Snickers Protein Shake

1 scoop chocolate protein powder
8 oz almond milk
1/8 tsp caramel sweetener (I use Sweetleaf Caramel Drops)
1 tbsp powdered peanut butter

Mix the ingredients together and enjoy!

Did you know?
Stevia, which is found in Sweetleaf Caramel Drops, is 350x sweeter than sugar with 0 calories. So less is more!

Set up an appointment with the Registered Dietitian at SHS 701-231-7331 or through the Student Health Portal.