

Easy Breakfast Burrito

Ingredients

- 2 eggs
- 1/4 cup canned black beans
- 2 T. shredded cheese
- 1/4 of an avocado
- 1 whole wheat tortilla
- Salsa (as desired)
- Spinach (as desired)

Directions

1. Scramble eggs over stove
2. Heat canned black beans in microwave
3. Assemble breakfast burrito by adding all ingredients to the tortilla
4. Optional: heat burrito over stove on medium-high heat for 1-2 minutes on each side or until crisp



***Recipe for 1 serving**