NDSU GERMANS FROM RUSSIA HERITAGE COLLECTION

Knoephla Soup

Barbara L. Gross

2 qts. water
3 tbsp. chicken base
1 bay leaf
1 small onion
1 tbsp. plus 1 tsp. margarine parsley flakes
3 c. milk

Dough

3 c. flour 1 1/2 tsp. baking powder 3/4 tsp. salt

Combine water, chicken base, bay leaf, and onion. Bring to a boil.

Combine flour, baking powder, and salt. Add enough water to make a soft dough. Cut into small pieces with scissors; add to broth. Boil for 15 minutes.

Add margarine, parsley flakes, and milk. Heat to serving temperature.

Recipe from Napoleon Care Center Cook Book, sponsored in part by The Napoleon Homestead