Think... sleep
Learn why sleep is important, sleep tips and walk away with your own sleep kit.

October is Breast Cancer Awareness Month!

ON A ROLL

This month @ NDSU
Oct. 7th-12th - HOMECOMING
Oct. 10th - Woke-Shop
Oct. 15th - Late fees applied
Oct. 16th - Move Your Body Day 6-9pm @ Rec Gym
Oct. 23rd - THINK...sleep
Oct. 31st - Halloween

October 23
12:15-12:45pm
Badland MU

NDSU Homecoming Events
Mon. Oct. 7 - Homecoming BBQ and Pep Fest (11:30am)
Tues. Oct. 8 - Serve with the Herd (8:30am - 1:00pm)
Thus. Oct. 10 - Homecoming Show and Coronation (7:30pm)
Fri. Oct. 11 - Homecoming parade (5:30pm)
Bison VB vs. South Dakota (7:00pm)
Sat. Oct. 12 - Kickoff! NDSU vs. UNI (1:00pm)

For more health and wellness information visit:
www.ndsu.edu/studenthealthservice