COLLEGE OF HUMAN DEVELOPMENT & EDUCATION
MAJOR: EXERCISE SCIENCE
ACADEMIC YEAR: 2013-2014
DEGREE TYPE: B.A. or B.S.
REQUIRED DEGREE CREDITS TO GRADUATE: 122

GENERAL EDUCATION REQUIREMENTS – 40 CREDITS

Lower Division Requirements – 37 Credits
First Year Experience (F) - 1 Credit
HD&E 189 Skills for Academic Success 1 cr
Students transferring in 24 or more credits do not need to take HD&E 189.

Communication (C) - 9 Credits
ENGL 110 College Composition I 3 cr
ENGL 120 College Composition II 3 cr
COMM 110 Fundamentals of Public Speaking 3 cr

Quantitative Reasoning (R) - 3 Credits
STAT 330 Introductory Statistics 3 cr

Science & Technology (S) - 10 Credits
*BIO 220/L Human Anatomy & Physiology I/Lab 3/1 cr
*CHEM 121 General Chemistry I 3 cr
CSCI 114 or Microcomputer Packages 3 or 4 cr
116 Business Use of Computers

Humanities & Fine Arts (A) - 6 Credits
Select from current general education courses www.ndsu.edu/registrar/gened/

Social & Behavioral Sciences (B) - 6 Credits
PSYC 111 Introduction to Psychology 3 cr
PSYC 211 Introduction to Behavior Modifications 3 cr

Wellness (W) - 2 Credits
HNES 250 Nutrition Science 3 cr

Cultural Diversity (D)
Select from current general education courses www.ndsu.edu/registrar/gened/

Global Perspectives (G)
Select from current general education courses www.ndsu.edu/registrar/gened/

Upper Division Requirements - Writing – 3 Credits
Select from current general education courses www.ndsu.edu/registrar/gened/

EXERCISE SCIENCE REQUIREMENTS – 59 CREDITS

Biological Science (B) - 7 Credits
HNES 465 Physiology of Exercise 3 cr
HNES 466 Physiology Exercise Lab 1 cr
HNES 467 Exercise Assessment and Prescription 3 cr
HNES 475 Exercise Science Internship (Capstone) 12 cr
HNES 476 Exercise Testing Laboratory 2 cr
HNES 491 Seminar/ES Internship 1 cr
HNES 496 Field Experience 1 cr
HNES 496 Field Experience 1 cr
PHYS 211 College Physics I 3 cr
PHYS 211L College Physics I Lab 1 cr

Department Requirements
* BIOL 220/L, CHEM 121, PSYC 111 and 211, and HNES 250 are listed in the Science & Technology, Social & Behavioral Sciences, and Wellness categories of general education.

DEGREE REQUIREMENTS – 22 CREDITS TO REACH 122

Degree Requirements and Notes:
• A cumulative GPA of 3.00 is required for graduation. No more than two grades of ‘C’ may be received in Exercise Science curriculum courses.
• With the exception of field experience and internships, courses under the Exercise Science requirements may not be taken Pass/Fail.
• *Requires a grade of ‘B’ or better.

Bachelor of Arts (BA) Degree – An additional 6 credits of Humanities and Social Sciences and two years of one modern foreign language at the college level or equivalent are required.