OUTDOOR ADVENTURES DESTINATION GUIDE

PLACES TO EXPLORE IN NORTH DAKOTA AND MINNESOTA

Photo courtesy of ND Tourism
**ISLAND PARK**

**Where:** Fargo, ND

**What:** Fargo's oldest park located in the beautiful downtown area. It includes a basketball court, tennis courts, handball, grills and picnic tables, playground, cross-country ski trails, recreational trails, rentals and a swimming pool.

**When:** Year-Round

**Address:** 302 7th Street S, Fargo, ND 58103

**From Campus:** Approx. 5 minutes/2 mile drive, about a 30 minute walk through Downtown Fargo.

**Activities:** Cross-country Skiing, Basketball Court, Handball Court, Tennis Court

[Website](#)

[Directions and Map](#)

Photo courtesy of Fargo Parks
**MB Johnson Park**

**Where:** Moorhead, MN  
**What:** A local park in Moorhead with easy access to the outdoors with a short commute time.  
**When:** Year-Round  
**Address:** 3601 11th St N, Moorhead, MN 56560  
**From Campus:** 10 minutes/4 miles  
**Activities:** Hiking, Cross-country Skiing, Snowshoeing, Biking, Fishing and Boat Launch  
**Website**  
**Directions and Map**  

Photo courtesy of Unsplash
Dike East Park

Where: Fargo, ND

What: Dike East has a variety of amenities including a bike repair station, boat ramp, picnic tables and restrooms, cross-country ski trails, recreational trails and a dog park.

When: Year-Round

Address: 100 2nd St S, Fargo, ND 58103

From Campus: Approx. 10 minutes/3 miles

Activities: Boat Ramp, Cross-country Skiing, Dog Park

Website

Directions and Map
WOODLAWN PARK

Where: Moorhead, MN
What: This park offers an 18-hole disc golf course along the Red River. Picnic tables and grills are also available for visitor use.
When: Year-Round (Best in Spring/Summer Months)
Address: 400 Woodlawn Dr., Moorhead, MN 56560
From Campus: Approx. 10 minutes/3 miles
Activities: Baseball/Softball Field, Basketball Court, Picnic Tables, Disc Golf

Website
Directions and Map

Photo courtesy of Udisc
LINDENWOOD PARK

Where: Fargo, ND

What: Lindenwood Park is the largest multi-use park in Fargo with five picnic shelters, a beautifully landscaped campground and restrooms.

When: Year-Round

Address: 1905 Roger Maris Drive, Fargo, ND 58103

From Campus: Approx. 10 minutes/4 miles

Activities: Biking, Boat Ramp, Cross-country Skiing, Fishing, Kayaking

Website

Directions and Map
EDGECOOD NORDIC SKI TRAILS

Where: Fargo, ND
What: Easy cross-country Skiing Trails available for anybody within the Fargo area. Fun for the entire family!
When: Winter months
Address: 19 Golf Course Ave N, Fargo, ND 58102
From Campus: Approx. 10 minutes/5 miles
Activities: Cross-country Skiing, Sledding, Snowshoeing. Chalets also available for rent!
Website
Directions and Map

Photo courtesy of Fargo Parks
GOOSEBERRY MOUND PARK

**Where:** Moorhead, MN

**What:** Relaxed park offering picnic shelters, kids play areas & trails for walking & cross-country skiing.

**When:** Year - Round

**Address:** 100 22nd Ave S, Moorhead, MN 56560

**From Campus:** Approx. 15 minutes/5 miles

**Activities:** Cross-country Skiing, Hiking, Biking

[Website](#)
[Directions and Map](#)

Photo courtesy of Visit FargoMoorhead
IWEN PARK

Where: Fargo, ND
What: Iwen Park features two disc golf courses, a boat ramp with access to the Red River, fishing spots, mountain bike trails and cross-country ski trails in the winter.
When: Year - Round
Address: 1209 52nd Avenue S, Fargo, ND 58104
From Campus: Approx. 15 minutes/7 miles
Activities: Cross-country Skiing, Boat Ramp, Disc Golf, Fishing, Biking

