3 D’s of Safety

Direct - do something yourself
Directly inserting yourself into a potential situation and stopping it by addressing those who are involved.

Delegate - have someone else help
If you feel unsafe stepping in yourself, get someone to intervene for you who might be more equipped to handle the situation.

Distract - create a distraction
Diffusing a potential situation by distracting those involved.

Overall, students were more likely to agree that:
- Violence can be prevented or stopped
- They could personally take action to prevent or stop violence

According to: NDSU We Take A Stand efficacy results