The NDSU Wellness Center is a participating club in the Blue Cross/Blue Shield of ND Health Club Credit Program. Wellness Center members who enroll in the BCBSND Health Club Credit Program are eligible to receive a **$20 monthly credit (reimbursement)** membership fees. Individuals must work out at least 12 days per month in our facility to receive their credit. (Only one visit per day will be counted). A maximum of two (2) people – the subscriber and spouse age 18 and older – can participate with a maximum credit of $40 per household. **You MUST complete the following steps in order to enroll in the BCBSND Health Club Credit Program to receive any incentives.** Upon enrolling, be prepared to provide:

- Name, contact information, and date of birth (This must match your BCBSND information EXACTLY)
- Wellness Center Card ID #
- 2017-2018 BCBSND health plan information from card received after July 2012 (or most current card).
- Checking or savings account routing and account numbers. These numbers are generally found on the bottom of a check or deposit slip that is used by financial institutions to transfer funds and complete transactions.

**Returning Participants**

If you were enrolled in fitness center reimbursements in previous years, you must verify our information. To verify, follow these steps:

1. Have your insurance member ID, gym barcode and banking information ready;
2. Go online to NIHCArewards.org and click “Verify Member Information.” You will be emailed a verification code that expires after 10 minutes. This will allow you to verify your member information.
3. Review the information on the final page and make sure it is up to date. The Fitness Center Barcode refers to your Wellness Center Membership Card #. If you have any changes in health insurance coverage, banking or fitness centers, you will need to update this page.

**New Participants**

**STEP ONE: Enroll with Blue Cross/Blue Shield of ND at the Healthy Blue website.**

- Go to the Healthy Blue website: www.healthybluend.com
- Click on “NOT REGISTERED? SIGN UP NOW,” and follow the instructions to set up your account.
- Click on “CLICK HERE TO BEGIN YOUR ANNUAL HEALTH ASSESSMENT,” and complete the health assessment (The health assessment must be completed annually after January 1st following your initial signup)

**STEP TWO: Create your NIHCA Rewards Account.**

1. Have your insurance member ID and banking information ready.
2. Go to NIHCArewards.org and click “First Time Enrollment” under MEMBERS.
3. Select your insurance provider (Blue Cross Blue Shield of North Dakota or Fargo Public Schools)
4. Search for your fitness center location by zip code (58108). Select the NDSU Wellness Center and click “Enroll Online”
5. Follow all of the custom prompts and instructions provided by the website to complete our enrolling process.

**Don’t forget!**

Before you can receive any fitness center payments, you must take your annual health assessment (LifeScore). You must take this assessment annually after January 1st.

** You must complete all these steps by the last day of the month you wish to be reimbursed. We will not backdate visits into the system for credit if submitted after the deadline.