September Notices and Events:

Sep 2nd  
Labor Day, No classes

Sep 10  
It’s Real

Sep 11th  
Payments due for NDSU accounts

Sep 15th  
Out of the Darkness Walk

Sep 18th  
beYOUtiful Catwalk

Sep 23rd  
First Day of Fall

Think...  
programming & events to promote the  
overall well-being  
of our NDSU community.

CRISIS TEXT LINE |  
Text HELLO to 741741  
Free, 24/7, Confidential

ON A ROLL

September 10 from 12-1pm  
Century Theater MU

IT’S REAL:  
COLLEGE STUDENTS AND MENTAL HEALTH

It’s Real is a documentary featuring the stories of six college students from across the country. The film reveals depression and other mental health conditions as they are commonly experienced by young adults. It shows how students can seek help for these conditions and successfully manage them.

afsp.org/RealFilm

NATIONAL  
SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)  
suicidepreventionlifeline.org

The Body Project  
BE YOU TIFUL CATWALK

When:  
Wednesday, September 18th, 6-8pm

Where:  
Arikara Room - Memorial Union

What:  
Event supporting body confidence and being beYOUtiful

Activities Include:  
- 'Catwalk' in your favorite outfit!  
- Choose your own walk out song!  
- Photo booth!  
- Drawing for a giftcard to West Acres Mall!  
- Free drinks, snacks and other items!

Woke Shop  
Know Your Rights

Thursday September 12th  
12:15-1:15 in Badlands MU

For more health and wellness information visit:  
www.ndsu.edu/studenthealthservice