Before you know it, your students will be off on a new adventure. Yes, it’s an exciting time, but it also can be stressful. Have you considered how you will help? Answers to those common questions can be found on the pages of this calendar. We’ll give you information on everything from financial aid deadlines to tips on talking to your student about alcohol. We hope this will be a valuable resource. Our goal is to ease each family’s transition to college life and to assist students in using university resources to help your student succeed at NDSU.

The goals are to help students develop skills to solve problems and improve communication skills, transition to college by selecting the appropriate major, and assist students in using university resources to help your student succeed at NDSU. The Student Health Service provides students with readily accessible health care including physicians and nurse practitioners, laboratory services and a pharmacy, all in one location. The Student Health Service is also home to Student Technology Services, a work-based learning program staffed and managed by students in their major.

Inclusion. The Student Health Service is committed to providing a safe and welcoming environment for all students, regardless of their gender identity or expression. The Student Health Service is a trans-inclusive space that is open to all students, regardless of their gender identity or expression. The Student Health Service offers confidential care to all students, regardless of their gender identity or expression. The Student Health Service is also a space that is open to all students, regardless of their gender identity or expression.

In the event of an emergency, the Student Health Service is available 24/7 at 701.231.8379 or 1.800.488.6378, Ext. 2. Regular electronic newsletters that highlight campus services, programs and events as well as information on how to contact us are sent to students and their families. The Student Health Service is also home to the ACE program, which provides tutoring for students in their major.

Freshman English courses are also home to Student Technology Services, a work-based learning program staffed and managed by students in their major. The Student Health Service is also home to the ACE program, which provides tutoring for students in their major.

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<thead>
<tr>
<th>Date</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>Residence hall move in, 8 a.m.-1 p.m.</td>
</tr>
<tr>
<td>16</td>
<td>Meal plan service begins with dinner</td>
</tr>
<tr>
<td>26</td>
<td>Last day to add classes via Campus Connection</td>
</tr>
<tr>
<td>27</td>
<td>Last day for no-record drop of classes at 100% refund</td>
</tr>
<tr>
<td>28</td>
<td>Last day to withdraw to zero credits @ 100% refund</td>
</tr>
<tr>
<td>29</td>
<td>Attempted credits calculated for financial aid SAP, 11:59 p.m.</td>
</tr>
<tr>
<td>30</td>
<td>Eligible Pell/TEACH/ND Grants/Scholarships based on enrollment, 11:59 p.m.</td>
</tr>
<tr>
<td>1</td>
<td>Classes begin at 4 p.m. First full day of classes</td>
</tr>
<tr>
<td>7</td>
<td>Last day of summer classes</td>
</tr>
</tbody>
</table>

Connections to Wellness Resources

Student Wellness services the campus population through a range of services and programs that foster opportunities for students to lead and maintain healthy lifestyles. The facility houses campus recreation and intramural sports, including the 33-foot climbing wall, three gymnasiums, a multi-sport facility, racquetball courts, multipurpose rooms, and three levels of fitness and cardio equipment. Programs include personal training, small group and large group classes, recreational activities, and competitive sports. The facility is open to the public in addition to being a destination for NDSU students.

www.ndsu.edu/studenthealthservice
701-231-7331

The Wellness Center is dedicated to promoting a culture of lifelong wellness through innovative programs and services for the NDSU community. The Wellness Center's goal is to be a destination that inspires healthy lifestyles. The facility houses campus recreation and intramural sports, club sports, fitness and aquatics. Amenities include a 33-foot climbing wall, three gymnasiums, a multi-activity court, two indoor tracks, racquetball courts, group fitness and cycling studios, and three levels of fitness and cardio equipment. Programs include personal training, GroupFIT, FocusedFIT, safety education courses, fitness evaluations, intramural sports, and licensed child care.

https://wellnessportal.ndsu.edu
701-231-5200

Disability Services assists students with disabilities in accessing the university environment through reasonable accommodations. Students are invited to share disability-related information with Disability Services to request accommodations. An application is available at www.ndsu.edu/disabilityservices to begin the process.