Website
Directions and Map

Photo courtesy of TrailofForks
LIONS CONSERVANCY PARK

Where: Fargo, ND
What: A very easy hiking trail, scenic although not dramatic, and quick to do. It’s also a good spot for fishing from the shore of the river or bird spotting.
When: Year - Round (best in warm months)
Address: 1221 El Cano Drive S, Fargo, ND 58104
From Campus: Approx. 15 minutes/6 miles
Activities: Hiking, Bird Watching, Fishing

Website
Directions and Map
RIVER CORRIDOR TRAIL

Where: Moorhead, MN
What: The Moorhead River Corridor Trail is a non-motorized, regional trail extending over 18 miles, the entire length of the City of Moorhead, along the Red River of the North. The River Corridor Trail has many parts that are completed and some that are under construction. Please review the website and map and plan accordingly.

Activities: Hiking, Cross-country Skiing

Website
Directions and Map
BUFFALO RIVER STATE PARK

Where: Glyndon, MN
What: Buffalo River State Park is a state park of Minnesota, conserving a prairie bisected by the wooded banks of the Buffalo River.
When: Year - Round
Address: 565 155th St S, Glyndon, MN 56547
From Campus: Approx. 25 minutes/17 miles
Activities: Swimming, Camping, Fishing, Hiking

Website
Directions and Map

Photo courtesy of TripAdvisor
SHEYENNE NATIONAL GRASSLAND

Where: McLeod, ND
What: Over 70,000 acres of grassland available to a wide range of recreational usage. Features a section of the North Country Trail as well as a number of unique features including Iron Spring Creek and an old fire lookout tower.
When: Year - Round
Address: 6148 154th Ave SE, McLeod, ND 58057
From Campus: Approx. 50 minutes/45 miles
Activities: Hiking, Camping, Fishing, Wildlife Viewing, Biking, Cross-country Skiing, Snowshoeing
Website
Directions and Map

Photo courtesy of Backpacker
MAPLEWOOD STATE PARK

Where: Pelican Rapids, MN
What: A beautiful state park located near Pelican Rapids. It features hiking trails and a stunning view on Hallaway Hill of the lakes below.
**A Minnesota State Park pass is required**
When: Year - Round
Address: 39721 Park Entrance Road, Pelican Rapids, MN 56572
From Campus: Approx. 1 hour 10 min./57 miles
Activities: Camping, Fishing, Hiking, Horseback Trails
Recommended Route: Hike to Hallaway Hill
Website
Directions and Map

Photo courtesy of MN DNR
LITTLE YELLOWSTONE STATE PARK

Where: Kathryn, ND
What: Little Yellowstone Park is a 27-acre campground and multi-use recreation area.
When: Year - Round
Address: 54th St. SE, Kathryn, ND 58049
From Campus: Approx. 1 hour 15 min./75 miles
Activities: Camping, Hiking

Website
Directions and Map
**FORT RANSOM STATE PARK**

**Where:** Fort Ransom, ND

**What:** Fort Ransom State Park is a public recreation area located in the Sheyenne River Valley.

**When:** Year - Round

**Address:** 5981 Walt Hjelle Parkway, Fort Ransom ND 58033

**From Campus:** Approx. 1 hour 20 min./77 miles

**Activities:** Camping, Hiking, Snowshoeing, Biking, Cross-country Skiing, Kayaking, Canoeing

**Website**

**Directions and Map**

Photo courtesy of WordPress
**TURTLE RIVER STATE PARK**

**Where:** Arvilla, ND  
**What:** Turtle River State Park is a public recreation area occupying 775 acres on the Turtle River.  
**When:** Year - Round  
**Address:** 3084 Park Ave NE, Arvilla, ND 58214  
**From Campus:** Approx. 1 hour 30 min./95 miles  
**Activities:** Hiking, Camping, Fishing, Cross-country Skiing, Snowshoeing

[Website](link)  
[Directions and Map](link)

