This workshop is sponsored by:

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**Friday, October 5th**

**6:00 a.m.**

**Zumba Class**
*Wellness Center Studio A*
45-minute class taught by Kasey Hanson

**Group Run Around Campus**
*Wellness Center Atrium*
5k Run with Jobey Lichtblau, Director, and Jeff Dertinger, Associate Director

**8:00 a.m.**

**Check In and Registration**
*Wellness Center Atrium*

**8:30 a.m.**

**Keynote Welcome & Breakfast – Matt Skoy**
*Wellness Center Studio B*

**9:15 a.m.**

**Educational Sessions**

**Sweat, Shower or Aquatic Towel? – Jobey Lichtblau, NDSU**
*Wellness Center Wet Classroom, 1174*
Strong customer service is the key to success in all areas of campus recreation, but is often overlooked. What image and message are you sending students and members about your programs, facility and staff? Attend this interactive session to learn how to enhance your customer service and be prepared to share best practices from your facility.

**Equipment Inquiries – Courtney Bernsten, NDSU**
*Wellness Center Studio B*
Equipment is a large part of recreation, from setup to tracking. This session will provide an overview on budget, research, purchasing, tracking, and processes when equipment is not returned.

**Student Leadership – Kasey Hanson, Andy Nolz, NDSU**
*Wellness Center Classroom, 166*
Listen to student staff who hold multiple positions talk about their experiences. They will share examples of how they overlap and complement each other along with the opportunities they have gained.

**10:30 a.m.**

**Educational Sessions**

**Fusion Enhancements & Best Practices – Tara Weber, Innosoft**
*Wellness Center Classroom, 166*
Innosoft will present new features of the latest release and demonstrate best practices for those features. Topics include invoicing, resources and FusionGo calendars.

**Conference Style Student Training – Brad Jones, NDSU**
*Wellness Center Wet Classroom, 1174*
The NDSU Wellness Center made a large format change to fall student employee training two years ago. This session will outline that change, session format, goals, feedback and benefits/challenges of this style.

**NIRSA 101 – DeVanee Lasley, UNL & Kennidi Cobbley, UNC**
*Wellness Center Studio B*
Come and learn all about getting involved in NIRSA as a student, preparing for a career through professional development and the benefits of the NIRSA mentor program.

**11:45 a.m.**

**Wellness Center Tour**
*Led by NDSU Wellness Center Staff*
Begin in Wellness Center Atrium

**12:30 p.m.**

**Lunch**
*Wellness Center MAC Gym*
Join us for an interactive lunch! Find the table category that best matches you and engage in networking and discussion.

**1:30 p.m.**

**Roundtables**

**Intramural Sports/Climbing/Recreation**
*Courtney Bernsten, NDSU, WC Wet Classroom, 1174*

**Fitness/Personal Training/Group Fitness**
*Stephanie Hoffman, UND, WC Studio B*

**NIRSA Assembly – Future of Campus Recreation**
*Karina Knutson, UND, WC Classroom, 166*

**Director’s Meeting**
*Jobey Lichtblau, NDSU WC Conference Room 168*

**2:45 p.m.**

**Educational Sessions**

**Fitness Dress Code Policy – Kristy Leen, UNI**
*Wellness Center Wet Classroom, 1174*
A commonly hot topic in campus recreation, this discussion based session will look into research to analyze trends. Be prepared to share policies and best practices from your institution!

**Kidsrock – Joel Sanderson, UMD**
*Wellness Center Studio B*
Summer camp programming 101: Listen to how UMD RSOP runs their summer camp program that hosts more than 80 participants per week. Bring thoughts on what works on your campus with the intent of helping all to upgrade programming for youth.

**Technology: Friend or Foe? – Jeff Dertinger, NDSU**
*Wellness Center Classroom, 166*
This interactive session will take a look at technology and efficiencies encountered at the NDSU Wellness Center, along with leading a discussion on ITS related issues and workarounds experienced across the region.

**3:45 p.m.**

**Regional Updates (Chris Denison, UNI) & Closing Remarks (Jeff Dertinger, NDSU)**
*Wellness Center MAC Gym*
Snacks will be provided