



# COMMUNITY GATHERING



## NORTH DAKOTA STATE UNIVERSITY



**Title:** August Community Gathering, Activity & Dinner

**Learning Goal and Outcomes:**

- Creating Connections | Getting to know their neighbors
- Explore Identity | Explore Individuality
- Developing Community | Assist in the Implementation of guidelines for the community

**Timeframe:** August 24, 2019 from 5pm-7:45pm

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### Before the Community Gathering

Review the lesson plan and ensure you are prepared for gathering.

Collect the following from your hall office:

\*About Me Surveys

\*Welcome Week Cards

Meet with Welcome Week Group Lead prior to the gathering and knock on doors.

### During the Community Gathering

As students arrive, please hand out their Welcome Week Group Number Card. (card includes: student name, room number, group number, meeting locations and where to find the schedule)

Welcome

RA & Welcome Week Group Lead Introduction

- Please share: Name, major, year, home town, what NDSU means to you (this could include how you got involved, how your decision to be at NDSU has been impacted by major, etc.)
- RA share your role is to support them, answer their questions, help them acclimate to NDSU and to help them get connected with other people in the community.
- Welcome Week Group Lead share your role is to serve a resource and help students transition to campus.
- Note: Hall Director will stop by as they get throughout the meeting. Provide them with opportunity to say hello.
  - HD will share: who they are, where they are from, how they can find you and what type of support they provide to students.

ACTIVITY (RA Facilitates)

- Have all students stand as they are able.
  - "Please sit down if your hometown is 250,000 people or larger. This is the size of the Fargo-Moorhead, West Fargo communities"



- “Please sit down if your hometown is 125,000 people or larger. This is the size of Fargo.”
- “Please sit down if your hometown is 15,000 people or larger. This the size of NDSU.”
- “Please sit down if your hometown is 4,000 people or larger. This is how many people live on-campus.”
- “Please sit down if your hometown is 450 people or larger. This is the size of our largest hall.”
- “Please sit down if your hometown is 70 people or larger. This is the average size of a res hall floor.”

At this point-if there are about 6-10 people standing, ask each of them to introduce themselves, and how many people are in their hometown. Then they can sit down.

### Community (RA Facilitates)

- Thanks for participating. Our community is made up of a variety of individuals all with different experiences. For some of you, this is going to feel like a very small space and for others of you, this is going to feel like a very big community. Ultimately, there are many of us in a small space and so there are somethings we have to do to make sure everyone is successful here at NDSU.
- As our community develops, we want to ensure everyone feels safe and enjoys their time together. For us to all feel safe, we want to share the following:
  - To get into the hall, you have to use your ID which you should have at all times as our buildings are locked.
  - It is important to lock your room while you aren't there.
    - If by chance, you get locked out of your room during the day, try to find your hall director or an RA. From 6pm-7:30am, call the RA duty phone.
  - To get to know others in our community, if you are home keep your door open.
  - If you see someone in the community or “trails” you in from the locked doors but doesn't seem to be a resident, feel free to ask if they live there or if they are meeting someone that lives there, they need to stay on the outside of the locked door. You are responsible for all of your guests from the time they enter the building until they leave and you need to be with them, anyplace in the building.
  - We have an app called Pathlight that can be used to track your safety when going from one place to another.
- Amenities that we provided within the hall are:
  - Laundry
    - As a part of your fees, laundry is unlimited!
    - Explain how laundry works within your hall (sign ups, etc.)
  - Custodial Staff
    - Share the name of your custodian and what they clean within your community.
  - Hall Office

- Our desk is open seven days a week from 6-9pm.
  - We have vacuums, movies, games, pots and pans that you can check out. Check out the list at the desk for all we have.
- Hall Spaces
  - We have a variety of spaces you can use throughout the building. Spaces we have include lounges, rec room, study spaces, kitchen, etc. Take time to just hang out and use the spaces within our hall to connect with others.
- RHA Cinema
  - As a part of your fees, RHA Cinema is provided for you! It is an online video streaming service available to students living in the residence halls. It is easy to connect to using your laptop or tablet. Watch over 100+ movies/TV shows while in the hall.
- The Dining Centers are a great place to eat and connect with others. You can download the NDSU Dining app to get the menus for each dining center. My favorite thing about the Dining Centers are \_\_\_\_\_.
- Information to share about Dining Centers:
  - Three locations: Residence Dining Center (RDC), West Dining Center (WDC) and Union Dining Center (UDC)
  - Explain what it means to have a 5 day or 7 day meal plan
    - Students can eat as many times a day as you want! (share examples that you can go get a coffee at the RDC Coffee Shop or pizza at the WDC or ice cream in the UDC)
  - Share the WDC updates (7 day location, allergy free station, etc.)
  - Explain how they enter the Dining Center by using the finger scanner-we will be doing that tonight when we go to dinner.
  - Share information on the Dining Apps:
    - Get App: Students can track how many guest passes they have left.
    - Menu App: Students can look at what is on the menu at any of the dining centers.
- We want to ensure we all have a good experience in our community. We all have the opportunity to take ownership of our space and respect it