Photo courtesy of NDTourism
PELICAN POINT LANDING AND CAMPGROUND

Where: Jamestown, ND
What: Facing the shoreline of Jamestown Reservoir, the campground is nestled in woody draws which are a unique feature of the North Dakota landscape. Recreation opportunities include 28 miles of hiking trails, a 2-mile long paved multi-use path, Little Britches Fishing Pond and more.
When: May-August
Address: 8310 28th St. SE, Jamestown, ND 58401
From Campus: Approx. 1 hour 40 min./110 miles
Activities: Boating, Water Skiing, Canoeing, Fishing, Swimming, Camping, Sand Volleyball, Picnicking

Website
Directions and Map

Photo courtesy of NDTourism
**ITASCA STATE PARK**

**Where:** Park Rapids, MN  
**What:** Itasca State Park is a state park of Minnesota, and contains the headwaters of the Mississippi River. The park spans 32,690 acres of northern Minnesota.  
**When:** Year - Round  
**Address:** 36750 Main Park Drive, Park Rapids, MN 56470  
**From Campus:** Approx. 2 hours/100 miles  
**Activities:** Camping, Fishing, Hiking

**Website**  
**Directions and Map**

Photo courtesy of MN DNR
ICELANDIC STATE PARK

Where: Cavalier, ND
What: This 912-acre park allows visitors to learn about the state’s early settlement and provides an array of recreational opportunities.
When: Year - Round
Address: 13571 Highway 5, Cavalier, ND 58220
From Campus: Approx. 2 hours 30 min./164 miles
Activities: Hiking, Biking, Snowshoeing, Cross-country Skiing, Camping, Boating, Swimming, Fishing

Website
Directions and Map
Where: Cavalier, ND
What: Located at Icelandic State Park, the Gunlogson State Nature Preserve has 3 miles of hiking and cross-country skiing trails open for visitors
When: Year - Round
Address: Gunlogson State Nature Preserve, Cavalier Air Force Station, ND 58220
From Campus: Approx. 2 hours 30 min./162 miles
Activities: Hiking, Cross-country Skiing
Website
Directions and Map
BLACK TIGER BAY CAMPGROUND

Where: Devils Lake, ND
What: One-of-a-kind Devils Lake Campground! Find yourself relaxing under a rare canopy of trees as you create a home-away-from-home on the banks of the Devils Lake.
When: Seasonal (May-September)
Address: 3820 83rd Ave NE, St. Michael, ND 58370
From Campus: Approx. 2 hours 40 min./158 miles
Activities: Fishing, Camping, Boat Ramp

Website
Directions and Map

Photo courtesy of Black Tiger Bay Campground
DOYLE MEMORIAL RECREATIONAL AREA

Where: Wishek, ND
What: Doyle Memorial Park is located on the Green Lake where there is great walleye, northern and perch fishing. The park also has a fish cleaning station and picnic shelters.
When: Year-Round
Address: Wishek, North Dakota 58495
From Campus: Approx. 2 hours 45 min./180 miles
Activities: Fishing, Camping, Picnicking, Boat Ramp, Tenting, Swimming, Canoeing
Website
Directions and Map
**GRAHAMS ISLAND STATE PARK**

**Where:** Devils Lake, ND  
**What:** Campers can enjoy the largely shaded campsites and take part in the numerous national and regional fishing tournaments happening throughout the year.  
**When:** Year-Round  
**Address:** 152 South Duncan Road, Devils Lake, ND 58301  
**From Campus:** Approx. 2 hours 45 min./177 miles  
**Activities:** Camping, Hiking, Biking, Fishing, Cross-country Skiing, Snowshoeing  

**Website**  
**Directions and Map**

![Photo courtesy of ND Parks and Rec](image-url)
BEAVER LAKE STATE PARK

Where: Wishek, ND
What: This park provides an escape from everyday life, offering a relaxing atmosphere in a secluded outdoor setting. Visitors can also enjoy the park’s non-motorized trail system which covers 5.14 miles in a series of loops and many connecting trails.
When: Year-Round
Address: 3850 70th St SE, Wishek, ND 58495
From Campus: Approx. 2 hrs. 45 min./175 miles
Activities: Camping, Hiking, Biking
Website Directions and Map

Photo courtesy of ND Tourism
QUARRY PARK AND NATURE PRESERVE

Where: St. Cloud, MN

What: As its name implies, quarry park used to be the location of granite quarries until the 1950’s. After ceasing mining operation, the land was converted into a park that visitors can now fish, swim and explore the unique rock structures left behind.

