Valentine’s Day will be celebrated on campus again this year with the 2nd Annual NDSU Valentine Ball.

NDSU Staff Senate is sponsoring the Ball, and it will be held Saturday, February 14th (Valentine’s Day) in the Memorial Union Ballroom. Festivities start at 7:30 PM and continue until midnight. Staff, students and faculty are invited to attend. Even for those who don’t dance, it will be a great opportunity to socialize and have fun!

A variety of music will be played to satisfy all tastes. NDSU’s very own music students who make up the “The Little Big Band” will be providing big band era music. MoJoE’s DJ Service, Student Body President Joe Heilman, will be present to play recorded music requests.

Some of the planned activities include door prizes, a speed-dating room and dancing exhibitions. Beverages, hors d’oeuvres and deserts will be catered by Dining Services.

Tickets will be sold in advance of the event to staff, faculty and alumni for $10 per person. Student prices are $5 per person or $8 per couple. All profits will be donated to the Staff Senate Student Scholarship fund.

Anyone wanting to help plan this event should contact Vance Olson at vance.olson@ndsu.edu or 1-9661.

The NDSU Staff Senate will be seeking nominations for its upcoming spring election. Nominations will be accepted in March, (exact dates to be decided) while voting will be scheduled for April. The NDSU Staff Senate is comprised of five percent of the regular benefited employees elected at large from the 1000-7000 job bands (excluding the faculty 2000 band). Senators are normally elected for terms of two years, with approximately half of the senators elected each year.

All classified staff members in these job categories are encouraged to nominate themselves and others for Staff Senate. An online nomination form will be available through the Staff Senate Web page. Nominators are asked to check with the person they are nominating before sending in the nomination. Nominees are encouraged to discuss with their supervisors the opportunity of serving before being nominated.

More information on nominating and voting schedules will be coming out soon. If you have questions about any of this or would just like to know more about Staff Senate, please contact Heather Heger, Membership Officer (1-8293) or Barb Geeslin, Election Committee Chair (1-8805).
Staff Recognition Award and Campus Kudos
by Laura Dallmann

Staff Senate has two opportunities to show your co-workers you appreciate them. First, there is our Campus Kudos program. If you have seen someone do something that you think was special, and just want to say thanks or way to go, nominate them for Campus Kudos. A Campus Kudos is a smaller gift worth $5 given to staff or faculty. It can be awarded during a Staff Senate meeting, within a department setting, or a more quiet setting. Kudos winners are photographed and the photo is displayed in the Memorial Union.

Our second, yearly award, is the Staff Recognition Award for individuals or teams. The Staff Recognition Award nomination form will be coming in the mail very soon and it is for larger accomplishments that affect others on campus. The individual award is a $250 cash award. The team award is for up to a ten-member team which will receive a $600 cash award (maximum of $250 per individual) to broadbanded staff members. The Staff Recognition Award is given during the April 9, 2009 luncheon that also celebrates staff years in service awards.

You can go to NDSU Staff Senate Web-site at any time to nominate someone for Campus Kudos. The Staff Recognition nomination form will be available from the end of January until March 6, 2009. We look forward to receiving your nominations for our fellow workers.

Campus Safety and the Campus Emergency Notification System
by Bill Law

I had the recent pleasure of interviewing Ray Boyer, Director of University Police and Safety Office, about the new Campus Emergency Notification System. The system, mandated by the federal government and implemented by the university in late August of 2008, is a response to recent deadly events at Virginia Tech.

Boyer noted that there were six components to the Campus Emergency Notification System, and that the system was designed with overlap or redundancy to be sure that the university is able to reach its community of 16,500 employees and students in an emergency wherever they are.

The six components are:

1. Audix Broadcast: this is a broadcast message via the university phone system to all voice mailboxes in the university system.
2. Cable Television: all TV’s on the university cable system utilize an Emergency Alert System, which is licensed to NDSU.
3. Mass Email: use of a Campus Alert Listserv to send Email notification to all university employees and students in a matter of minutes. This system, which generates 16,500 Emails, can only be generated by the University Police Communications Call Center and requires no moderator approval, allowing the response to be very fast.
4. Notifind: This system, which is licensed to the state, generates calls to approximately 10,000 members of our campus community via three phone generated sources:
   - A call to home phone numbers
   - A call to cell phone numbers
   - A text message to cell phone numbers
5. NDSU Web Page: Use of the home page banner to alert employees and students of an emergency. This device is also used to alert the campus community of weather emergencies.
6. 231-INFO Phone Line: This information line can be called for information regarding emergency alerts and for weather emergency information.

Boyer urged NDSU employees and students not to contact local law enforcement once messages are received, noting that this is an NDSU based system. Law Enforcement will be contacted by the Campus Emergency Notification System. Boyer noted that the NDSU campus is much better prepared to deal with real or potential emergencies than a year ago. He also indicated that the university continues to tweak the system to improve its performance in the future. Despite some obvious inconveniences caused by the redundant calls and messages, Boyer says “If we can save one life in our 16,500 campus population, it is worth these inconveniences.”

Congratulations to Ray Boyer and the University Police and Safety Office for the successful implementation of the Campus Emergency Notification System. The next time we receive one of these mass message on our phones and email, we can rest a bit easier knowing that our safety is a top priority of our university.
Tom Champoux, a nationally known motivational speaker and author, will be the highlight of this year’s “Discover U 2009: Moving Forward Together!” scheduled for Wednesday, February 25 from 8:30 a.m. to 3:30 p.m. in the Memorial Union. Cost for staff to attend is $20 and includes breakfast and lunch.

Champoux will offer these two presentations:

1. Head, Heart and Backbone: Making Decisions to balance your Life and Career

   We all want to do the right things. Sometimes, however, things get in the way: time pressures, deadlines, overcommitment, conflicting obligations, periodic emergencies, ego demands and guilt trips. All these and more combine to undercut our ability to balance the demands of career and life beyond work.

