

OUTDOOR ADVENTURES DESTINATION GUIDE



Photo courtesy of ND Tourism

PLACES TO EXPLORE IN NORTH DAKOTA AND MINNESOTA

ISLAND PARK

Where: Fargo, ND

What: Fargo's oldest park located in the beautiful downtown area. It includes a basketball court, tennis courts, handball, grills and picnic tables, playground, cross-country ski trails, recreational trails, rentals and a swimming pool.

When: Year-Round

Address: 302 7th Street S, Fargo, ND 58103

From Campus: Approx. 5 minutes/2 mile drive, about a 30 minute walk through Downtown Fargo.

Activities: Cross-country Skiing, Basketball Court, Handball Court, Tennis Court

Website

Directions and Map



MB JOHNSON PARK

Where: Moorhead, MN

What: A local park in Moorhead with easy access to the outdoors with a short commute time.

When: Year-Round

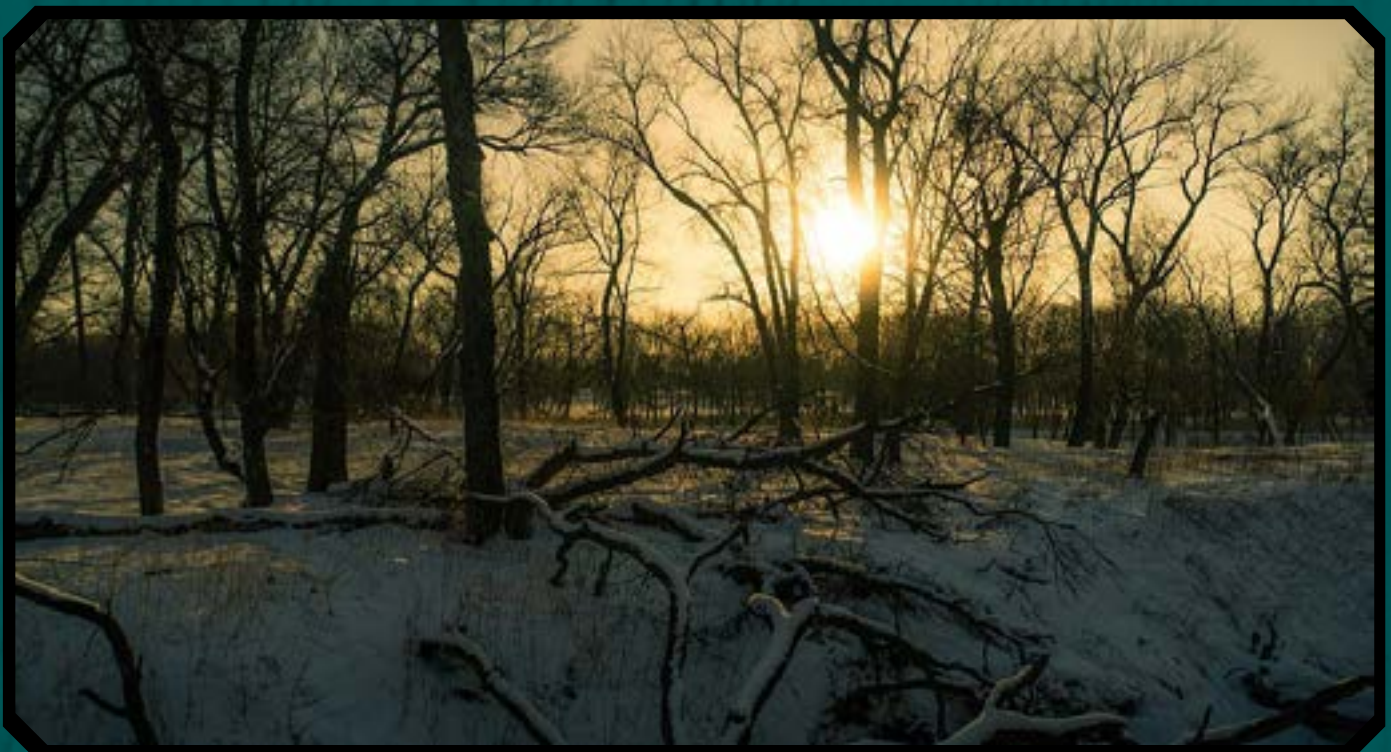
Address: 3601 11th St N, Moorhead, MN 56560