When: Year-Round

Address: 1802 County Road 137, Waite Park, MN 56387

From Campus: Approx. 2 hours 45 min./170 miles

Activities: Biking, Cross-country Skiing, Fishing, Geocaching, Hiking, Picnicking, Rock Climbing, Scuba Diving, Snowshoeing, Swimming

Website

Directions and Map

Photo courtesy of Visit St.Cloud
FORT ABRAHAM LINCOLN STATE PARK

Where: Mandan, ND
What: This is the oldest state park in North Dakota and provides a variety of adventures for travelers of all ages. Gaze upon the breathtaking views of the Hear and Missouri river bottoms and gain insight into the lives of the Mandan Native Americans by venturing through reconstructed earth lodges.

When: Year-Round
Address: 4480 Fort Lincoln Rd, Mandan, ND 58554
From Campus: Approx. 3 hours/208 miles
Activities: Hiking, Biking, Horseback Riding, Camping, Snowshoeing, Fishing
Website
Directions and Map
PEMBINA GORGE STATE RECREATION AREA

Where: Langdon, ND
What: The Pembina Gorge State Recreation Area encompasses over 2,800 acres of land in the Pembina River Gorge. Steep valley cliffs overlook small, isolated prairies and pocketed wetlands surrounded by undisturbed forest.
When: Year-Round
Address: Pembina Gorge State Recreation Area, Langdon, ND 58249
From Campus: Approx. 3 hours/186 miles
Activities: Horseback Riding, Hiking, Kayaking, Fishing, Snowmobiling, Cross-country Skiing, Biking, Off-Highway Vehicles (ATV & Dirt Bike)
Website Directions and Map

Photo courtesy of Trip Advisor
**CROSS RANCH STATE PARK**

**Where:** Center, ND  
**What:** Cross Ranch State Park is a public recreation area covering 569 acres on the west bank of the Missouri River.  
**When:** Year-Round  
**Address:** 1403 River Rd, Center, ND 58530  
**From Campus:** Approx. 3 hours 30 min./237 miles  
**Activities:** Camping, Hiking, Cross-country Skiing, Snowshoeing, Biking, Fishing

**Website**  
**Directions and Map**

Photo courtesy of ND Parks and Rec
FORT STEVENSON STATE PARK

Where: Garrison, ND

What: Known as the “Walleye Capital” of North Dakota, Fort Stevenson is a preferred spot for anyone to experience a great day out on the lake. Park visitors can also enjoy the parks 10 miles of trails in long segments and shorter loops.

When: Year-Round

Address: 1252A 41st Ave NW, Garrison, ND 58540

From Campus: Approx. 4 hours/270 miles

Activities: Hiking, Fishing, Biking, Cross-country Skiing, Snowshoeing

Website

Directions and Map
LAKE SAKAKAWEA STATE PARK

Where: Pick City, ND
What: This park is surrounded by miles of lakeshore, providing breathtakingly stunning views. Visitors can spend time at the swim beach, camping beneath the trees, hiking on the trails or out on the lake.
When: Year-Round
Address: 720 Park Ave, Pick City, ND 58545
From Campus: Approx. 4 hours/265 miles
Activities: Fishing, Hiking, Camping, Biking, Cross-country Skiing, Snowshoeing

Website
Directions and Map

Photo courtesy of ND Tourism
**Butte Saint Paul State Recreation Area**

**Where:** San Haven, ND

**What:** This trail is a short hike up to a high point in the Turtle Mountains that provides a spectacular view of the trees and lakes below. The state park unit encompasses 580-foot Butte Saint Paul. A 12-foot stone commemorative plaque that sits on top of the peak.

