Welcome to Orientation!
Student Health Service

• **Mission**
  – To provide access to quality healthcare while promoting overall student well-being

• **Vision**
  – Promoting the well-being of students by empowering them with the knowledge, skills and spirit to take responsibility for personal, family and community health

• **AAAHC Accreditation** *(Accreditation Association for Ambulatory Health Care)*
  – On-going self evaluation, peer review and education to continuously improve the care and services we provide
  – Successful re-accreditation on-site survey in June 2016
  – Next survey due in June 2019

• **ACHA Membership** *(American College Health Association)*
  – Collaborative network of college health professionals
About Us

• We offer health care services to enrolled & eligible NDSU students through:
  – Promotion
  – Prevention
  – Education
  – Treatment

• Licensed clinical & professional staff

• Federal & state statues are followed to maintain confidentiality of students’ medical information
Our Staff

- **Clinical Staff:**
  - Medical Doctors (MD)
  - Consulting Psychiatrist
  - Nurse Practitioners (NP)
    - FNP
    - PMHNP
  - Nursing Staff
    - RNs
    - LPN
  - Medical Laboratory Scientist
  - Pharmacists
  - Radiology Tech (X-ray)
  - Dietitian

- **Other Staff:**
  - Director
  - Assistant Director of Health Promotion
  - Health Promotion Coordinator
  - Sexual Assault Prevention and Advocacy Coordinator
  - Office Manager
  - Registered Health Information Technicians
  - Receptionist
  - Student Staff
Clinical Services

Services include but not limited to:

• Acute Care
  – Cold/flu
  – Fever
  – Infections (respiratory, urinary tract, skin, etc.)
  – Nausea/vomiting/diarrhea
  – Orthopedic injuries
  – Simple laceration repair
  – Walk-in nurse triage

• Mental Health
  – ADHD
  – Anxiety
  – Depression
  – Eating Behavior Concerns (EDMT)

• Preventative Care
  – Immunizations
  – TB testing
  – Gynecological exams

• Primary Care
  – Allergy injections/maintenance
  – Chronic conditions:
    • Asthma
    • Diabetes
    • Hypertension, etc.
  – General medical care
  – Physical exams

• Sexual Health
  – Contraception & birth control
  – STI screening & treatment
NDSU Counseling Center

• Located in 212 Ceres Hall
• No charge for individual, couple’s or group counseling
• Staff:
  – Doctoral and Master’s level providers
  – Graduate student trainees
• Services available:
  – Personal, emotional, academic, and career counseling
  – Academic skills and career development for-credit classes
  – 24-hour on-call counselor
  – Extended hours (Open until 7:00 PM on Tuesday and Thursday)
  – Stress reduction and coping skills education opportunities
  – Weekly meditation, stress and anxiety reduction workshop, opportunity to visit with therapy dogs, Mental Health First Aid Training
Medical Laboratory

- Testing is performed for diagnostic purposes on samples such:
  - Blood, urine, throat and nasal swabs, etc.
- CLIA Certification
  - Federal survey process
  - Zero deficiencies since 1995
- Staffed by licensed laboratory professionals
Pharmacy

• Do **not** need to be a clinic patient to use the pharmacy
• Assist with new and existing prescriptions
• Prescription transfers
• Over the counter medications & supplies
• Able to process claims with most insurance companies
• Staffed by licensed pharmacists
Radiology (X-ray)

- Outside orders accepted
- Digital technology (CR)
- Other imaging needs are referred outside of SHS
  - CT
  - MRI
  - Ultrasounds
  - Etc.
- Images professionally read by a licensed radiologist
- Staffed by a licensed radiologic technologist
Dietitian

• No charge for appointments
• Appointments focusing on:
  – Diabetes
  – Eating behavior concerns
  – Food sensitivities
  – Healthful eating
  – High blood pressure
  – Nutrition
  – Weight management
  – Other dietary-related questions
• Staffed by a licensed Registered Dietitian
Health Promotion

- Peer Education Programs
  - Healthy Herd Champions
  - Body Project

- Health Promotion Requests
  - By request, peer educators coordinate health presentations and education for other students.

- Presidents Council for Campus Well-being

- Led by Assistant Director of Health Promotion
Substance Abuse Prevention Programs

• Alcohol eCHECKUP TO GO
  – Required for all first-year and transfer students
  – Brief self-assessment that provides accurate and detailed information about risk patterns, alcohol tolerance, family risk factors, harm reduction strategies, NDSU and community resources.

• Before One More campaign

• Program led by Health Promotion Coordinator
Sexual Assault Prevention & Advocacy

• “We Take A Stand” Workshop
  – Mandatory for all first-year and transfer students
  – Focuses on sexual violence, relationship violence, stalking, bystander intervention and personal safety.

• Peer Education Programs
  – Violence Prevention Educators
  – Σnough.