From Campus: 10 minutes/4 miles

Activities: Hiking, Cross-country Skiing, Snowshoeing, Biking, Fishing and Boat Launch

[Website](#)

[Directions and Map](#)



WOODLAWN PARK

Where: Moorhead, MN

What: This park offers an 18-hole disc golf course along the Red River. Picnic tables and grills are also available for visitor use.

When: Year-Round (Best in Spring/Summer Months)

Address: 400 Woodlawn Dr., Moorhead, MN 56560

From Campus: Approx. 10 minutes/3 miles

Activities: Baseball/Softball Field, Basketball Court, Picnic Tables, Disc Golf

[Website](#)

[Directions and Map](#)



GOOSEBERRY MOUND PARK

Where: Moorhead, MN

What: Relaxed park offering picnic shelters, kids play areas & trails for walking & cross-country skiing.

When: Year - Round

Address: 100 22nd Ave S, Moorhead, MN 56560

From Campus: Approx. 15 minutes/5 miles

Activities: : Cross-country Skiing, Hiking, Biking

[Website](#)

[Directions and Map](#)



RIVER CORRIDOR TRAIL

Where: Moorhead, MN

What: The Moorhead River Corridor Trail is a non-motorized, regional trail extending over 18 miles, the entire length of the City of Moorhead, along the Red River of the North. The River Corridor Trail has many parts that are completed and some that are under construction. Please review the website and map and plan accordingly.

Activities: Hiking, Cross-country Skiing

Website

Directions and Map



BUFFALO RIVER STATE PARK

Where: Glyndon, MN

What: Buffalo River State Park is a state park of Minnesota, conserving a prairie bisected by the wooded banks of the Buffalo River.

When: Year - Round

Address: 565 155th St S, Glyndon, MN 56547

From Campus: Approx. 25 minutes/17 miles

Activities: Swimming, Camping, Fishing, Hiking

[Website](#)

[Directions and Map](#)



MAPLEWOOD STATE PARK

Where: Pelican Rapids, MN

What: A beautiful state park located near Pelican Rapids. It features hiking trails and a stunning view on Hallaway Hill of the lakes below.

****A Minnesota State Park pass is required****

When: Year - Round

Address: 39721 Park Entrance Road, Pelican Rapids, MN 56572

From Campus: Approx. 1 hour 10 min./57 miles

Activities: Camping, Fishing, Hiking, Horseback Trails

Recommended Route: Hike to Hallaway Hill

Website

Directions and Map



ITASCA STATE PARK

Where: Park Rapids, MN

What: Itasca State Park is a state park of Minnesota, and contains the headwaters of the Mississippi River. The park spans 32,690 acres of northern Minnesota.

