



The Cass Clay Food Systems Initiative presents:
“Growing Together through Community Gardening”

March 14, 2014 - Public Forum 7:00pm – 9:00pm

Speaker: Robin Garwood from Homegrown Minneapolis

How Local Government Can Support the Local Food Economy

Robin Garwood has served as Senior Policy Aide to Minneapolis City Council Member, Cam Gordon, since 2006. He has been involved in many aspects of the Homegrown Minneapolis Initiative, chairing the Urban Agriculture Policy Plan steering committee, co-chairing the Commercial Use of Local Food Subcommittee of the first phase of the Homegrown Initiative, and coordinating efforts to change Minneapolis ordinances on composting, farmers markets, mobile grocery stores, staple food requirements at grocery stores, and more. He is the Minneapolis City Council’s appointee to the Minneapolis Bicycle Advisory Committee and Tree Advisory Commission, and serves on the boards of the Minneapolis Bicycle Coalition and FairVote Minnesota.

Lightning talks on FM local food promotions and activities

**FM Chef Association
Faith Communities
Botanical Gardens
Seed Library
Growing Together Community Garden
Probstfield Community Garden
Prairie Roots
Victory Gardens
Million Square Feet Garden Challenge**

**Location: Dakota Medical Foundation
4141 28th Ave S, Fargo**



The Cass Clay Food Systems Initiative presents:
“Growing Together through Community Gardening”

March 15, 2014 - Workshop 8:30am – 4:00pm

Learn about various approaches to community gardening, organizing volunteers, victory gardens, soil preparation and much more

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| 8:30 – 9:00 | Registration |
| 9:00 – 9:30 | Greetings |
| 9:30 – 10:15 | Local Victory Gardens in WWII and 2014 – Markus Krueger |
| 10:15 – 11:00 | All About Soil and Garden Location – Todd Weinmann,
Randy Nelson |
| 11:00 – 11:15 | Laughing Yoga – Anita Marocco |
| 11:15 – 12:00 | Growing Together – Jack Wood and Jamie Holding Eagle |
| 12:00 – 12:45 | Lunch provided |
| 12:45 – 1:00 | Symphony of Soils Sonata |
| 1:00 – 1:45 | Putting “Community” in the “Community Garden” – Abby
Gold |
| 2:00 – 2:45 | Parish Nurses Association – Brenda Bauer and Bev Gravidahl |
| 3:00 – 3:45 | The New Master Gardener Program – Esther McGinnis |
| 3:45 – 4:00 | Growing Together Challenge and Idea Sharing |

Registration Fee - \$25.00

Register at – <https://communitygardenworkshop.eventbrite.com>

Location: Dakota Medical Foundation
4141 28th Ave S, Fargo

Growing Together Through Community Gardening Session Descriptions

Session 1: Local Victory Gardeners in WWII and 2014**Markus Krueger, Visitor Services Coordinator, Historical and Cultural Society of Clay County**

During WWII the people of Clay County were among the millions of Americans who planted gardens for the war effort. This talk explains how gardens helped win the war, examines the local Victory Garden movement, and encourages everyone to plant their own Victory Garden this spring

Session 2: All about Soil and Garden Location**Todd Weinmann, Extension Agent, Cass County, NDSU and Randy Nelson, UMN Extension Educator, Clay County**

This session will talk about proper garden location, soil testing, soil preparation, and weed control.

Session 3: Parish Nurse Association**Brenda Bauer and Bev Gravdahl, Nurses with the Parish Nurse Association**

How can the Faith Community connect with community gardens? Gardening is a spiritual practice.

Session 4: Growing Together**Jack Wood and Jamie Holding Eagle, Community Garden Organizers**

Growing Together is a community garden organization hosting over 100 new American families in Fargo. Learn about Growing Together gardens and how they are structured. Volunteer opportunities are available.

Session 5: Putting “Community” in the “Community Garden”**Abby Gold, Nutrition and Wellness Specialist/Assistant Professor, NDSU Extension Service/University of Minnesota Extension**

Some things seem like they should be easy and effortless. For example, anyone who participates in a community garden should be community-oriented and contribute to the betterment of the whole garden, right? Well, we know that doesn't always happen equitably. This session will examine ways to help people understand the importance of the word “community” as it relates to “garden.”

Session 6: The New Master Gardener Program**Esther E. McGinnis, Extension Horticulturist/Assistant Professor, NDSU Department of Plant Sciences**

Learn about exciting changes in the North Dakota Master Gardener Program. We are building community leaders to beautify their towns, improve people's diets, and work with children.