

HEALTH PROMOTION

The Health Promotion specialization of the NDSU Master of Public Health program prepares health professionals to be leaders in public health and to work in a variety of settings.

The specialization explores contemporary health promotion for individuals, groups, organizations and communities using a socio-ecological model of health. The fundamental concepts include foundations, values and principles of health promotion; assessing health needs; implementing and evaluating programs; and policies and systems to promote healthy behaviors. Students will learn how to advocate for health in a variety of settings.

Our faculty members have expertise in many areas, including nutrition, physical activity, obesity, substance abuse prevention, Extension education, community food systems and chronic disease management.

The Health Promotion specialization is appropriate for health educators, exercise scientists, dietitians, professionals in Extension education and social

service, and others who want to learn how to improve the health and well-being of people.

Upon completion of the specialization, students are eligible and encouraged to take the certification examination to become a Certified for Health Education Specialist.

Admission into the Health Promotion specialization requires sufficient academic course work or experience in community health, health education or social services, or a combination. Applicants should address their education and work experience qualifications in their letter of application.

Students take the required Master of Public Health core courses, including Biostatistics, Epidemiology, Leading and Managing Public Health Systems, Environmental Health, Health Care Delivery in the U.S., and Social and Behavioral Sciences in Public Health. In addition, students are required to complete the Master of Public Health practicum and a master's paper, each focused on health promotion.

18-CREDIT SPECIALIZATION CURRICULUM

Required courses	Credit hours
HNES 721: Health Promotion Programming.....	3
HNES 725: Promoting Health through Policy, Systems and Environment.....	3
HNES 727: Physical Activity Epidemiology.....	3
HNES 745: Community Health Leadership.....	3
NURS 715: Advanced Community Assessment.....	3
HNES 724: Nutrition Education or HNES 726: Nutrition in Wellness.....	3

For more information and to apply to the Master of Public Health program, visit www.ndsu.edu/publichealth.