The NDSU Wellness Center is a participating club in the Blue Cross/Blue Shield of ND Health Club Credit Program. The Health Credit Program is a point-based program where individuals who work out 12+ days per month will receive points (max of 2,700/month). Please see [www.bcbsnd.com/health-and-wellness-programs/gym-discounts](http://www.bcbsnd.com/health-and-wellness-programs/gym-discounts) for more information. A maximum of two (2) people – the subscriber and spouse age 18 and older – can participate. You MUST complete the following steps in order to enroll in the BCBSND Health Club Credit Program to receive any points. Upon enrolling, be prepared to provide:

- Name, contact information, and date of birth (This must match your BCBSND information EXACTLY)
- Wellness Center Card ID #
- BCBSND health plan information from most recent physical insurance card
- Checking or savings account routing and account numbers. These numbers are generally found on the bottom of a check or deposit slip that is used by financial institutions to transfer funds and complete transactions.

**Returning Participants**

If you were enrolled in fitness center reimbursements in previous years, you must verify your information. To verify, follow these steps:

1. Have your insurance member ID, gym barcode (Wellness ID#) and banking information ready.
2. Go online to NIHCArewards.org and click “The New Member Portal – Already Enrolled”. You will be emailed a verification code that expires after 10 minutes. This will allow you to verify your member information.
3. Review the information on the My Profile and Account Information pages and make sure they are up to date. The Fitness Center Barcode refers to your Wellness Center ID #. If you have had any changes in health insurance coverage, banking or fitness centers, you will need to update this page.

**New Participants**

**STEP ONE: Enroll with Blue Cross/Blue Shield of ND at the Healthy Blue website.**

- Go to the Healthy Blue website: [www.healthybluend.com](http://www.healthybluend.com)
- Click on “NOT REGISTERED? SIGN UP NOW,” and follow the instructions to set up your account.
- Click on “CLICK HERE TO BEGIN YOUR ANNUAL HEALTH ASSESSMENT,” and complete the health assessment (The health assessment must be completed annually after January 1st following your initial signup)

**STEP TWO: Create your NIHCA Rewards Account.**

- Have your insurance member ID and banking information ready.
- Go to NIHCArewards.org and click “First Time Enrollment” under MEMBERS.
- Select your insurance provider (BCBS ND)
- Search for your fitness center location by zip code (58102). Select the NDSU Wellness Center and click “Enroll Online”
- Follow all the custom prompts and instructions provided by the website to complete the enrolling process.

**Don’t forget!**

Before you can receive any fitness center points, you must take your annual health assessment. You must take this assessment annually after January 1st.

**You must complete all these steps by the last day of the month you wish to have your visits submitted. We will not backdate visits into the system for points if submitted after the deadline.**