**When:** Year-Round

**Address:** Butte St Paul Recreation Area, San Haven, ND 58329

**From Campus:** Approx. 4 hours/260 miles

**Activities:** Hiking, Bird Watching

**Directions and Map**

![Photo courtesy of TrailRunProject](https://www.google.com/)

![Photo courtesy of TrailRunProject](https://www.google.com/)
Lake Metigoshe State Park

Where: Bottineau, ND
What: Nestled in the scenic Turtle Mountains along the U.S./Canadian border, Lake Metigoshe is one of the most popular year-round vacation spots in ND. Visitors can enjoy over 8 miles of open hiking trails.
When: Year-Round
Address: 2514 2nd St E, Bottineau, ND 58318
From Campus: Approx. 4 hours 25 min./279 miles
Activities: Hiking, Biking, Cross-country Skiing, Snowshoeing, Canoeing, Kayaking, Snowmobiling, Camping

Website
Directions and Map

Photo courtesy of TripAdvisor
THEODORE ROOSEVELT STATE PARK

Where: Medora, ND
What: A stunning location in western North Dakota that features access to the Badlands and area as rich in history as it is beauty and wildlife.
When: Year-Round
Address: 315 Second Avenue, Medora, ND 58645
From Campus: Approx. 4 hours 30 min./328 miles
Activities: Hiking, Camping, Sightseeing, Wildlife Viewing, Biking, Canoeing, Kayaking, Fishing

Website
Directions and Map

Photo courtesy of National Geographic
INDIAN HILLS RESORT AND CAMPGROUND

Where: Garrison, ND
What: Here, individuals who like to fish can experience Lake Sakakawea’s famous walleye, northern pike, small mouth bass, and salmon fishing. Hunters can enjoy hunting pheasants or waterfowl.
When: May-October
Address: Indian Hills Resort, 7276 14th NW, Garrison, ND 58540-9601
From Campus: Approx. 4 hours 40 min./300 miles
Activities: Camping, Fishing, Hunting, Tenting, Hiking, Biking, Horseback Riding
Website
Directions and Map
SULLY CREEK STATE PARK

Where: Medora, ND
What: Sully Creek is the perfect spot for visitors seeking adventure. Traversing the 274-mile long Little Missouri River offers a unique perspective of the Badlands from North Dakota’s only state scenic river.
When: April-November
Address: 1465 36th St, Medora, ND 58645
From Campus: Approx. 4 hours 50 min./330 miles
Activities: Camping, Canoeing, Kayaking, Horseback Riding, Hiking, Biking

Website
Directions and Map

Photo courtesy of ND Tourism
LITTLE MISSOURI STATE PARK

Where: Dunn Center, ND
What: This park is home to over 45 miles of trails that run through the picturesque North Dakota Badlands. Visitors can enjoy breathtaking views of the waterways rolling through the rugged landscape of the badlands.
When: May-October
Address: Highway 22, Dunn Center, ND 58626
From Campus: Approx. 5 hours/345 miles
Activities: Horseback Riding, Hiking, Camping

Website
Directions and Map

Photo courtesy of ND Parks and Rec
LEWIS AND CLARK STATE PARK

Where: Epping, ND

What: Situated on a scenic upper bay of Lake Sakakawea, the rugged buttes of the North Dakota Badlands at Lewis and Clark State Park create a towering backdrop to one of the state’s best recreation areas.

When: Year-Round

Address: 4904 119th Road NW, Epping, ND 58843

From Campus: Approx. 6 hours / 375 miles

Activities: Camping, Hiking, Biking, Snowshoeing, Fishing, Kayaking, Canoeing

Website
Directions and Map

Photo courtesy of ND Tourism
VIKING SHIP PARK

Where: Moorhead, MN
What: Viking Ship Park is named for the Viking ship replica Hjemkomst that is on display at the adjacent Hjemkomst Center. The park is also home to an authentic display of a Norwegian Stave Church. This beautiful church is illuminated by flood lights at night, so it is the perfect place to see after a nice hike through the trails.
When: Year-Round
Address: 202 1st Ave N, Moorhead, MN 56560
From Campus:  Approx. 10 minutes/3 miles
Activities: Cross-country Skiing, Heritage Center

Website
Directions and Map

Photo courtesy of TripAdvisor
ROUGH RIDER TRAIL

Where: East Morton, ND

What: North Dakota’s 16-mile Roughrider Trail was built along a former rail corridor south of Bismarck. The unpaved trail follows the Missouri River and offers scenic views of the bluffs and surrounding landscape. The trailhead is located at the Fort Rice Campground off State Route 1806.