When: Year - Round

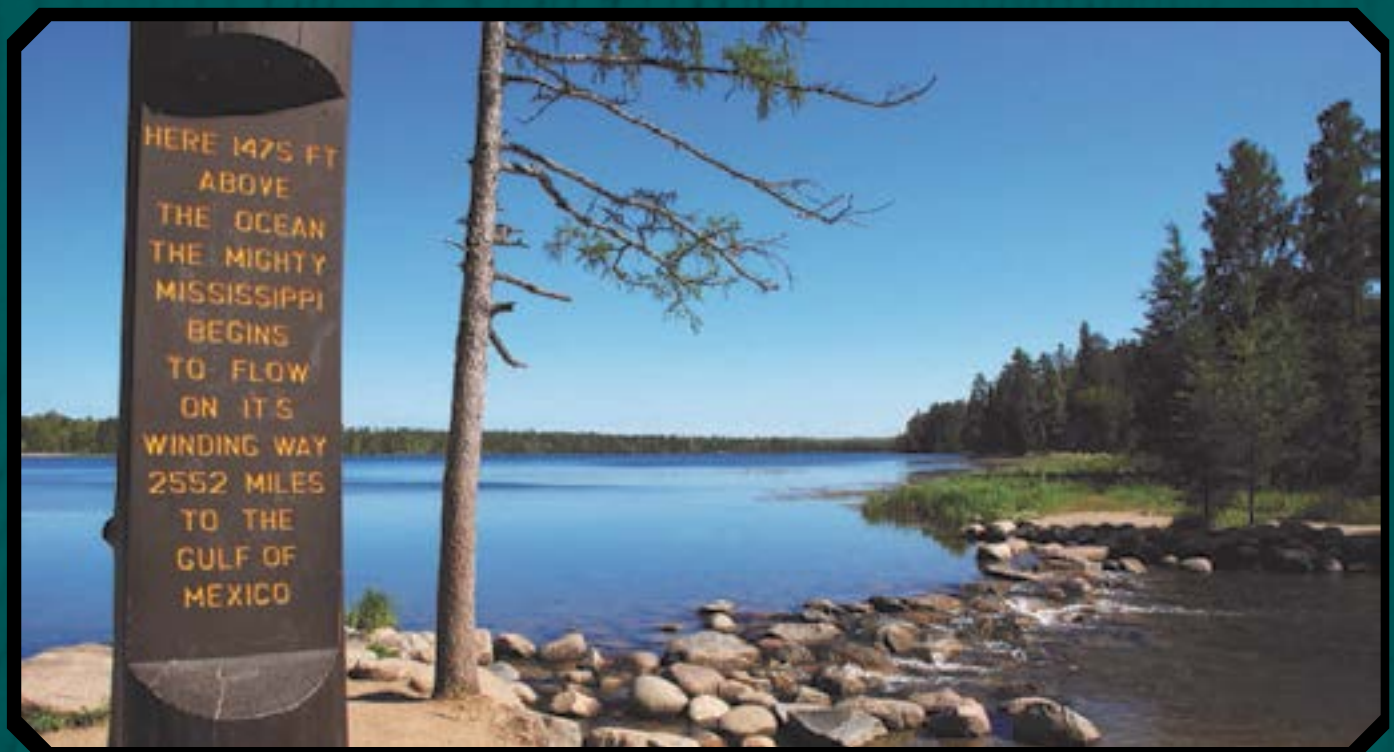
Address: 36750 Main Park Drive, Park Rapids, MN 56470

From Campus: Approx. 2 hours/100 miles

Activities: Camping, Fishing, Hiking

[Website](#)

[Directions and Map](#)



QUARRY PARK AND NATURE PRESERVE

Where: St. Cloud, MN

What: As its name implies, quarry park used to be the location of granite quarries until the 1950's. After ceasing mining operation, the land was converted into a park that visitors can now fish, swim and explore the unique rock structures left behind.