ndsu.disabilityservices@ndsu.edu
701-231-8463

Located in Ceres Hall, the NDSU Counseling Center provides a confidential setting where students can express personal, academic, or career-related concerns. Counselors make referrals and assist students to explore a variety of concerns that may prevent them from functioning at their best.

www.ndsu.edu/counseling
701-231-7671

For more information, visit www.ndsu.edu/healthandwellness
Getting involved on campus

September is a great time for students to get involved on campus. There are countless opportunities to develop professional and social relationships, be introduced to new ideas and different cultures and apply coursework through co-curricular involvement. Research shows involved students are more successful in their courses and have a better overall college experience. With more than 300 student organizations and other leadership opportunities available, there is something for everyone.

The Student Activities Office in the Memorial Union offers a variety of programs and services to help students get involved. Programs are designed to enhance educational experiences, increase student skills and develop leadership abilities. Student Activities Office staff members help students choose campus activities that are the best fit.

www.ndsu.edu/mu
701-231-7787

Educational Outreach Programs

TRiO Programs promote the educational opportunities of eligible students whose aspirations, participation and achievement of postsecondary academic goals may be at risk. TRiO Programs available at NDSU include:

Student Support Services seeks to increase the retention and graduation rates of eligible students by providing services, such as academic guidance, mentoring, tutoring, course instruction, accessible tutoring rooms and academic success workshops. The McNair Scholars Program looks for undergraduates who have a strong desire to earn their doctoral degree. The program offers stipends up to $2,800, travel funds to attend TRiO conferences or visit a graduate school, research opportunities with faculty and library mentors and seminars on graduate school preparation. Veterans Educational Training is a state-funded program for veterans who want to pursue higher education. Upward Bound is a pre-college preparatory program that builds skills necessary for success in high school and continued success in postsecondary education.

www.ndsu.edu/trio
701-231-8028
Academic advising
Planning ahead is a key to college success, and although the semester is only half completed, students should start thinking about spring semester. Faculty and staff members serve as advisers, helping decide which courses students should take. They also assist with career planning and how to use university resources. NDSU students should meet with their advisers this month to plot course schedules for the next semester. Adviser assignments can be found on Campus Connection.

Tutoring services
Academic Collegiate Enhancement is a free academic support program available to all enrolled undergraduate students. ACE offers tutoring for more than 100 NDSU courses and has numerous group and individual quiet study spaces tailored to various learning styles.

www.ndsu.edu/studentsuccess
701-231-4579
Transportation on campus and around the Fargo-Moorhead community

**MATBUS** is the public transit system serving Fargo-Moorhead and surrounding area. MATBUS and NDSU partner in the U-Pass program ensuring all NDSU students have free access to transportation in the area. Offering 25 routes, MATBUS operates Monday through Friday from 6:15 a.m. to 11:15 p.m. and Saturdays from 7:15 a.m. to 11:15 p.m.

The new MATBUS App is available for iOS or Android smartphones and includes a real-time bus tracking feature for all routes in the Fargo-Moorhead area. 

www.matbus.com
701-232-3500

**Bike Share**

The Bike Share program is a free service that allows students to check out bikes on campus and in downtown Fargo. Students can enroll online to participate in the program.

www.ndsu.edu/ag/bikeshare
### Safety on campus

The Fargo-Moorhead community has one of the lowest violent crime rates in the country. Although few crimes are reported at NDSU each year, a well-informed student body helps ensure a safe campus. Police officers from the University Police and Safety Office provide round-the-clock vehicle patrol all year and public safety officers conduct foot patrols each evening. In an emergency, students can use any of the emergency blue lights found across campus. NDSU regularly offers informational training opportunities related to safety and security throughout the academic year.