• Advocacy
  – Confidential support, connect students to services

• Program led by Sexual Assault Prevention and Advocacy Coordinator
Schedule an Appointment

• **Online** through the Student Health Portal
  – Please call Student Health Service if:
    • An appointment is **not** available that works with your schedule
    • If you do not see the appropriate type of appointment you need to schedule

• **Call 701-231-7331** to schedule by phone

• **Hours of Operation** (Monday – Friday)
  – 9-month Academic Year:
    • 8:00 am – 5:00 pm
  – Summer & Recognized Breaks
    • 7:30 am – 4:00 pm
  – See website for observed holiday closings and dates for recognized breaks
Student Health Fee

The Student Health Fee is paid with each student’s tuition each semester.

- **Include but not limited to:**
  - Dietitian appointments
  - Immunization compliance
  - Nurse triage
  - Online student health portal
  - Health promotion and prevention programs
  - Health and wellness education and outreach
  - Internships, preceptorships and practicum

- **Additional Charges & Fees:**
  - Office visit (Jan. 1 2019)
  - Immunizations & injections
  - Procedures
  - Supplies
  - Treatments
  - Pharmacy
    - Prescriptions
    - Over-the-counter medications
  - Medical laboratory services
  - X-ray services
  - No-show fee
  - Summer user fee
  - One-time follow up visit
Insurance Billing

• SHS will implement insurance billing January 1, 2019
  – Please reference our website under the **Billing** link for updated information
  – We will send updated information out to students via the student listserv

• Charges apply for additional services which include, but not limited to:
  – Immunizations/injections
  – Laboratory services
  – Prescriptions/medications
  – Procedures
  – Treatments/supplies
  – X-ray exams
Paying for Charges

• Patient responsibility (charges) are posted to the student’s account
  – This can take up to one month
  – Once posted, must be paid within 30 days

• Student account charges can be paid:
  – Online through Campus Connection
  – In person at the NDSU One Stop (Memorial Union)

• Itemized statement of services are available
  – Email notification is sent to the student’s NDSU email when the statement is ready
  – This statement is available:
    • Online via Student Health Portal (Statements tab)
    • Upon request at SHS

• Insurance reimbursement
  – Responsibility of the student for Fall semester to submit the statement
Student Health Portal

• **Functions:**
  – Schedule an appointment
  – View/print immunization history
  – Upload documentation
    • Immunization records
    • Consent to treat a minor
  – Complete pre-visit health forms
  – Receive & send secure patient-provider messages
  – Print statements

• Accessed through the SHS website:
  – [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice)

• Log-in using electronic NDSU ID username and password (Blackboard)
Consent

• **Students *over* age 18:**
  – The student must sign a release of information form before health information will be provided and/or discussed with any parent/guardian
  – This form is available on our website under “Forms”
    • “Authorization and Request for Release of Medical Information”

• **Students *under* age 18:**
  – The student will need to have signed consent from a parent/guardian **before** receiving care
  – This form is available on our website under “Forms”
    • “Consent to Treat Minor Child (Parent/Guardian Authorization)”
Immunization Requirements

• **Measles, Mumps and Rubella (MMR)**
  – 2 documented doses starting after age 1; second dose must be at least 28 days after first dose
  – *OPTIONAL:* Lab Results of MMR titer (a blood test to test immunity)
    • No vaccine would be required if titer proved immunity
    • If not immune, then vaccination series would be required

• **Meningitis Vaccination (Meningococcal Disease)**
  – Students 21 years of age and younger must provide documentation of immunization AFTER age 16 (against strains A, C, Y, W-135)
  – Meningitis-B does **not** meet this requirement

• Offered at SHS by appointment if any of these are needed
Immunization Requirements

• **Deadlines:**
  – Fall semester: August 1\textsuperscript{st}
  – Spring semester: January 1\textsuperscript{st}
  – Summer semester: May 1\textsuperscript{st}

• A registration hold is placed on *non-compliant* student accounts which will prevent the student from registering for classes

• **Resources to help you find immunization records:**
  – Doctors’ office (clinic/hospital records)
    • May be accessible through an online portal
  – Military records
  – High school transcript
  – State registry of where child was born
Immunization Records

• Acceptable documentation must include:
  – First and last name
  – Date of birth
  – Student ID number (preferred)
  – The name of the source of the record (such as name of hospital)
  – Date of each vaccination

• Submit your records via:
  – Student Health Portal by uploading document(s)
  – Email to ndsu.immunizations@ndsu.edu
  – Fax to 701-231-6132
  – **HELPFUL TIP:** you can take a photo of the record and send it to us!

• Questions?
  – Email ndsu.immunizations@ndsu.edu
  – More information at www.ndsu.edu/studenthealthservice/immunizations
Tuberculosis (TB) Testing

• Have you traveled or lived in another country?
  – Students who have lived in or traveled to a high risk country for longer than 30 days will need to receive TB testing
  – May include study abroad students
  – Most applicable for international students

• Testing types:
  – TB mantoux skin testing
  – Quantiferon gold blood test

• School program or internship requirement
• Job requirement
• Not sure if TB testing is needed?
  – Call Student Health Service and ask to speak to a nurse
Dedicated to the success and well-being of our students!
Questions?