   Join Champoux as he offers an approach for work life balance; how to balance your “head” to make rational decisions, your “heart” – to embrace emotions to discern what means the most to you, and your “backbone” to be strong when pressures pull you to either head or heart only decisions.

2. People Skills: A Strategy for Achieving Results

   Why are "some" co-workers or customers so irritating to work with? Or more importantly, why would anyone think of YOU as a difficult person? For example, isn’t it frustrating when the person across the desk or on the phone can't seem to ever make a decision-or makes a snap decision only to change it a day later?

   Each person in the audience will roll with laughter as they identify themselves in the behavior styles, as well as those with whom they work. While they are laughing, they are also learning that people are different, and that “intent” doesn’t always equal “impact.”

   Champoux is President of The Effectiveness Institute and author of People Skills: A Strategy for Achieving Results, Quality Customer Service, and Supervising to Achieve Results. Find out more information about Tom Champoux by visiting his website at www.effectivenessinstitute.com/bio-tomchompoux.php.

   Discover U is an annual staff development focused workshop organized by Staff Senate at North Dakota State University. An official Discover U registration form and schedule will be mailed to all NDSU staff.

   For more information regarding Discover U contact Pam Hommen at 231-7014 or by email pamela.hommen@ndsu.edu or Connie Jadrny at 231-9738 or connie.jadrny@ndsu.edu. Registration deadline is February 13th.

"Get On The Bus! - Campus Tour with President Chapman"

Thursday, April 2, 2009 from 10:20 - 11:30 a.m.

If you haven’t had a chance to tour our growing NDSU campus, now’s your chance. Join President Chapman Thursday, April 2 as he provides a narrated tour of our beautiful campus!

The campus bus tour is sponsored by NDSU Staff Senate and is intended for all broad-banded staff. This bus tour is open to employees who have not taken it during their New Employee Orientation. Due to the popularity of this tour and limited seating available, reservations are required and are taken on a first-come, first-served basis. To reserve your space, contact Jean Hagen at 1-8186 or jean.hagen@ndsu.edu.

Discover U “Mini” Workshop: Basic Tips for Home Landscaping

Wednesday, March 11, 2009 from 10 – 11:00 a.m.
Century Theater, Memorial Union
Presented by: Martin Shervey and Will Ferguson, NDSU Landscape Department

Successful home landscaping doesn’t just involve sticking plants into areas around your home and hoping it looks right. When designing and landscaping your own home, you need to invest time and creativity. You will feel great when you look out your window, and you see the landscaped lawn which you designed yourself.

Shervey and Ferguson will discuss site preparation, designing a plan, plant selection, edging, planting, and mulching.
**Staff Senate Cookbooks Going Fast!**  
*By Tanie Boeddeker*

The 2008-2009 Staff Senate Cookbook is still available for sale, but not for long. This year, the cookbook has 428 recipes donated by NDSU’s staff. The book costs $10 and the proceeds will be donated to a local food pantry or food bank. The Staff Senate Cookbook committee originally ordered 300 books and over half of the books were sold by the second day of sales! Two hundred more books were immediately ordered. There are only around 100 books left and orders are continuing to be accepted while supplies last. They will be sold at various Staff Senate events, such as the Discover U event on February 25th. If you want to purchase a copy, contact Laura Dallmann (701)231-7607 or Laura.Dallmann@ndsu.edu. If you are off NDSU campus you can even have one shipped to you ($3 extra for shipping). Still not sure? See below for a sample of some of the great recipes you will find in this cookbook!

**CHICKEN SONORA PASTA**  
1 (16 ounce) box of Penne Rigate pasta  
2 (15.5 ounce) jars salsa con queso  
1 (15 ounce) can black beans, drain & rinse  
1 package chicken breasts  
1 cup milk or enough for desired consistency  
1-2 tablespoons vegetable oil  
1 cup shredded cheddar or Colby jack cheese

Cook pasta according to directions. Cut chicken into small pieces, sauté in oil until cooked through. Add chicken, pasta, salsa con queso, milk and beans into a lightly greased casserole dish. Top with shredded cheese and bake at 350 degrees until heated through and the cheese is melted.  
*Submitted by Deborah Sayler, Library*

**MEXICAN ICE CREAM**  
1/2 cup brown sugar  
3/4 cup butter  
3 3/4 cups crushed corn flakes  
3/4 cup chopped nuts  
3/4 cup flaked coconut  
1/2 gallon vanilla ice cream

Melt brown sugar and butter together. Add corn flakes, nuts, and coconut. Stir well. Press 1/2 of mixture in 9x13 inch pan. Slice ice cream and lay on top of mixture in pan. Smooth out the ice cream. Top with the rest of the mixture. Freeze. Serves 16-20.  
*Submitted by Penny Hoesel, Office of Admission*

**Staff Senate and NDSU Paying it Forward!**  
*By Liz Thompson and Luke Prather*

The Staff Senate sponsored a blood drive on December 9-11 from 10 – 2:30 each day. In that time, we had a total of 54 people donate blood. Two of the people donated double red cells, so a total of 57 units of blood were donated. That is up from 38 units in 2006 and 54 in 2007! The amount of blood donated has the capacity to save up to 171 lives. Twelve of the donors were first-time donors. Hurray!!! Thank you all so much for your help in making the Staff Senate blood drive a success.

**THE MESSENGER**  
Published each semester by the  
Staff Senate Public Relations Committee.  
Editor: Chris Winjum

**NDSU Staff Senate Mission:**  
NDSU Staff Senate addresses the needs and aspirations of university staff by promoting a progressive campus environment.

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