NDSU police or public safety officers also provide a campus safety escort service by offering walk-along or vehicle transport for students, faculty and staff to NDSU facilities or locations adjacent to campus. [www.ndsu.edu/police](http://www.ndsu.edu/police; 701-231-8998)

**NDSU Personal Safety + Security Assist**

This service includes the smartphone app Pathlight® that allows NDSU police to monitor your status remotely when you initiate a safety assist on your device. You set your destination and approximate travel time in the app, and dispatchers will quickly respond if you don't arrive within the given timeframe or you activate a silent alarm with the swipe of a finger.

[www.ndsu.edu/besafe](http://www.ndsu.edu/besafe)

### Campus emergency notification system

In the event of a threatening emergency, alerts are sent by one or more methods:
- email
- emergency voice messages to a cell or landline phone through Assurance NM
- a recorded information phone line (231-INFO)
- audio/video interruption of campus TVs

NDSU's homepage will redirect you to emergency information. Students sign up for NotiFind via Campus Connection. Student employees are automatically enrolled and update their information with the Human Resources/Payroll Office. NDSU does not provide the ability for parents and others to receive these messages directly. However, when reasonably able to do so during an emergency, NDSU will post emergency updates on its homepage.
JANUARY 2018

MONDAY TUESDAY THURSDAY SATURDAY FRIDAY WEDNESDAY

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

What about my student’s finances?
Now is the time to start planning ahead financially for next year. The Financial Aid and Scholarships Office provides students information and access to financial aid programs that enable them to pursue their educational objectives at NDSU. The specialized services are sensitive to student needs with emphasis on quality, accuracy and efficiency.

Who should complete the Free Application for Federal Student Aid?
Any student requesting financial assistance from NDSU should complete the FAFSA at www.fafsa.gov. For priority consideration, we recommend students submit the FAFSA electronically to the processor no later than Feb. 1 to ensure processing by April 15. The Pell Grant and Direct loan programs are not subject to this deadline date.
www.ndsu.edu/onestop/finaid
701-231-6200
Living away from home

Your student’s living environment can have a profound impact on their personal and educational development. The residence halls at NDSU provide a clean, comfortable and affordable home for students where the pursuit of academic success is encouraged and supported. On-campus living offers a chance to make new friends and become part of a learning-focused community. The Department of Residence Life supports students by providing a vibrant, healthy place to live and learn. Your student’s living environment will create new freedoms and responsibilities. Listen openly as your student navigates new relationships and develops their own schedule for living independently.

www.ndsu.edu/reslife
701-231-7557

Fraternity and Sorority Life at NDSU

Joining one of NDSU’s national sororities and fraternities could benefit your student. They will learn a variety of skills, and gain friendships and professional contacts. Each fraternity and sorority at NDSU is unique in its history, philanthropic charity and rituals. They all value leadership, scholarship, service and friendship. Members are proud of their organization and build friendships and pride throughout the entire Fraternity and Sorority Life at NDSU community.

www.ndsugreek.com
701-231-8565

FEBRUARY 2018

1
THURSDAY

2
FRIDAY

3
SATURDAY

4
SUNDAY

5
MONDAY

6
TUESDAY

7
WEDNESDAY

8
THURSDAY

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FRIDAY

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SATURDAY

11
SUNDAY

12
MONDAY

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TUESDAY

14
WEDNESDAY

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THURSDAY

16
FRIDAY

17
SATURDAY

18
SUNDAY

19
MONDAY

20
TUESDAY

21
WEDNESDAY

22
THURSDAY

23
FRIDAY

24
SATURDAY

25
SUNDAY

26
MONDAY

27
TUESDAY

28
WEDNESDAY

Last day to withdraw to zero credits @ 75% refund

GROUNDHOG DAY
Undergraduate/professional spring degree applications due

BLACK HISTORY MONTH

VALENTINE'S DAY

PRESIDENTS' DAY
(no classes/university closed)

www.ndsu.edu/reslife
701-231-7557

NDSU NORTH DAKOTA STATE UNIVERSITY
Student Success

“Student success” is a concept that gets a lot of attention at NDSU, especially in Alcohol and Other Drug Abuse Prevention Programs. The misuse of alcohol and other drugs is a well-documented barrier to student success, one that can be perpetuated by misperceptions about substance use. We invite parents, as critical partners in supporting the personal, academic, and professional potential of our NDSU students, to engage their students in conversations about their success at NDSU.