#### Activity | Corners (WW Group Lead Facilitates)

- Have the students break up into academic college or in major. Once in group, meet someone new. Share the following with that person:
  - Name, major, home town, one thing they are nervous about, one thing they are excited about.
  - Academic Colleges include:
    - College of Agriculture, Food Systems and Natural Resources
    - College of Arts, Humanities and Social Sciences
    - College of Business
    - College of Engineering
    - College of Human Sciences and Education

- College of Health Professions
- College of Science and Mathematics
- Exploratory

#### Academic Success (WW Group Lead Facilitates)

- We're here to help you get set up to be successful in and out of the classroom. There are lots of tools at NDSU to help you through this.
- Initially trying to find your classes can be hard but you have an app that can help you! Share about Navigate (class schedule, how to find classes (GPS), schedule meetings with advisor, set goals)
- We will have classroom tours on Sunday and Monday from 1pm-5pm.
- myNDSU-which we will talk about in a little bit

#### Individuality | About Me Survey (RA Facilitates)

- We all bring something different to the table which is awesome. It brings our community together and the reality is that conflict can arise. We ask that you take a few minutes to think about who you are and what you need to be successful while living on campus.
  - RA will hand out the About Me Survey and ask students to complete the survey. Collect it after students are done.
  - The second part of this is that you and your roommate/suitemates need to sign up for a time with me in the next couple weeks to fill out your roommate success plan. As much as you are all getting along right now, we want to make sure you have something to fall back on when things get tough. The sign-up is located right outside my door.

#### Activity | When the Wind Blows (RA Facilitates)

- Have one student start in the middle and they say "The Great Wind Blows if I want to \_\_\_\_" and then whoever standing in the circle around them who wants to blank would run to a different spot in the circle, it cannot be next to them.
- Whoever doesn't have a spot is the next person to go. When the person gets in the middle, have the group say "Hi Name" of whoever is in the middle of the circle and then have them respond with a hello.
- Examples to get them started:
  - I want to be an RA
  - I want to attend athletic event
  - I want to join a club or organization
  - I want to run for Hall Government

#### Connections & Ways to get involved

- We have a variety of activities we can go to as a community and an easy way to get connected. You can choose your own adventure. We would encourage you to

attend the Student Involvement Expo on Wednesday, September 4. (RA can share if they are going and a time)

- Several opportunities we want to highlight are:
  - Hall Government | Applications due September 1 at 11:59pm
  - Fraternity and Sorority Life
  - Attending Athletics Events
  - Intramurals
  - We have over 300 + club and organizations to explore

#### Welcome Week Overview (WW Group Lead)

- Welcome Week provides opportunities to learn resources across campus and connect with other students in a fun way.
- It is important to know what you must attend throughout the week.
  - The required events are established for you to learn about NDSU, being the best student you can be and how to navigate your experience. Returning students share with that they feel more a part of the campus community by attending the events.
  - Some of the REQUIRED events include:
    - Green/Yellow Rally
    - Saturday Night Live which is tonight
      - There will be a variety of activities happening in the union from music, crafts, service activities, tie dye, carnivals and fitness classes. If you're interested in the fitness classes, please wear your tennis shoes. Also, consider bringing a sweatshirt. We will give you a few minutes to go get them before we leave for our next activity.
    - Group Meetings
    - Presidents' Welcome
    - Academic College Meetings
    - 3 Meeting Rotation on Monday
  - The signature events provide opportunities to connect and meet others as well as have fun! A variety of free things at each event!
  - Several of the SIGNATURE events include:
    - Sunday: Outdoor Movie at 8pm
    - Monday:
      - Hall Socials at 6:30pm
    - Tuesday:
      - Laugh Night with Comedian Ian Lara at 7:30pm
    - Wednesday:
      - Greek BBQ at 5-7pm
      - Wellness in Motion 6pm-9pm
    - Thursday:
      - Bison Block Party at 6pm
    - Friday:
      - Campus Attraction Preview Night at 9:30pm-1am

- It is important that students attend the required events as it will help to set them up for success here at NDSU. We want to connect with you assist you you're your transition into college so we look forward to getting to know you over the next week.

### Divide into Groups

When you arrived tonight, you were given a card. Please pull that card out and if you are # (read the group numbers) and divide into different corners/areas of the community space.