When: Year-Round

Address: Roughrider Trail, East Morton, ND 58554

From Campus: Approx. 3 hours 20 min./220 miles

Activities: Hiking, Biking, Horseback Riding, Snowmobiling, ATV’s, Camping, Motorcycling, Cross-country Skiing

Website

Directions and Map
**NORTH COUNTRY TRAIL**

**Where:** See website for specific trailhead locations.

**What:** The North Country Trail is akin to trails such as the Appalachian Trail (AT), Pacific Crest Trail (PCT) and The Continental Divide Trail (CDT). A good place to start is Fergus Falls, which is a North Country Trail Association designated trail town.

**When:** Year-Round

**Address:** North Country National Scenic Trail Access Point, Fergus Falls, MN 56537

**From Campus:** 1 hour 10 min./67 miles

**Activities:** Hiking and Camping

**Website**

**Directions and Map**

Photo courtesy of National Park Service
**THE SUPERIOR HIKING TRAIL**

**Where:** Minnesota North Shore

**What:** A 295-mile foot trail along the North Shore of Lake Superior. Passing through seven state parks, and scaling the rolling mountains of the sawtooth mountain range the Superior Hiking Trail (SHT) provides a North shore experience unlike anything visitor can get along highway 61.

**When:** Year-Round

**Address:** N/A

**From Campus:** Anywhere from 4.5-6.5 hours/240-356 miles

**Activities:** Hiking, Camping, Swimming

[Website](https://www.hipcamp.com/discover/north-dakota/icelandic)

[Map](https://www.google.com)
RECOMMENDED ROUTES
SUPERIOR HIKING TRAIL
BEST SECTIONS

Section One: Any route can be made from a listed parking spot to any number of campsites. There are additional campsites mixed within the trail. The campsites listed are among the nicest on the entire trail.

Order going North to South

Penn Blvd. Overnight Parking
3.3 Miles
Camp: S Beaver River
.94 Miles
Lax Lake Road Parking
10.31 miles
Camp: On split rock river loop SE is very nice
10.23 miles
Camp Gooseberry (any)
5 miles
West Castle Danger Road Overnight parking
5.3 miles
Fors Road Overnight Parking
1.5 miles
Section Two: Any route can be made from a listed parking spot to any number of campsites. There are additional campsites mixed within the trail. The campsites listed are among the nicest on the entire trail.

Temperance River Road Parking
1.91 miles

Cross River Campsites
5.31 miles

Dyers lake Road Parking
4.94 miles

Sugar Loaf Road Parking
2.64 Miles

East Caribou River
9.89 Miles

Blesener Creek
1.13 miles

Sonju Lake Road Parking
1.61 miles

S Sonju Lake
6.5 miles

Finland Rec Center Parking
Skiing and Snowshoeing: Fargo Parks service provides a well-maintained network of cross-country ski trails and snowshoe trails. Fargo Parks also regularly updates the trail conditions on their [website](#).

The Hiking Project: The Hiking Project is an open source website that collects trail information on trails all over the world. It includes over 235,000 hiking trails, recommendations, elevation profiles and more. It can function as a guide to all the best hiking locations in your area. [Website](#)

CalTopo: CalTopo is an interactive mapping software that allows for the creation of custom maps specific to your needs. Layer maps, create annotations and more with its user-friendly tool pallets. [Website](#)
**AdditionaL RessouCes**

**Dispersed Camping:** Minnesota State Forest provides a free way to camp in the outdoors. Most Minnesota state forest are open to dispersed camping. State forest locations can be found here, website. Regulations set by the State of Minnesota for dispersed camping can be found here, website.

Dispersed camping in some national grasslands is also permitted but follows different criteria than the state of Minnesota. Dispersed camping information about National Grasslands can be found at the provided website.

**Minnesota State Water Trails:** Minnesota State water trails provide recreational access to Minnesota’s Rivers. Campsite and launch locations are marked on the Minnesota DNR geo pdfs. Geo pdfs can be found once a river is selected from the Minnesota water trails map found, website. An example of a Geo pdf is located here for your convenience.