Crucial conversations

Parents are encouraged to talk openly with their students about each other’s expectations for the college experience, including decisions about substance use. These conversations with your student are not always easy, but they are important and impactful. Most NDSU students report their parents have talked to them about alcohol use, and that their parents sharing expectations is an effective way for them to limit their own use.

Here are some quick pointers for getting the conversation going:

• Listen. Asking for their thoughts and hopes about college might be the best way to start this potentially difficult conversation.
• Be clear about your expectations regarding substance use. Help your student connect those behaviors with values and goals.
• Empower your student. Believe they have the ability to stand up for themselves and let them know how to make those independent choices.
• Be the example. Avoid sending mixed messages to your student. Evaluate your own use of alcohol and other drugs, and be sure you are modeling the type of behavior you would expect from your student.
• Know the law. It is illegal for persons under the age of 21 to consume or possess alcohol.
• Know NDSU’s policy. NDSU is a dry campus, and the policy is strictly enforced.

www.ndsu.edu/alcoholinfo
How can we be sure they are eating right?

NDSU Dining has three dining centers on campus that are also open to the public. This means you don’t need a meal plan to join your student for a meal. Five- and seven-day dining meal plans are offered. The five-day plan covers Monday-Friday; the seven-day plan also includes the weekend. Each meal plan comes with guest passes – three each semester for the five-day plan and seven per semester for the seven-day plan. Guest passes allow your student to bring a guest to a dining center. Students without a meal plan can use Campus Cash or a regular payment such as cash or credit to eat in the dining centers. Dining centers are open all day and each one offers a different menu. To find out the hours and which dining center is serving your student’s and your personal favorites, go to www.ndsu.edu/dining. In addition to the variety of items served on our menu, salad bars, sandwich bars, cereal bars and homemade soups also are available every day. NDSU Dining also provides accommodations for individuals with allergies or other special dietary needs.

Coffee shops are located throughout campus, and a food court on the lower level of the Memorial Union offers additional options.

Are there employment opportunities for my student?

NDSU Dining offers opportunities to students who want a job. As one of the largest employers on campus, flexible hours are available for your student. Your student can go to any NDSU Dining location to ask about employment and our tuition grant program.

How is a meal plan cancelled or changed?

A request to cancel a meal plan must be received in writing on or before

June 1 for fall semester and Dec. 1 for spring semester. Request forms are available from residence hall staff. Only non-first-year residents living in Niskanen or Mathew Living Learning Centers can cancel their meal plans. Late cancellations will only be accepted through the first Friday after classes start, and a $100 late fee will be assessed. Approved cancellations become effective the next semester (if received after the first Friday of classes). Cancellation of the room license agreement automatically cancels the meal plan.

www.ndsu.edu/dining

701-231-7001
MAY 2018

Career Planning
The Career Center, located in Ceres Hall with offices distributed in select academic buildings, delivers comprehensive career services to students and alumni through its network of career educators, peer career coaches, faculty, staff and employers. Events and services include a paid credit-based Internship Program, career expos and fairs, networking events, job boards, career communities, class presentations and one-to-one career coaching. Career coaching and presentations can include job and internship search, networking, resume and cover letter development, interviewing techniques and graduate school preparation. All students should begin engaging with the Career Center in the first year, and continue annually through graduation. 

https://career.ndsu.edu

What if my student wants to change majors/careers?
Students can change or declare a new major, second major or minor by completing and submitting the Major Change Form found at www.ndsu.edu/registrar. This should be done through the Office of Registration and Records as early as possible to ensure students follow the curricular requirements in place at the time they decide on a new plan of study. 