### Activity | Adjective Game (WW Group Lead)

- Start with having students learn each other names. Go around the circle and have everyone state the following:
  - Their name with a matching adjective (Definition of an adjective: a word or phrase that describe a noun. Examples: Jumping Jessica, Excited Eric, Animated Angie, etc.)
  - As each person shares, have the entire group repeat each person's adjective, name and action.

### Group Information (WW Group Lead)

- Welcome them to your group and share what you hope
- Ask the students to get their phones out and download GroupMe. Share the group with them or add them directly.
  - Explain the purpose of the GroupMe is to communicate, provide reminders and support them throughout the weekend.
- Explain that the way to learn about we are to be doing throughout the weekend is through using myNDSU. Each resident has been added to your group.
- Reminders:
  - We will meet on Sunday at (TIME) and (LOCATION).
  - As we shared before, for Saturday Night Live if you're interested in the fitness classes, please wear your tennis shoes.

Bring the entire floor back together and explain the next activity.

- Dinner Reminder:
  - Please remind students to have their IDs with them and explain that they will use their finger scanner to get into the Dining Center. Please sit together where the hall sign is once we get to dinner. Everyone will be dismissed at the same time to go to our next activity.
- Activity Reminder:
  - Please gather in your community to do the following activities to continue to encourage students to create connections. (If you eat dinner first, following dinner please do activities around your hall. Allow time to get tennis shoes or sweatshirt prior to heading to dinner or Churchill Field.

#### 6:30pm-7:15pm Activity or Dinner

- West Dining Center:
  - Thompson
  - Sevrinson
- Residence Dining Center:
  - Burgum
  - Stockbridge
  - Churchill
  - Dinan
- Activities:
  - Pavek, Seim, RJ, Weible, Cater

#### 7:15pm-7:55pm Dinner or Activity

- West Dining Center:
  - Seim
  - Pavek
- Residence Dining Center:
  - RJ
  - Weible
  - Cater
- Activities: Thompson, Sevrinson, Burgum, Stockbridge, Churchill and Dinan

#### Activities:

- Ninja
  - The group stands in a circle, and one person begins as “The Ninja.” The ninja then takes both hands palms together above their head and karate chops towards someone else in the circle. That person then becomes the ninja and puts both hands above their head, palms together. As soon as the ninja raises their hands, the two people adjacent to them must karate chop in towards the stomach of the ninja (do not actually hit the ninja! If anyone misses a cue, then they are out. Sound effects make this game even more fun, and you can challenge the group by speeding up as the game goes on.
- Zoom
  - This is a passing game, but with words, not objects.
  - The group stands in a circle facing the inner part of the circle and one person begins by saying “zoom” and looking either to the right or left as they say it-this starts the rotation in the direction they look. The next person who it was “thrown” to, can either say “zoom” and it continues in the same direction, or “irk” and it reverses the direction. If a person does not respond correctly to the direction, they are “out” and steps out of the circle and then the game continues until only one person remains.

- Hand Clapping game
  - This is similar to Zoom, but is done with the group lying down on the ground with their arms out and intertwined with the person on either side of them. One person taps their hand once (palm down on the ground), that passes it the direction of the hand (left hand, tap once, then it goes left). The next person can either tap their left hand once to keep going to the left or their right hand twice to pass it back to the person on the right. Same thing as Zoom if someone messes up, they step out of the circle.
- Ultimate Rocks Paper Scissors
  - Ask players to spread out and find a partner. Each pair plays a best of three round of Rock, Paper, Scissors. The losing player then stands behind the winning player and enthusiastically cheers for that player.
  - This new team then finds another team to play a new round of Rock, Paper, Scissors. Each time a team wins, it collects the other team's players, and they line up behind the unbeaten leader.
  - At the end, there will be two large teams, led by the unbeaten leader in front. After the final match, the celebration begins!
  - Traditional rules of Rock, Paper, Scissors...
    - Rock is formed by making a fist. Rock "beats" Scissors, by breaking them. Rock is beaten by the signal for Paper, as Paper covers Rock.
    - Scissors is formed by horizontally extending your middle and index fingers (a sideways peace sign). Scissors "beats" Paper by cutting it. Scissors are beaten by Rock, as Rock smashes Scissors.
    - Paper is formed by holding your hand out straight, with palm facing down. Paper "beats" Rock by covering it. Paper is beaten by Scissors, as Scissors cut Paper.
- Song Game
  - Split the group into two teams. Allow one group to pick a word. They have to sing a song using that word. Similar to a Riff-Off. Go back and forth several times.

Please begin arriving at Churchill Field at 7:45pm.

### **After the Community Gathering**

Follow up with the residents who weren't present.