



RHA TODAY

Residence Hall
Association

Volume 2, Issue 4
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FINALS WEEK STUDY TIPS

1. Manage your time: break subjects into 45 minute blocks. This is the optimal time that your brain can stay attentive
2. Catch some z's: 7.3 hours of sleep per night is technically sleep deprived
3. Make flashcards: using flashcards drastically improves retention rates
4. Join a study group: teaching and speaking are great ways to retain information
5. Treat yourself: occasionally reward yourself for accomplishing your goals!

Watch **FREE** movies in the residence halls!

Residence Life Cinema offers the largest collection of movies and television shows available to stream anytime in the residence halls, with unlimited sessions.

Follow these 3 easy steps to start streaming:

1



Download the FREE
Swank Media
Player app*.

2

Visit
reslifemovies.ndsu.edu
to search all available titles.

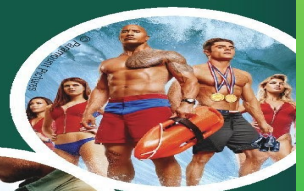
3

Grab some
popcorn and
enjoy your movie!

*When streaming from tablets or mobile devices!

WE PROVIDE EVERYTHING FROM
NEW RELEASES TO
CLASSIC FAVORITES
AND EVERYTHING IN BETWEEN.

Streaming
available via
computers,
tablets
and mobile
devices.



NDSU RHA Movie Network

LATE NIGHT BREAKFAST

DECEMBER 11, 2017

9:00 P.M. – 11:00 P.M.

WEST DINING CENTER



***Join us to celebrate a
great semester!***

THIS EVENT IS ONLY OPEN TO STUDENTS LIVING IN THE RESIDENCE HALLS.

NO MEAL PLAN NEEDED, ONLY YOUR NDSU STUDENT ID.

EXECUTIVE BOARD MEMBER SPOTLIGHT

Kat Anderson is our Vice President/National Communication Coordinator. She is a sophomore majoring in Agricultural Systems Management with a minor in Animal Sciences focusing on husbandry. She is originally from Utica, Minnesota but hail from Hawley, Minnesota. Somethings she enjoys about living in the residence halls is not having to commute to school and not having to drive in traffic to get to class on time. Three fun facts about Kat are: cows are her life (says that she literally cannot live without them), she enjoys cross-stitching, knitting, and other “old lady” crafts, and she was the WMSTR Steam Queen for 2016-17. If she could be a piece of furniture she would be a California King sized bed because sleeping is her favorite hobby.



MEET THE RESIDENCE LIFE STAFF!



Angie Limesand is an Administrative Clerk. Her primary role is routing and keeping track of all the work orders that are reported by the on-campus apartments and residence halls. She works with the custodial, maintenance staff, and the people at Facilities Management. She is also responsible for answering incoming emails, texts, and phone calls that come into the central office. What she enjoys most about working within the department is the family atmosphere. It is nice to be able to come to work and be able to joke around and laugh with her co-workers. She has worked at NDSU for 20 years and 17 years in the Residence Life office. A fun fact about Angie is that she enjoys reading True Crime books and the Stephanie Plum series by Janet Evanovich.

PUN OF THE MONTH

There were two great punny submissions this month! It was difficult to choose between the two!



Have a pun you would like see featured in the newsletter? Email it to Kelsey.young@ndus.edu