www.ndsu.edu/registrar
701-231-7981

NDSU NORTH DAKOTA STATE UNIVERSITY
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>20/6</td>
<td>Classes begin for 8-week session</td>
</tr>
<tr>
<td>26/6</td>
<td>Eligible for Federal Pell/TEACH Grants based on enrollment @ 11:59 p.m. (8-week session)</td>
</tr>
<tr>
<td>27/6</td>
<td>Last day of 4-week session classes</td>
</tr>
<tr>
<td>28/6</td>
<td>Last day to add classes via Campus Connection</td>
</tr>
<tr>
<td>29/6</td>
<td>Last day of 4-week session classes</td>
</tr>
<tr>
<td>30/6</td>
<td>Last day to withdraw to zero credits @ 75% refund (8-week session classes only)</td>
</tr>
<tr>
<td>1/7</td>
<td>Last day for no-record drop of 8-week session classes @ 100% refund</td>
</tr>
<tr>
<td>2/7</td>
<td>Classes begin for 8-week session</td>
</tr>
<tr>
<td>3/7</td>
<td>Eligible for Federal Pell/TEACH Grants based on enrollment @ 11:59 p.m. (8-week session)</td>
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</tbody>
</table>

Family members and the NDSU Impact Fund

Each year, family members are invited to support the NDSU Impact Fund, which provides funding for programs that have a direct and positive impact on students' lives. Available to students, faculty, staff, and recognized student groups, the NDSU Impact Fund is supported by contributions from families, alumni, and friends. The NDSU Impact Fund has awarded major grants that have had an immediate impact on current and future NDSU students. Donations to the NDSU Impact Fund have helped to:

- Provide students with a convenient transportation option through the bike share program.
- Enhance student learning with a digital radiography system in the Veterinary Technology Program.
- Provide the Gold Star Marching Band with its own truck to haul equipment needed to perform at various venues.
- Support the implementation of virtual reality in the fields of engineering and science.
- Purchase equipment for hands-on experience in the additive manufacturing lab.
- Sponsor a symposium on collaborations in public health.
- Install a wireless presentation system in the "smart" classrooms.

With your dedication, we will continue to support the NDSU Impact Fund. For more information on how to contribute, contact the NDSU Foundation and Alumni Association. You can also contribute online at www.ndsufoundation.com.

701-231-6800
The Family Educational Rights and Privacy Act

Parents and legal guardians of college students should understand the Family Educational Rights and Privacy Act of 1974, otherwise known as FERPA or the Buckley Amendment. FERPA affords students the following rights related to their education records:

- Right to inspect and review education records
- Right to seek to amend education records
- Right to have some control over the disclosure of information from education
- Right to file a complaint with the U.S. Department of Education.

FERPA allows for directory information to be released to third parties upon request unless a student has provided written consent to the university indicating otherwise. Directory information is generally not considered harmful or an invasion of privacy if disclosed. It includes, but is not limited to, student contact information, major, year in school, honors and awards, enrollment status and degree earned.

What rights do parents or legal guardians have with student records?

Education records are not automatically shared with third parties, including parents and guardians if they contain sensitive non-directory information about a student. Nondirectory information includes academic and financial records, such as grades, grade-point averages, account balances, financial aid awards, any records containing social security numbers or health/medical information. Students may provide a signed and dated consent form to NDSU to authorize release of education record information to parents or guardians. Consent must specify the type of records that may be disclosed, purpose of disclosure and party or parties to whom disclosure may be made. Some exceptions include disclosures to:

- School officials with legitimate educational interests
- Parents of a dependent student as defined by the IRS tax code and verified with tax records
- Federal or state authorities for research and evaluation purposes
- Compliance with a judicial order or subpoena
- Aid in a health or safety emergency
- Parent of student under 21 if the student has committed a violation of the institution’s drug or alcohol policies.

NDSU’s annual notification of FERPA (student privacy) and FERPA Consent to Release Form are available at www.ndsu.edu/registrar. Questions or concerns regarding FERPA may be directed to the university registrar:

Office of Registration and Records
110 Ceres Hall
701-231-7981 or 1-800-608-NDSU (6378)
ndsu.registration.records@ndsu.edu
NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to: Vice Provost, Title IX/ADA Coordinator, Old Main 201, 701-231-7708, ndsu.eoaa@ndsu.edu.