

Registration Form

Sanford Obesity Symposium March 13, 2015

Registration Fee: \$25

Early Registraton Deadline: March 6, 2015

A late fee of \$10 will be charged for registrations postmarked after March 6.

Name: _____

Position/Title: _____

Organization:_____

Credentials/Certification: _____

Address:_____

City: _____ State: _____ Zip Code:_____

Telephone: () _____

E-mail: _____

(Symposium, including registration confirmation, correspondence will be sent via email.)

Special dietary needs (i.e. vegetarian, etc.):

Payment Method:

- ☐ Check (Payable to Sanford)
☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

Cardholder Name_____

Card Number _____

Expiration Date_____ Zip Code (billing address)_____

Signature _____

To Register:

Mail: Send payment with registration form to Sanford Center for Learning, Rt. 1511, PO Box 2010, Fargo, ND 58122-1511.

Questions or more information? Call Sanford Center for Learning at (701) 417-4802 or (800) 437-4010. Visit our website at sanfordhealth.org for additional information and a complete conference listing. Please share extra brochures with your colleagues.

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Sanford
PO Box 2010
Fargo, ND 58122

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HEALTH

Sanford Obesity Symposium

March 13, 2015
Holiday Inn
3803 13th Ave S.
Fargo, ND

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HEALTH

Sanford Obesity Symposium

The purpose of this symposium is to enhance the knowledge and competence of participants by providing an update on the latest research associated with the prevention, treatment and management of obesity. The target audience includes primary care physicians, pediatricians, specialty care providers, advanced practice providers, licensed registered dietitians, nurses, and other interested health care professionals.

Learning Objectives

- Upon completion of this activity, participants should be able to:
- Explore current obesity prevention and treatment guidlines for adults and children.
 - Discuss treatment options for binge eating disorder, night eating syndrome and other co-morbidities.
 - Recognize the risk of obesity in realtion to diabetes, cancer and other illnesses.

Faculty

Jon Ulven, Ph.D.
Chair, Adult Psychology, Sanford Professional Building

Rory Beil, B.S.
CassClayAlive Program Director, Dakota Medical Foundation

James Mitchell, M.D.
President, NRI; Chair, Pyschiatry & Behavioral Science, UND

Mary Markland, M.A., A.H.I.P.
Southeast Clinical Campus Librarian, Harley E. French Library of the Health Sciences

Carrie Brower-Breitwieser, Ph.D., L.P., B.C.B.A.- D.
Pediatric Psychologist, Sanford Childrens Broadway Clinic

Ron Wiisanen, M.D.
Medical Bariatrics, Sanford Eating Disorders & Weight Management Clinic

Luis Garcia, M.D., M.B.A., F.A.C.S.
Chair, Bariatric Surgery, Sanford Medical Center

Lisa Jahns, Ph.D., R.D.
Research Nutritionist, Grand Forks Human Nutrition Research Center

Shelby Terstriep, M.D.
Medical Oncologist, Sanford Roger Maris Cancer Center

Andrea Haugen, R.D., L.R.D., C.D.E.
Clinical Dietitian Supervisor, Sanford Diabetes Center

Linda Bartholomay, R.D., L.R.D.
Manager of Diabetes Education and Outpatient Nutrition Therapy, Sanford Diabetes Center

Program Agenda

7:30-8:20 a.m.	Registration & Continental Breakfast
8:20-8:30 a.m.	Welcome & Introductions
8:30-9:15 a.m.	Motivational Interviewing: Options in Obesity Prevention & Weight Loss Jon Ulven, Ph.D., L.P.
9:15-10 a.m.	What Surrounds Us Shapes Us Rory Beil, B.S.
10-10:30 a.m.	Break
10:30-11:15 a.m.	(Optional Exercise at 10:20 a.m.) - Adam Krueger
11:15-11:45 a.m.	Binge Eating Disorder & Night Eating Syndrome James Mitchell, M.D.
11:45 a.m.-12 p.m.	Obesity Prevention & Weight Loss Resources Mary Markland, M.A., A.H.I.P.
12-1p.m.	Q & A Panel
1-2 p.m.	Lunch
	Concurrent I
	A. Assessment & Treatment of Pediatric Obesity: Currrent Guidelines & Recommendations Carrie Brower-Breitwieser, Ph.D, L.P., B.C.B.A.-D .
	B. Use of Pharmacologic Agents in Medical Weight Loss Treatment Ron Wiisanen, M.D.
	C. Biology of Eating, Appetite & Weight Regulation James Mitchell, M.D.
2-3 p.m.	Concurrent II
	A. Adult Obesity: An Update James Mitchell, M.D.
	B. Bariatric Surgery: Medical & Surgical Complications Luis Garcia, M.D., M.B.A., F.A.C.S.
	C. Obesity Prevention: What we know, what we hope & what the science tells us Lisa Jahns, Ph.D., R.D.
3-3:15 p.m.	Break
3:15-4:15 p.m.	Concurrent III
	A. The Relationship between Obesity & Cancer Shelby Terstriep, M.D.
	B. Diabetes Prevention Program Andrea Haugen, R.D., L.R.D., C.D.E.
	C. Ensuring Nutritional Health after Weight Loss Surgery Linda Bartholomay, R.D., L.R.D.
4:15 p.m.	Adjournment

For your comfort, we recommend dressing in layers as it is difficult to contol the room temperature in conference facilities.

Registration

Pre-registration is required. For more information, call (800) 437-4010, ext. 417-4802. The early registration deadline is March 6, 2015. The fee, less \$10, will be refunded if you choose to cancel on or before March 10. No refunds will be given after March 10.

Participants with disabilities who require assistive devices and accessible meeting rooms in order to attend this educational activity may call Sanford Center for Learning at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655.

Accommodations

A block of rooms has been reserved at the Holiday Inn. Room reservations must be received by Feb. 13. Reservations can be made by calling (877) 234-6655. Visit www.fargohi.com for more information.

Continuing Education Credit/Contact Hours

Sanford Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Sanford Health designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sanford Health Center for Learning is an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

5.8 ANCC contact hour(s)

An application for pre-approval has been sent to the commission on Dietetic Registration.

Planning Committee Members

James Mitchell, M.D., Co-Chair
Linda Bartholomay, R.D, L.R.D., Co-Chair
Luis Garcia, M.D., M.B.A., F.A.C.S.
Chris Tiongson, M.D.
Ron Wiisanen, M.D.
Vishnu Parvathereddy, M.D.
Jo Burdick, M.S., R.N.
Naomi Aufman, M.S.
Carrie McLeod, M.B.A., M.S., R.D., L.R.D., C.D.E.