SHARING SOLUTIONS

MN/ND State Workshop

NDSU WELLNESS CENTER

NIRSA

This workshop is sponsored by:

InnoSoft Fusion

Gate City Bank

PUSH·PEDAL·PULL the exercise equipment experts

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FRIDAY, OCTOBER 5TH

6:00 a.m. **Zumba Class**
Wellness Center Studio A
45-minute class taught by Kasey Hanson

Group Run Around Campus
Wellness Center Atrium
5k Run with Jobey Lichtblau, Director, and Jeff Dertinger, Associate Director

8:00 a.m. **Check In and Registration**
Wellness Center Atrium

8:30 a.m. **Keynote Welcome & Breakfast – Matt Skoy**
Wellness Center Studio B

9:15 a.m. **Educational Sessions**

Sweat, Shower or Aquatic Towel? – Jobey Lichtblau, NDSU
Wellness Center Wet Classroom, 1174
Strong customer service is the key to success in all areas of campus recreation, but is often overlooked. What image and message are you sending students and members about your programs, facility and staff? Attend this interactive session to learn how to enhance your customer service and be prepared to share best practices from your facility.
{philosophy and theory}

Equipment Inquiries – Courtney Berntsen, NDSU
Wellness Center Studio B
Equipment is a large part of recreation, from setup to tracking. This session will provide an overview on budget, research, purchasing, tracking, and processes when equipment is not returned.
{business procedures}

Student Leadership – Kasey Hanson, Andy Nolz, NDSU
Wellness Center Classroom, 166
Listen to student staff who hold multiple positions talk about their experiences. They will share examples of how they overlap and complement each other along with the opportunities they have gained.
{personal and professional qualities, philosophy and theory}

10:30 a.m. **Educational Sessions**

Fusion Enhancements & Best Practices – Tara Weber, Innosoft
Wellness Center Classroom, 166
Innosoft will present new features of the latest release and demonstrate best practices for those features. Topics include invoicing, resources and FusionGo calendars.
{facility management, business procedures}

Conference Style Student Training – Brad Jones, NDSU
Wellness Center Wet Classroom, 1174
The NDSU Wellness Center made a large format change to fall student employee training two years ago. This session will outline that change, session format, goals, feedback and benefits/challenges of this style.
{research and evaluation, programming}

NIRSA 101 – DeVanee Lasley, UNL & Kennidi Cobbley, UNC
Wellness Center Studio B
Come and learn all about getting involved in NIRSA as a student, preparing for a career through professional development and the benefits of the NIRSA mentor program.
{personal and professional qualities}

11:45 a.m. **Wellness Center Tour**
Led by NDSU Wellness Center Staff
Begin in Wellness Center Atrium
{Facility Management, Planning & Design}

12:30 p.m. **Lunch**
Wellness Center MAC Gym
Join us for an interactive lunch! Find the table category that best matches you and engage in networking and discussion.

1:30 p.m. **Roundtables**

Intramural Sports/Climbing/Recreation
Courtney Berntsen, NDSU, WC Wet Classroom, 1174

Fitness/Personal Training/Group Fitness
Stephanie Hoffman, UND, WC Studio B

NIRSA Assembly – Future of Campus Recreation
Karina Knutson, UND, WC Classroom, 166

Director's Meeting
Jobey Lichtblau, NDSU WC Conference Room 168

2:45 p.m. **Educational Sessions**

Fitness Dress Code Policy – Kristy Leen, UNI
Wellness Center Wet Classroom, 1174
A commonly hot topic in campus recreation, this discussion based session will look into research to analyze trends. Be prepared to share policies and best practices from your institution!
{research and evaluation, business procedures}

Kidsrock – Joel Sanderson, UMD
Wellness Center Studio B
Summer camp programming 101: Listen to how UMD RSOP runs their summer camp program that hosts more than 80 participants per week. Bring thoughts on what works on your campus with the intent of helping all to upgrade programming for youth.
{programming, legal liability and risk management}

Technology: Friend or Foe? – Jeff Dertinger, NDSU
Wellness Center Classroom, 166
This interactive session will take a look at technology and efficiencies encountered at the NDSU Wellness Center, along with leading a discussion on ITS related issues and workarounds experienced across the region.
{philosophy and theory, business procedures}

3:45 p.m. **Regional Updates (Chris Denison, UNI) & Closing Remarks (Jeff Dertinger, NDSU)**
Wellness Center MAC Gym
Snacks will be provided