NORTH DAKOTA STATE UNIVERSITY

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Title: Why NDSU?

Learning Goal and Outcomes:

Exploring Identity

- Explore their individuality
- Place value in themselves
- -Exhibit confidence in their actions

Timeframe: October 6- October 26

Before the Intentional Conversation

Note: These will likely be covered in staff meeting, so please review and be ready to discuss

- Familiarize yourself with WOOP (Wish, Outcome, Obstacle, and Plan) my life (http://woopmylife.org/new-page-3) and the steps, definition of terms, and the digital app.
- Familiarize yourself with SMART (Smart, Measurable, Attainable, Relevant, and Timebased) goals (https://www.mindtools.com/pages/article/smart-goals.htm) and the steps, definition of terms, and goal setting process

Consider this as you go into the conversation with your students:

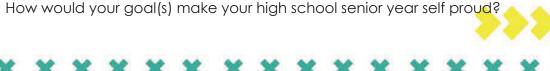
The purpose of the IC is to get students to reflect on why they came to NDSU and what they want to accomplish. The focus should be on their academic goals, their social life plans, and their personal growth on-campus and within the hall.

During the Intentional Conversation

Things you should know by the end of the conversation

- Major What is their program of study? If they are undecided, how are they exploring their options?
- Classes How are their classes? What have been some of their struggles and triumphs?
- Campus Connections Which organizations/clubs have they joined and/or have considered joining? How do they feel connected to the NDSU community?
- Why NDSU? What were some of their motivators for coming to NDSU?
- Goals for the year (Academic, social, personal)
 - Using the tools listed above as you deem appropriate
 - SMART GOALS/WOOP with them now
 - How do these goals relate to the things that brought you to NDSU?





After the Intentional Conversation/Assessment

- Reflect on some of the major goal themes on your floor with your students and track
 that in the table below. You will use this table later when completing sociograms
 and it is meant to give you an overall picture of how your floor is doing.
- Log each IC in eRezLife, elaborating on the items logged in the floor tracking sheet.
- In the coming weeks, continue to ask your residents how they are working toward their goals, making sure to help them celebrate their mini-successes along the way of accomplishing their larger goal(s).





Floor Tracking				
Name and Room #	Confident in Major/Classes	Connected to Campus	Why NDSU?	Goal Focus
Example: Thundar, 101	Yes	Yes, joined a club on campus	I wanted to major in food sciences, and NDSU has a great program for that.	Career readiness