## Major: Human Development & Family Science
### Option: Adult Development & Aging Option

**Degree Type:** B.A. or B.S.  
**Required Degree Credits to Graduate:** 122

### General Education Requirements

#### First Year Experience (F):
- **HD&E 189**: Skills for Academic Success (Students transferring in 24 or more credits do not need to take HD&E 189.)  
- **ENGL 110**: College Composition I  
- **ENGL 120**: College Composition II  
- **ENGL 325**: Writing in the Health Professions  
- **ENGL 358**: Writing in the Humanities and Social Sciences  
- **ENGL 459**: Researching and Writing Grants and Proposal  
- **COMM 110**: Fundamentals of Public Speaking

#### Communication (C):
- **ENGL 110**: College Composition I  
- **ENGL 120**: College Composition II

#### Quantitative Reasoning (R):
- **STAT 330**: Introductory Statistics

#### Science & Technology (S):
- **CSCI 114**: Microcomputer Packages  
- **CSCI 116**: Business Use of Computers

A one-credit lab must be taken as a co-requisite with a general education science/technology course unless the course includes an embedded lab experience equivalent to a one-credit course. Select from current general education list

#### Humanities & Fine Arts (A):
Select from current general education list

#### Social & Behavioral Sciences (B):
- **PSYC 111**: Introduction to Psychology
- **SOC 110**: Introduction to Sociology

#### Wellness (W):
Select from current general education list

#### Cultural Diversity (D):
- **HDFS 475**: Children and Families Across Cultures

#### Global Perspectives (G):
Select from current general education list

### Total Credits

**40**

### Major Requirements

A grade of ‘C’ or better is required for all HDFS prefix courses for graduation.

#### General Education Requirements

**40**

#### Human Development & Family Science Core Requirements

- **HDFS 110**: Introduction to Human Development and Family Science
- **HDFS 135**: Family Science
- **HDFS 230**: Life Span Development
- **HDFS 250**: Introduction to Research Methods in Human Development and Family Sciences
- **HDFS 353**: Children, Families and Public Policy
- **HDFS 475**: Children and Families Across Cultures

Select one of the following:

- **HDFS 496**: Field Experience
- **HDFS 496 & HDFS 491**: Field Experience and Seminar (and Senior Thesis)
- **HD&E 320**: Professional Issues

**5**
Adult Development & Aging Option Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 360</td>
<td>Adult Development and Aging</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 481</td>
<td>Gender and Aging</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 482</td>
<td>Family Dynamics of Aging</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 300-400 Level</td>
<td>Major Electives (cannot include HDFS 496)</td>
<td>9</td>
</tr>
</tbody>
</table>

Minor Plan of Study

A minor plan of study is required outside of the HDFS department for all options.

Degree Requirements: Potential of 42 credits to reach 122

| Total Credits | 122 |

Degree Requirements and Notes

- A 2.50 cumulative GPA is required in major courses for graduation.
- Courses taken Pass/Fail will not be used to satisfy any requirement other than total credits.