Discover U
Wednesday, February 17, 2010
8:30 a.m. – 3:30 p.m.
Great Plains Ballroom
Memorial Union

Discover U is an annual staff development focused workshop organized by Staff Senate at NDSU. This year we have selected the following presentations.

Communication Between Genders
Becoming aware of the differences between genders and learning a few new skills can go a long way toward being effective in getting your message across.

- Negative Attitudes and Behaviors
  No matter the cause of negativity, there are things you can do to address it as well as how to deal with the negativity of others.

- How to Handle Change with Humor
  Positive uses of humor to cope with rapid social changes and the stresses it creates.

- Emotional Intelligence
  How to use your own emotional intelligence for success in many areas of your life.

Menu:
Breakfast: Strudel sticks, petite caramel rolls, juice
Lunch: Baked potato bar with chili
Afternoon Break: Assorted cookies
* Coffee, tea and water will be available throughout the day.

Schedule of Events

8:30 to 9 a.m. - 9 a.m. - Registration & Breakfast
Welcome & Announcements
Kris Mickelson, Emcee
Vance Olson, Staff Senate President
Interim President Hanson

9:30 to 10:30 a.m. - Communication Between Genders
Village Business Institute

10:30 to 10:45 a.m. - Breakfast

10:45 to 11:45 a.m. - Negative Attitudes and Behaviors
Village Business Institute

Noon to 1 p.m. - Lunch Buffet

1 to 2 p.m. - How to Handle Change with Humor
Patty Corwin, Corwin Communications

2 to 2:15 p.m. - Break

2:15 to 3:15 p.m. - Emotional Intelligence
Patty Corwin, Corwin Communications

3:15 p.m. - Closing & Door Prizes
Broc Lietz, Assoc. Director of HR
Kris Mickelson, Emcee

Registration & Breakfast
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Communication Between Genders
Village Business Institute

Break

Negative Attitudes and Behaviors
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Lunch Buffet

How to Handle Change with Humor
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Break

Emotional Intelligence
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Closing & Door Prizes
Broc Lietz, Assoc. Director of HR
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Return this form along with your check or IDB form to: Carole Huber, IACC 258
Registration Deadline: 5:00 p.m. Monday, February 1, 2010

Registrants with disabilities are invited to request reasonable accommodations to participate in NDSU sponsored programs and events. To request accommodation(s), please contact Connie Judary at 231-9738 by Friday, February 12 to make arrangements.

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