**Concerned about your use of Alcohol and other Drugs?**

Help is available at NDSU.

<table>
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<tr>
<th>Alcohol and Other Drug Abuse Prevention Programs</th>
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<tr>
<td><a href="http://www.ndsu.edu/alcoholinfo/">www.ndsu.edu/alcoholinfo/</a></td>
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</table>

**Alcohol eCHECKUP TO GO**
A brief self-assessment that will provide accurate information about personal risk patterns, tolerance level, family risk factors and harm reduction strategies. This program is tailored for the NDSU community and personalized feedback is offered.

**Marijuana eCHECKUP TO GO**
A marijuana specific brief self-assessment that will provide personalized feedback. This program is tailored for the NDSU community.

<table>
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<tr>
<th>NDSU Counseling Center</th>
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<tr>
<td>Ceres Hall 212</td>
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<tr>
<td>701-231-7671</td>
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<tr>
<td><a href="http://www.ndsu.edu/counseling">www.ndsu.edu/counseling</a></td>
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</table>

**Individual and Group Counseling**
NDSU students can meet with a counselor who specializes in both mental health and addictions. There is no fee for these services.

**BASICS – Alcohol and/or Marijuana consultation**
Consultations are available for students who want to explore their AOD use in a judgement free environment. Students attend two sessions with a counseling center member after completing the initial screening questionnaire.

**Alcohol and Other Drug Abuse Group**
The AODA therapy group provides support for those concerned about current substance use or who have had treatment in the past and would like additional support.

**Bison Recovery Community**
Bison Recovery community’s mission is to build a safe collegiate community to support individuals in recovery. BRC consists of NDSU students, faculty and staff who work to carry out BRC’s mission. The group works to support and reduce shame/stigma that often silences those individuals.

**Alcoholics Anonymous Meeting**
A weekly on-campus closed Alcoholics Anonymous (AA) meeting. Any NDSU faculty, staff, or student is welcome to attend.

**SMART Recovery Group**
SMART Recovery is the leading self-empowering addiction recovery support group. Our participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups.
Fargo Community Substance Abuse Treatment Resources

A.D.A.P.T. Inc. – 1330 Page Dr. Suite #202B, Fargo, ND; 701-232-1080
  o  http://adaptincnd.com/

Any Lab Test Now – 3019 13th Avenue South, Suite B, Fargo, ND; 701-566-7313
  o  http://www.anylabtestnow.com

Better Rehab Recovery – 3120 25th Street South #186, Fargo, ND; 701-353-7729
  o  http://betterrehabrecoverycenter.com/

Centre Inc – 123 15th Street North, Fargo, ND; 701-663-8228
  o  www.centreinc.org

Drake Counseling Services – 1202 23rd South, Fargo, ND; 701-293-5429
  o  http://www.drakecounselingservices.com

Fargo Vet Center – 3310 Fiechtner Drive, Suite 100, Fargo, ND; 701-237-0942
  o  http://www.va.gov/directory/guide/facility.asp?ID=5132&dnum=All&stateid=ND&v=1

First Step Recovery – 3201 Fiechtner Drive, Fargo, ND; 701-293-3384
  o  http://www.firststep-recovery.com

Kennelly & O’Keeffe – 720 Main Avenue, Fargo, ND; 701-235-8000 or 877-235-8002
  o  http://www.kennellylaw.com

Mothers Against Drunk Driving (MADD) – PO Box 236, Fargo, ND; 701-492-0901
  o  http://www.madd.org/local-offices/nd

Prairie Saint John’s LLC – 510 4th Street South, Fargo, ND; 877-333-9565
  o  http://prairie-stjohns.com/contact-us

Preble Medical Services – 3002 1st Avenue North, Fargo, ND; 701-232-4346 or 800-492-4958
  o  http://preblemedicalservices.com

Simon Chemical Dependency Services – 3431 4th Avenue SW, Fargo, ND; 701-298-8108
  o  http://www.simoncdservices.com/index.html

Southeast Human Service Center – 2624 9th Avenue South, Fargo, ND; 701-298-4500
  o  http://www.nd.gov/dhs/locations/regionalhsc/southeast/index.html

YWCA – 3000 S. University Dr., Fargo, ND; 701-232-3449
  o  http://www.ywcacassclay.org/contactus