising during Orientation – this afternoon
  - Student will meet with academic advisor for their major
  - Academic advisor has pre-loaded classes into the registration system based on each students’ transcripts, placement scores, and chosen major following pre-established curriculum approved for each major.
  - Students will meet as group with academic advisors, review the pre-loaded classes and choose electives
  - Register for classes using Campus Connection
  - Family members may not be present during registration
    - If questions about what student registered for, student may contact advisor. Do NOT make changes without talking with an advisor, as it could be a detriment to timely academic progression.
Student Habits for Success

• Student Work/Life balance
  – Make time for class attendance, studying, well-being, AND campus events / fun

• Time Management
  – There is a lot of unstructured time that is meant for out-of-the classroom work. If student doesn’t make a plan, it won’t happen.

• Attend class and turn assignments in on time
  – Faculty typically do not make exceptions
  – Deadlines and dates are in the syllabus and sometimes updated in class or email

• Students should contact faculty with questions, clarifications, necessary absences, concerns.
  – Use faculty office hours—these are hours that faculty specifically schedule to be available to students.
  – Email and Zoom appointments can also be quick and convenient ways to connect.
Student Habits for Success

• Use campus resources
  – Academic Advisors – they are a resource and know the resources
  – ACE Tutoring, Center for Writers, Center for Accessibility & Disability Resources, TRIO Student Support Services, Counseling, Rising Scholars, Student Health Service and many more.
  – Check them out at the resource fair this afternoon as well as in your New Student Guidebook.

• Take care of personal well-being (i.e. sleep, eat well, stress management, etc.)
  – When student is physically, mentally, and emotionally well, it’s much easier to focus on academics.
  – Dining centers, Student Health Services, and the Wellness Center all help

• Get involved outside of the classroom
  – explore interests and meet like-minded people – something for everyone!
  – Major related clubs are a great way to connect to people outside of class
How can families be supportive?

• Listen and ask questions
  – Expect that there will be some adjustment issues – that doesn’t mean that things are necessarily going poorly
• Acknowledge that transition can be overwhelming and takes time
  – Find a balance of helping your student find their independence and supporting them
• Encourage self-care and healthy habits
  – Sleep is important
  – Healthy food options are available
  – Connecting to peers is essential for well-being
  – Activities for everyone
• Remind students there are campus resources and encourage their use
• Remind students to check NDSU email so they stay well-informed
Introduction

Code of Conduct

The mission of the NDSU College of Health Professions is to educate students and advance research and professional service in pharmacy, nursing, allied sciences, and public health. … Pharmacists, nurses, allied health care professionals, public health professionals, and pharmaceutical scientists must live up to the high ideals of their profession. Their lives must be guided by the principles of honesty and integrity, in order to ensure that the public can regard their words and actions as unquestionably trustworthy.
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