When: Year-Round

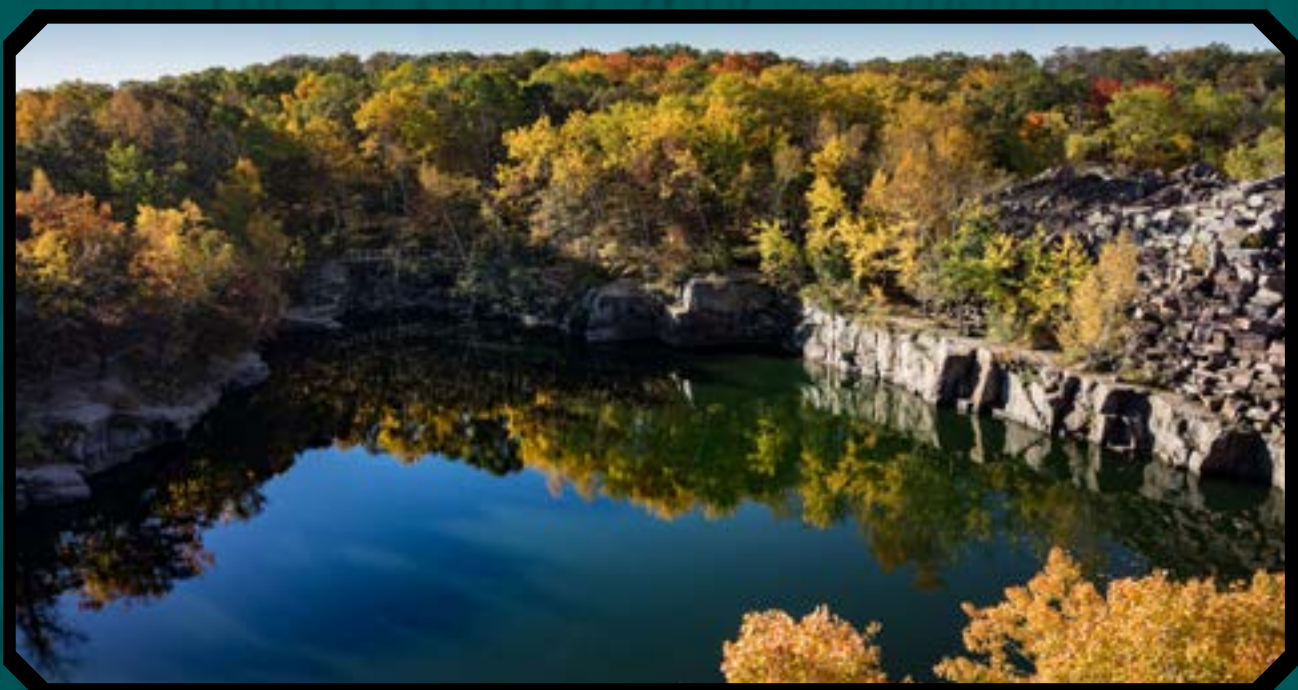
Address: 1802 County Road 137, Waite Park, MN 56387

From Campus: Approx. 2 hours 45 min./170 miles

Activities: Biking, Cross-country Skiing, Fishing, Geocaching, Hiking, Picnicking, Rock Climbing, Scuba Diving, Snowshoeing, Swimming

Website

Directions and Map



VIKING SHIP PARK

Where: Moorhead, MN

What: Viking Ship Park is named for the Viking ship replica Hjemkomst that is on display at the adjacent Hjemkomst Center. The park is also home to an authentic display of a Norwegian Stave Church. This beautiful church is illuminated by flood lights at night, so it is the perfect place to see after a nice hike through the trails.

When: Year-Round

Address: 202 1st Ave N, Moorhead, MN 56560

From Campus: Approx. 10 minutes/3 miles

Activities: Cross-country Skiing, Heritage Center

[Website](#)

[Directions and Map](#)



NORTH COUNTRY TRAIL

Where: See website for specific trailhead locations.

What: The North Country Trail is akin to trails such as the Appalachian Trail (AT), Pacific Crest Trail (PCT) and The Continental Divide Trail (CDT). A good place to start is Fergus Falls, which is a North Country Trail Association designated trail town.

When: Year-Round

Address: North Country National Scenic Trail Access Point, Fergus Falls, MN 56537

From Campus: 1 hour 10 min./67 miles

Activities: Hiking and Camping

Website

Directions and Map



THE SUPERIOR HIKING TRAIL

Where: Minnesota North Shore

What: A 295-mile foot trail along the North Shore of Lake Superior. Passing through seven state parks, and scaling the rolling mountains of the sawtooth mountain range the Superior Hiking Trail (SHT) provides a North shore experience unlike anything visitor can get along highway 61.

When: Year-Round

Address: N/A

From Campus: Anywhere from 4.5-6.5 hours/240-356 miles

Activities: Hiking, Camping, Swimming

Website

Map

