How you can use STEPS to Success

There are several ways you can use STEPS to Success to change student perceptions and behavior.

• Invite a member of the STEPS to Success team to give a brief presentation in your classroom.
• Incorporate STEPS to Success messages in your syllabus and other student communications, such as Blackboard announcements.
• Recognize students who demonstrate behaviors and attitudes in line with academic success.
• Visit www.ndsu.edu/studentsuccess/steps for tips on incorporating positive academic behaviors into daily routines, information on methodology and printable staff/faculty resources.

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ndsu.edu/studentsuccess/steps

The STEPS to Success guide to improving student academic behaviors and attitudes
Students underestimate how invested their peers are in academic success. We invite faculty and staff to learn about actual student engagement at NDSU.

**STEPS to Success goals:**
1. Increase positive academic behaviors and attitudes.
2. Promote accurate messages about NDSU student engagement in positive academic behaviors and attitudes.

STEPS to Success uses social norming which has consistently yielded positive results in college student alcohol and drug informational campaigns.

A broad informational campaign includes posters, handouts, electronic messaging and in-person presentations to advisers and student and faculty groups.

Our messages are based on results from the spring 2015 NDSU Academic Experiences Survey.

**STEPS to Success messages:**
- 9 of 10 NDSU students use a personal calendar to prioritize their academic work.
- A majority of students check their NDSU email and Blackboard at least 16 times a week.
- 3 of 4 students participate in organized clubs or student groups during a typical week.
- 4 of 5 students believe it’s important to approach college like a full-time job.
- NDSU students spend an average of 13 to 16 hours a week preparing for class.
- Most students use tutoring or other academic services at least once a month.
- 4 of 5 students report attending class at least 90 percent of the time.
- 3 of 4 students finish their homework before class at least 90 percent of the time.
- 4 of 5 students believe it’s important to register for and complete 15 credits a semester.
- 19 of 20 NDSU students meet with their academic adviser at least once a semester.
- 9 of 10 students are committed to earning a degree at NDSU.
- 4 of 5 students meet with faculty at least once a semester to work on special projects, conduct research or get help on coursework.