OutcomesMTM leverages local relationships among pharmacists, patients and prescribers, plus innovative technology, to advance the Face-to-Face Difference™ in Medication Therapy Management (MTM). OutcomesMTM is contracted with more than 40 U.S. health plan sponsors, commercial plans, employers, Medicaid and other state programs, providing MTM coverage to 5 million patients and linking more than 60,000 local chain, independent, consultant and health-system pharmacy providers with contracted plans across the country. OutcomesMTM provides consistency across its programs, including network requirements, covered services, policies and procedures, quality-assurance, documentation standards and reporting. OutcomesMTM-contracted plans outperform the national average in all five triple-weighted Patient Safety Measures.

Today there are over 150,000 BCBSND members eligible for MTM services.

**Standard Covered Services**
The following MTM services are covered services in the OutcomesMTM program:

- **Comprehensive Medication Review (CMR)**
  - An interactive, person-to-person medication review and consultation of the patient’s medications (including prescriptions, over-the-counter (OTC) medications, herbal therapies, and dietary supplements) performed in real-time by a pharmacist with a summary of the results of the review provided to the patient in the standardized format.

- **Prescriber Consultation**
  - A consultation between a pharmacist and a patient’s prescriber to identify, resolve, and/or prevent the occurrence of one or more medication-related problems in which the prescriber’s approval for a change in therapy is required.

- **Patient Adherence Consultation**
  - An interactive, person-to-person consultation between a pharmacist and a patient to identify, resolve, and/or prevent the occurrence of medication overuse, medication underuse or inappropriate medication administration.

- **Patient Education & Monitoring**
  - An interactive, person-to-person consultation between a pharmacist and a patient to provide education and monitoring under circumstances where the patient has received a new medication or change to an existing medication to identify, resolve, and/or prevent the occurrence of one or more medication-related problems.

The company is headquartered in West Des Moines, Iowa, and may be found online at [www.outcomesmtm.com](http://www.outcomesmtm.com).