1 in 2 sexually active young people will get a sexually transmitted disease by 25. And of the million new STDs that occur every year in the United States, most will go undiagnosed. The only way to know for sure if you have an STD is to Get Yourself Tested.

Student Health Service provides confidential, low-cost STD testing for all NDSU students.

To schedule an appointment, log-in to the Student Health Portal or call 701-231-7331.

Preparation and making use of your gifts, skills and talents in order to gain purpose, happiness, and enrichment in your life.

Occupational wellness means successfully integrating a commitment to your occupation into a satisfying and rewarding lifestyle. The development of occupational satisfaction and wellness is strongly related to your attitude about your work.

April Observances and Events:

Sexual Assault Awareness Month
STD Awareness Month
Apr 4 (5–8pm) – Sex Positivity Expo
Apr 14—17 – Spring recess, no class
Apr 20 (8 – 9:30pm) – Sex in the Dark
Apr 22– Earth Day

“NEVER GIVE UP ON A DREAM JUST BECAUSE OF THE TIME IT WILL TAKE TO ACCOMPLISH IT. THE TIME WILL PASS ANYWAY.”
- EARL NIGHTINGALE

Join the Healthy Herd Champions to learn more about sexual health, relationships, and so much more. We’ll turn down the lights in Century Theater to let you anonymously ask our group of panelists questions about safe sex. Free glow sticks and safe sex kits will be handed out!