## January 2026 - Center for Child Development Menu

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#2 Meal				Thursday 1	Friday 2
Breakfast					Toast*
					Peaches
					Milk
Lunch				Center Closed-New Year's	Ham/Cheese Sandw.
				Holiday	Bread*
					Tomato Soup
					Mixed Vegetables
					Applesauce
0 1					Milk
Snack					Chex Mix*
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#3 Meal	Monday 5 Corn Chex Cereal*	Tuesday 6 French Toast	Wednesday 7  Zucchini Bread*	Thursday 8 Waffles	Friday 9 Cinnamon Toast*
Breakfast		Pears		Banana	Applesauce
	Apple Milk	Milk	Orange Milk	Milk	Milk
Lunch		Beef Hotdish	Broccoli Cheese Soup		
Lunch	Chicken Nuggets Cheese	Rotini Noodles*	· · · · · · · · · · · · · · · · · · ·	Beef Taco Burger Cocktail Bun*	Chicken and Gravy Dinner Roll*
	Corn Bread Muffin	Cauliflower	Turkey Sandwich Bread*	Cocktail Bun	Mashed Potatoes
	Peas & Carrots	Mangos	Honeydew	Pears	
	Mixed Fruit	Milk	Milk	Milk	Mandarin Orange Milk
	Milk	IVIIIK	IVIIIK	IVIIIK	IVIIIK
Snack	Cheese Crackers	Multi-Grain Cheerios*	Club Crackers	Energy Bites*	Trail Mix*
SHOCK	Milk	Milk	Milk	Milk	Milk
#4 Meal	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	Life Cereal*	Bagel*	English Muffin	Kix Cereal*	Toast*
5.0 G.K. G.G.	Pears	Applesauce	Pineapple	Orange	Banana
	Milk	Milk	Milk	Milk	Milk
Lunch	Beef Meat Sauce	Chicken	Beef Tater Tot	Beef Meatloaf	Turkey Burger
	Rotini Pasta*	Brown Rice*	Hotdish	Finger Roll*	Bun*
	Breadstick*	Green Beans	Blueberry Muffin	Carrots	Corn
	Broccoli & Cauliflower	Pineapple	Mixed Vegetables	Mixed Fruit	Mandarin Orange
	Strawberries	Milk	Fruit Cocktail	Milk	Milk
	Milk		Milk		
Snack	Townhouse Cracker	Cinnamon Muffin*	Pumpkin Bread*	Wow Butter*	Animal Crackers
	Milk	Milk	Milk	Bread*	Milk
#5 Meal	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Breakfast		Toast*	Pumpkin Bread*	Rice Chex Cereal*	Cinnamon Toast*
		Pears	Pineapple	Banana	Peaches
		Milk	Milk	Milk	Milk
Lunch		Beef Meatballs	Mac & Cheese*	BBQ Chicken	Cheese Pizza
	Center Closed-Martin	Sweet & Sour Sauce	Ham Slice	Cocktail Buns*	Crust*
	Luther King Jr. Holiday	Brown Rice*	Carrots	Tater Tots	Vanilla Yogurt
		Honeydew	Blueberries	Pears	Peas
		Green Beans	Milk	Milk	Pineapple
2 1		Milk	- 11 a a 1 de		Milk
Snack		Banana Bread*	Trail Mix*	Graham Crackers	Sugar & Spice Chex*
#4 \\	Monday	Milk Tuesday 27	Milk Wednesday 28	Milk Thursday 29	Milk Friday 30
#6 Meal Breakfast	Monday 26 Toast*	Waffles	Bagel*	Thursday 29  Multi-Grain Cheerios*	Friday 30 French Toast
DIEUKIUSI	Apples	Pears	Applesauce	Banana	Orange
	Milk	Milk	Milk	Milk	Milk
Lunch	Fish Sticks	Beef Hamburger	Chicken & Cheese	Eggs with Cheese	Turkey & Rice Soup
LOTICIT	Corn	Cocktail Bun*	Quesadilla*	Pancakes*	Turkey Sandwich
	Mangos	Baked Beans	Green Beans	Chicken Sausage	Bread*
	Milk	Cantaloupe	Strawberries	Pears & Carrots	Broccoli
	IVIIIN	Milk	Milk	Pineapple	Applesauce
		MILLA	IVIIIN	Milk	Milk
Snack	Cinnamon Graham	Applesauce Bread*	Cheese Crackers	Pumpkin Bread*	Animal Crackers
STACK	Milk	Milk	Milk	Milk	Milk
				***	

<sup>&</sup>quot;USDA is an equal opportunity provider, employer."

All children under 12 months of age will receive iron-fortified cereal as needed. \* = Whole Grain Rich Food; All items are baked or steamed – never fried. Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.